

# Welcome!

Thank you for joining us!  
The webinar will begin shortly.





Lunch & Learn: Chronic Neutropenia 101  
February 8th, 2023

# IDF's Mission

*Improving the diagnosis, treatment and quality of life of people affected by primary immunodeficiency through a community empowered by advocacy, education and research.*



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# Housekeeping

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## Zoom Webinars

Attendees will not have access to their mic or webcam throughout the event.



## Slides

To see the full slides, select "side-by-side" in the dropdown menu at the top of your Zoom screen.



## Questions

Submit your questions throughout the session via the Q&A Box.


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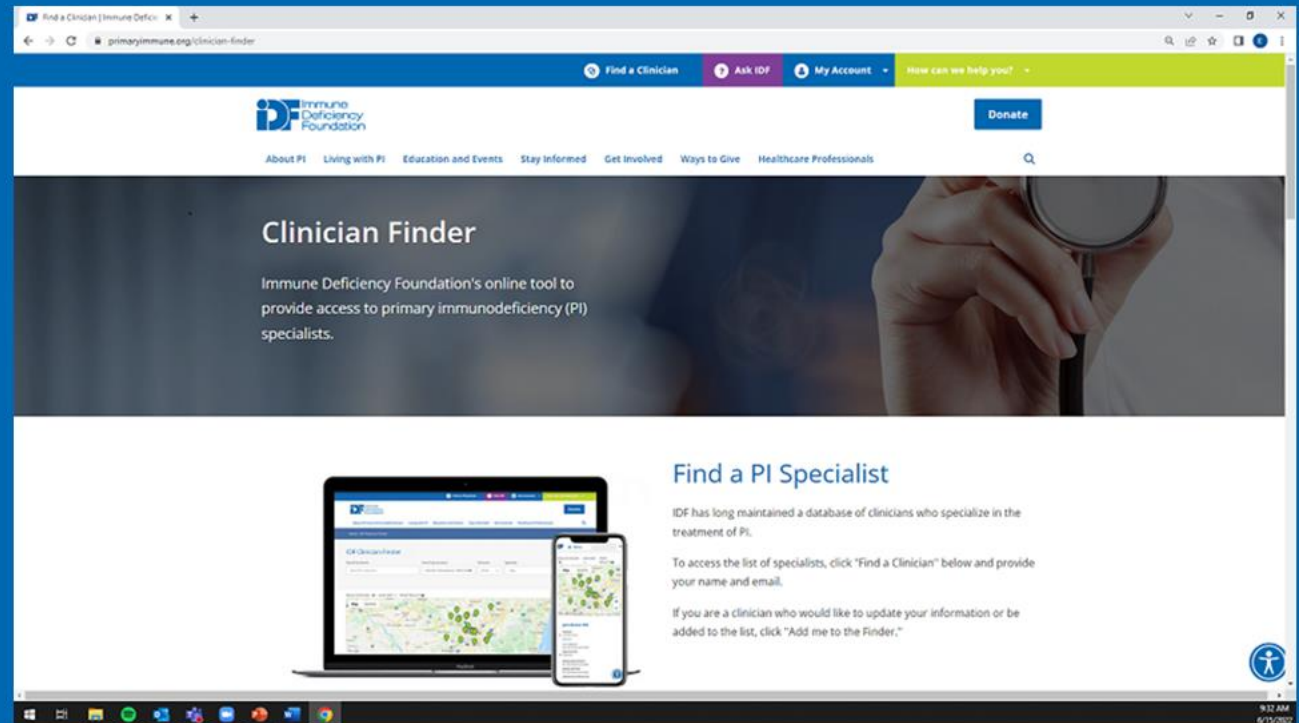





About PI Living with PI Education and Events Stay Informed Get Involved Ways to Give Healthcare Professionals

## Welcome to Immune Deficiency Foundation

Improving the diagnosis, treatment, and quality of life of people affected by primary immunodeficiency through fostering a community empowered by advocacy, education, and research.



Find a Clinician | Immune Deficiency Foundation

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## Clinician Finder


Immune Deficiency Foundation's online tool to provide access to primary immunodeficiency (PI) specialists.

### Find a PI Specialist

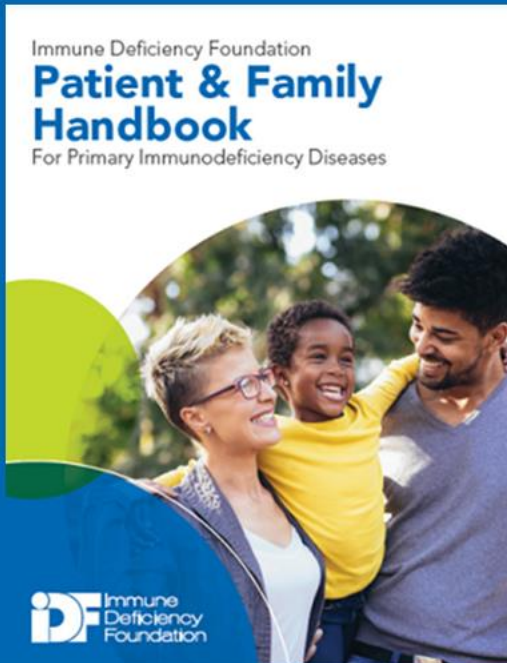
IDF has long maintained a database of clinicians who specialize in the treatment of PI.

To access the list of specialists, click "Find a Clinician" below and provide your name and email.

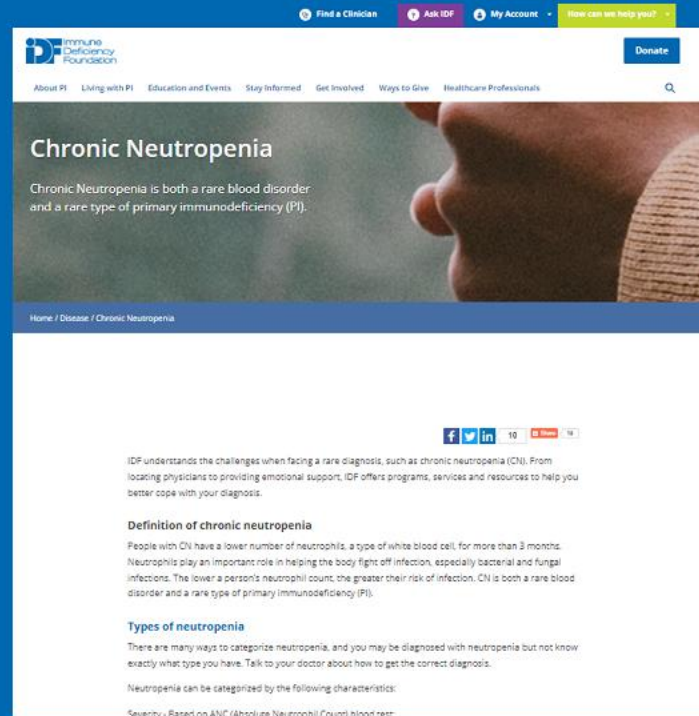
If you are a clinician who would like to update your information or be added to the list, click "Add me to the Finder."



<https://primaryimmune.org/disease/chronic-neutropenia>



Chapter 21



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## Chronic Neutropenia

Chronic Neutropenia is both a rare blood disorder and a rare type of primary immunodeficiency (PI).

Home / Disease / Chronic Neutropenia

Facebook Twitter LinkedIn YouTube

IDF understands the challenges when facing a rare diagnosis, such as chronic neutropenia (CN). From locating physicians to providing emotional support, IDF offers programs, services and resources to help you better cope with your diagnosis.

### Definition of chronic neutropenia

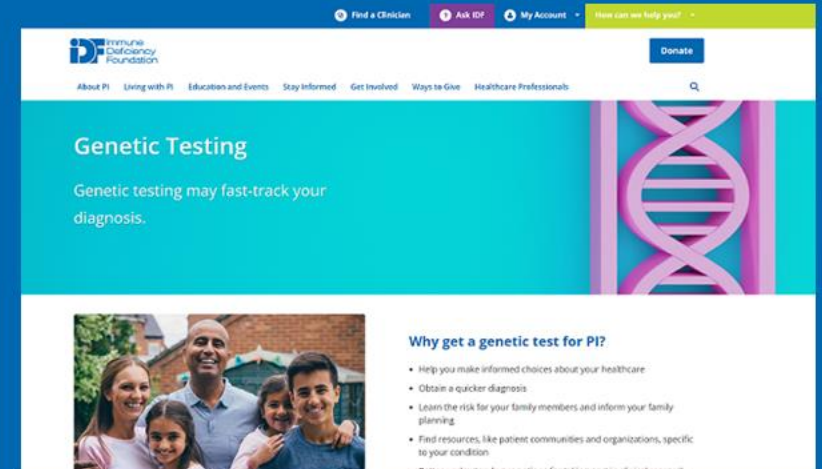
People with CN have a lower number of neutrophils, a type of white blood cell, for more than 3 months. Neutrophils play an important role in helping the body fight off infection, especially bacterial and fungal infections. The lower a person's neutrophil count, the greater their risk of infection. CN is both a rare blood disorder and a rare type of primary immunodeficiency (PI).

### Types of neutropenia

There are many ways to categorize neutropenia, and you may be diagnosed with neutropenia but not know exactly what type you have. Talk to your doctor about how to get the correct diagnosis.

Neutropenia can be categorized by the following characteristics:

Severity - Based on ANC (Absolute Neutrophil Count) blood test:




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## Genetic Testing

Genetic testing may fast-track your diagnosis.



### Why get a genetic test for PI?

- Help you make informed choices about your healthcare
- Obtain a quicker diagnosis
- Learn the risk for your family members and inform your family planning
- Find resources, like patient communities and organizations, specific to your condition
- Discover related and new options for rare genetic disorders



Click to learn more about  
**PATH4WARD**  
Patient Access To Hope  
for Rare Primary Immunodeficiencies

<https://primaryimmune.org/resource-center>



# Connect & Collaborate



## Monthly Lunch & Learns

Medical experts provide education on various diagnosis-specific topics.



## IDF Webinars

Top Clinicians present on medical and lifestyle topics most pressing to the PI Community.



## Get Connected Groups

Individuals and families living with PI can connect with others in their local community or online.



## ASK IDF

Submit your questions about insurance, treatment options and more!



## Annual PI Conference

Attend presentations from top immunology experts and engage with others in the PI Community.

# WELCOME!

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**James Connelly, MD**

**Assistant Professor of Pediatrics, Hematology & Oncology**

**Vanderbilt University Medical Center**



# Chronic Neutropenia 101

Jim Connelly, MD

Assistant Professor of Pediatrics, Vanderbilt University Medical Center  
Director, Comprehensive Hematology, Immunology, and Infectious Disease Program



# Disclosures

- Advisory Board for X4 Pharmaceuticals, Horizon Therapeutics, and Sobi

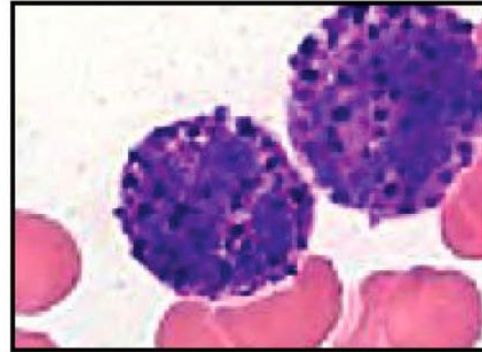


# Outline for Chronic Neutropenia 101

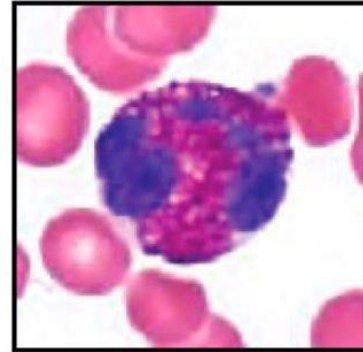
- **Neutrophils:** Terminology, where do they come from, and what do they do
- **Neutropenia:** Definition and Classifications
- **Causes** of Chronic Neutropenia
- **Complications** of Chronic Neutropenia (Infection, Leukemia)
- **Supportive Care** for Chronic Neutropenia
- **Definitive treatment** (G-CSF, Bone Marrow Transplant)

# Neutrophil Terminology

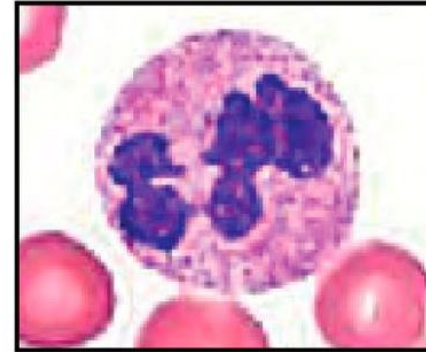
## Granulocytes



Basophil

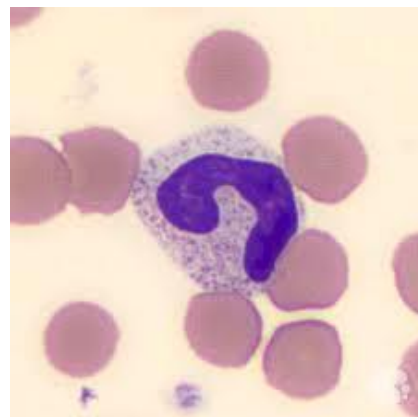


Eosinophil



Neutrophil

## Neutrophils



Band Neutrophil

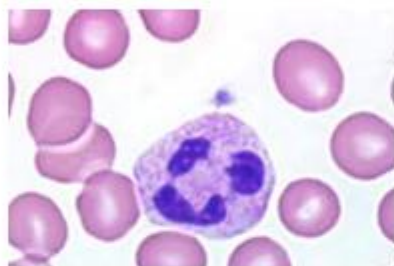
+



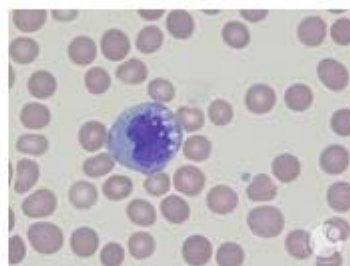
Polymorphonuclear Neutrophil (PMN) or Segmented Neutrophil

# Neutrophil Terminology

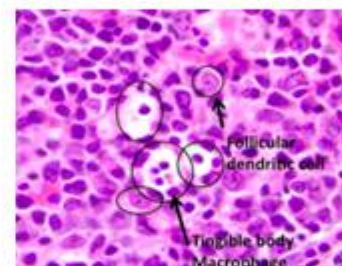
## Phagocytes (Professional)



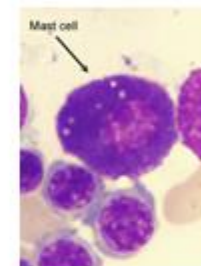
Neutrophil



Monocyte/  
Macrophage



Dendritic Cell

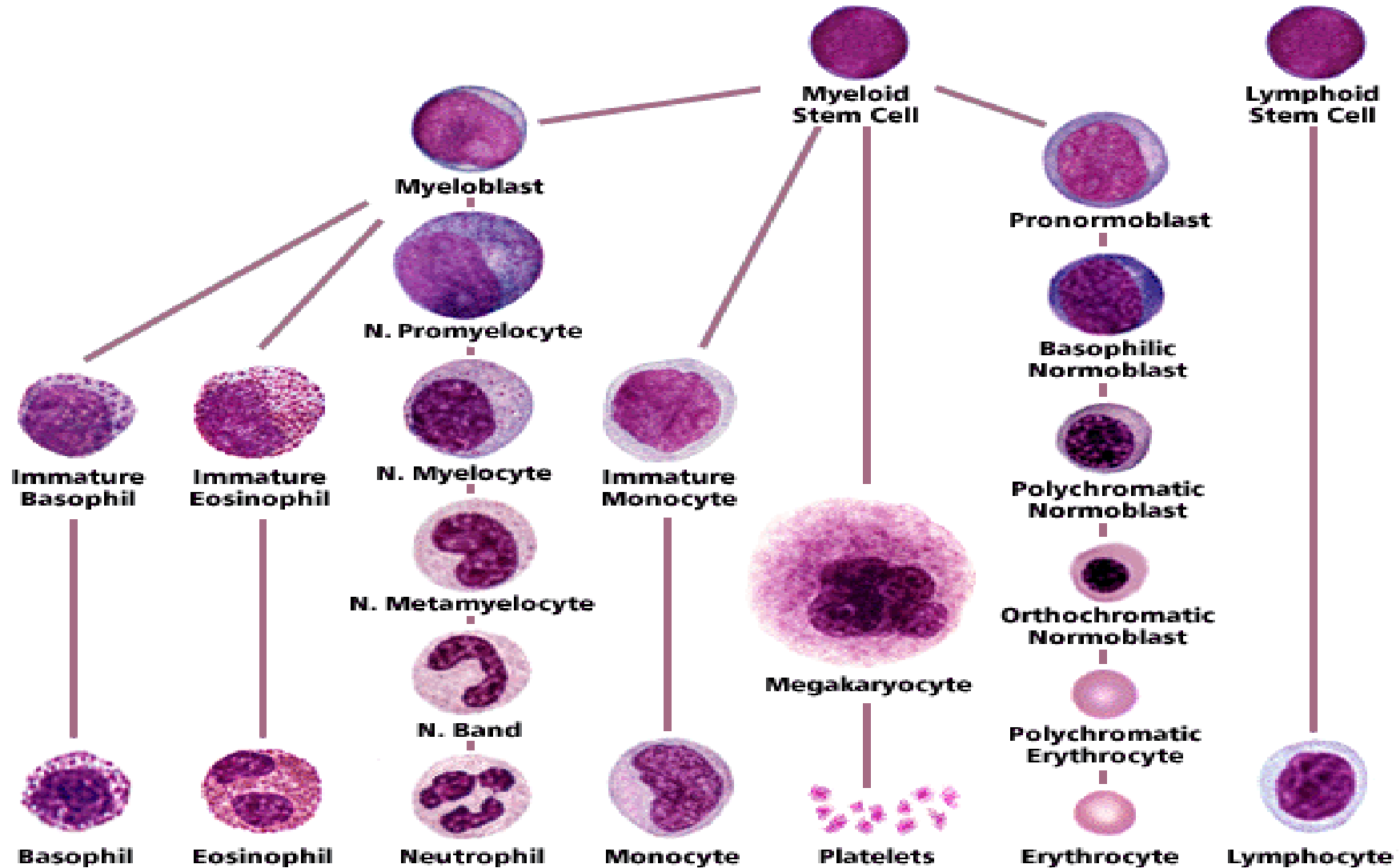


Mast Cell

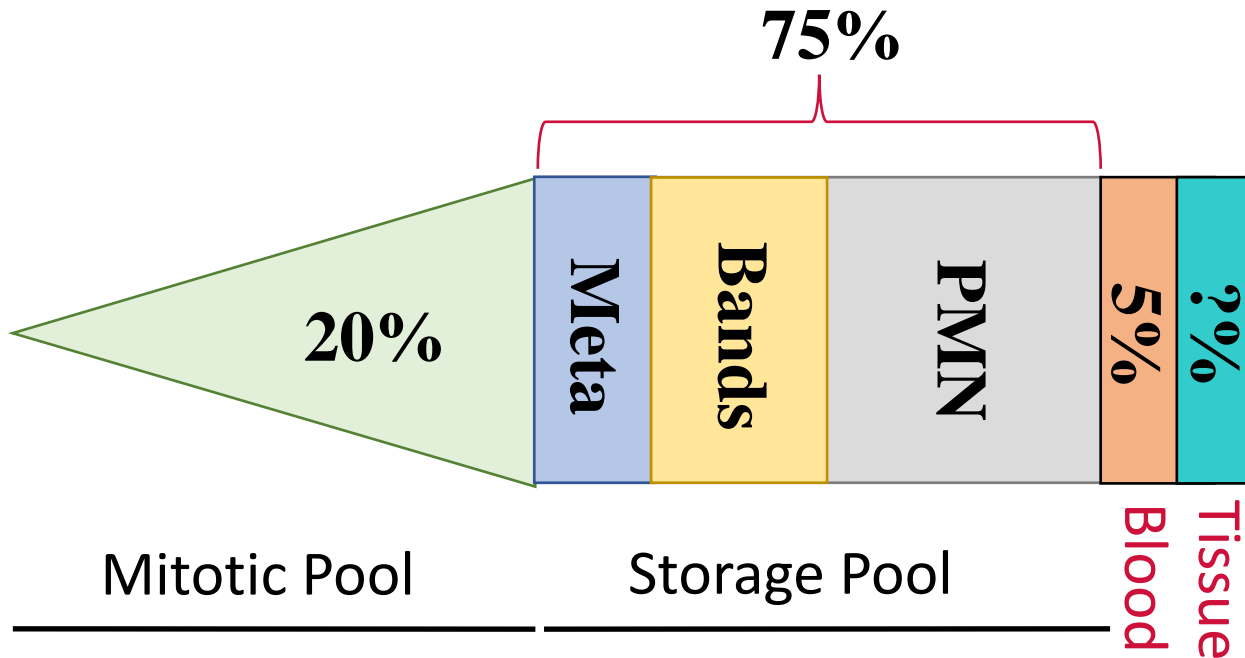
**Neutrophils ≠ PMN ≠ Phagocyte ≠ Granulocyte**



# Production of Neutrophils



# The Different Pools of Neutrophils



- **Mitotic/Proliferating Pool:** Myeloblasts, promyelocytes, myelocytes
- **Storage pool/Non-proliferating:** Metamyelocytes, bands, polymorphic neutrophil (PMN)
- **Peripheral blood**
  - 2% circulating pool (the measured absolute neutrophil count, ANC)
  - 3% marginating pool

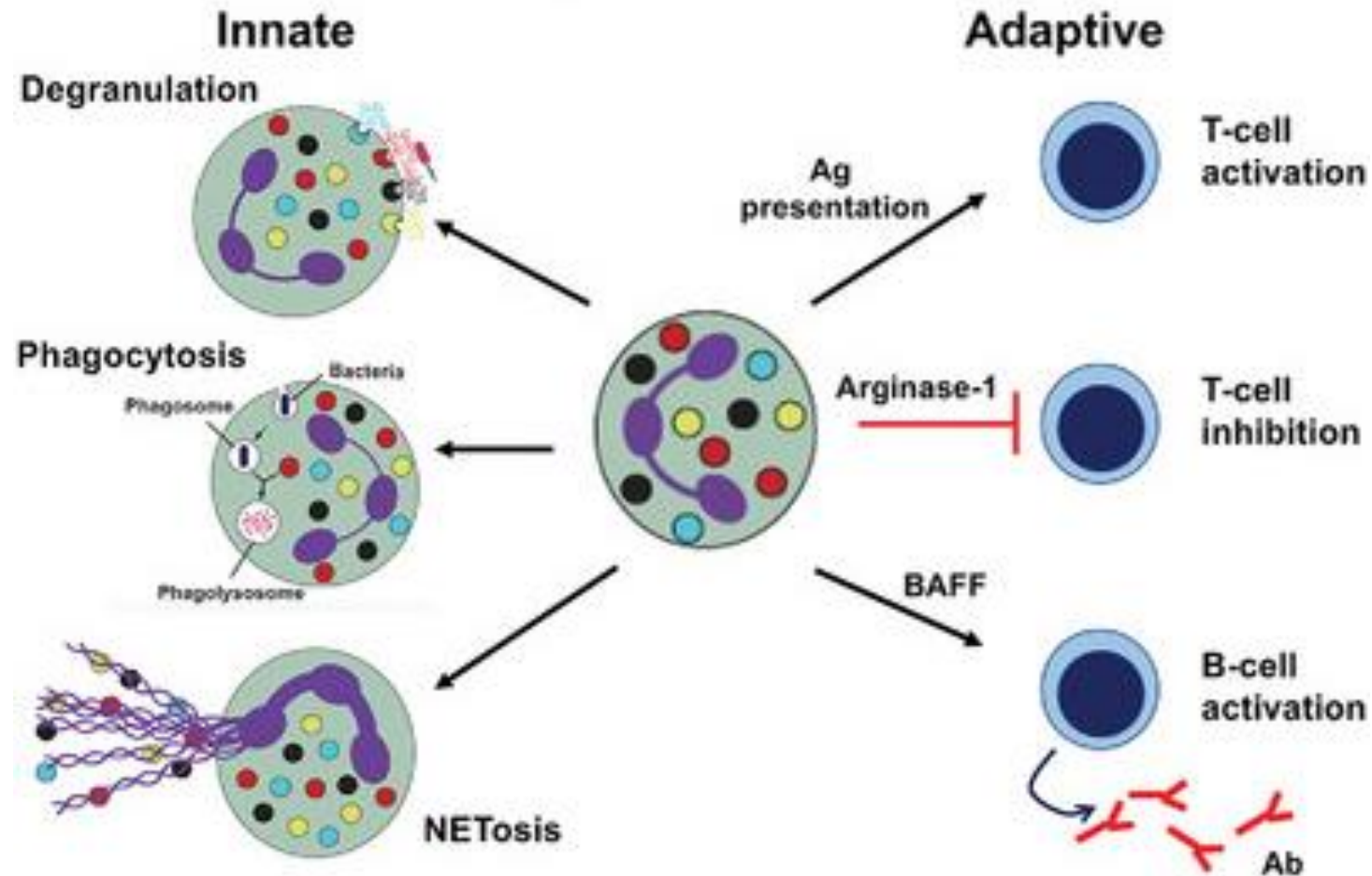
**Bone Marrow**

**Periphery**

“Mature neutrophils emerge from the bone marrow intent on pursuing one simple, yet essential, question: **Has host integrity been compromised by potentially harmful invaders?**...At its disposal is an impressive arsenal of **antimicrobial weapons** that are **deadly, indiscriminate, and brutish** in their application....[T]hese weapons can prove to be just as **dangerous to the host cells** as to their intended targets, the microbial invaders. Therefore, their deployment must be executed with **exquisite precision and timing...**”

# Neutrophil Killing Mechanisms

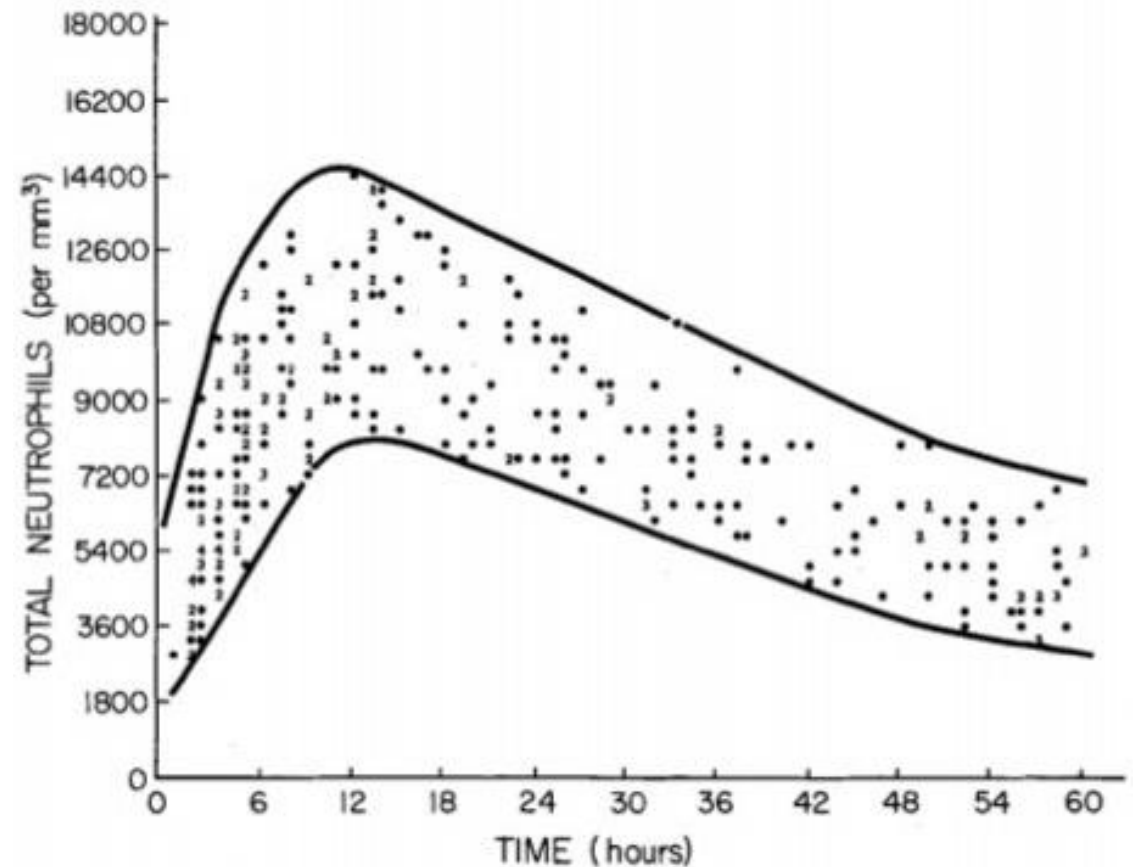
- **Degranulation:** Release of toxic granules across the cell membrane
- **Phagocytosis:** Engulfment of foreign material such as bacteria
- Production of **reactive oxygen species** that are toxic to infectious intruders
- **Neutrophil extracellular traps (NETs)**



# Classic Definitions of Neutropenia

- Term infant (< 1 week)
  - ANC < 3,000 cells/ $\mu$ L
- Infant (1 week to 2 years)
  - ANC < 1,100 cells/ $\mu$ L
- Child, adolescent and adult
  - ANC 1000-1500 cells/ $\mu$ L (mild)
  - ANC 500-999 cells/ $\mu$ L (moderate)
  - ANC < 500 cells/ $\mu$ L (severe)

Neutrophil Reference Range (First 60 Hours of Life)



# Race/Ethnicity Impact Normal ANC Values

## When non-Whiteness becomes a condition

Lauren E. Merz<sup>1</sup> and Maureen Achebe<sup>2,3</sup>

<sup>1</sup>Department of Internal Medicine, Brigham and Women's Hospital, Boston, MA; <sup>2</sup>Division of Hematology, Department of Internal Medicine, Brigham and Women's Hospital, Boston, MA; and <sup>3</sup>Department of Medical Oncology, Dana-Farber Cancer Institute, Boston, MA

**The term “benign ethnic neutropenia” describes the phenotype of having an absolute neutrophil count (ANC) <1500 cells/ $\mu$ L with no increased risk of infection. It is most commonly seen in those of African ancestry. In addition, ANC reference ranges from countries in Africa emphasize that ANC levels <1500 cells/ $\mu$ L are common and harmless. The lower ANC levels are driven by the Duffy null [Fy(a-b-)] phenotype, which is protective against malaria and seen in 80% to 100% of those of sub-Saharan African ancestry and <1% of those of European**

**descent. Benign ethnic neutropenia is clinically insignificant, but the average ANC values differ from what are typically seen in those of European descent. Thus, the predominantly White American medical system has described this as a condition. This labeling implicitly indicates that common phenotypes in non-White populations are abnormal or wrong. We believe that it is important to examine and rectify practices in hematology that contribute to systemic racism. (*Blood*. 2021; 137(1):13-15)**

# Alternative Classification

Decreased Production



Increased Peripheral Consumption or Destruction



Ineffective Trafficking



# Genetic Causes of Congenital Neutropenia



## Unfolded Protein Response

- *ELANE* (45-60% of SCN)

## Mitochondrial Dysfunction

- *HAX1*
- *STK4*
- *TAZ*
- *AK2*
- *EIF2AK3*
- *CLPB*
- Pearson's

## RNA Processing

- *SBDS*
- *USB1*
- *SRP54*
- *DNAJC21*

## Endosome Trafficking

- *TCIRG1*
- *AP3B1*
- *LAMTOR2*
- *LYST*
- *RAB27A*
- *VPS45*

## Glucose Metabolism

- *G6PC3*
- *SLC37A4*

## Glycosylation

- *JAGN1*
- *VPS13B*

## Transcription Factor

- *GFI1*
- *GATA2*

## Cellular Signaling

- *CSF3R*
- *CD40LG*
- *CXCR4*
- *CXCR2*

## Cytoskeleton

- *WAS*

## Vitamin Transport

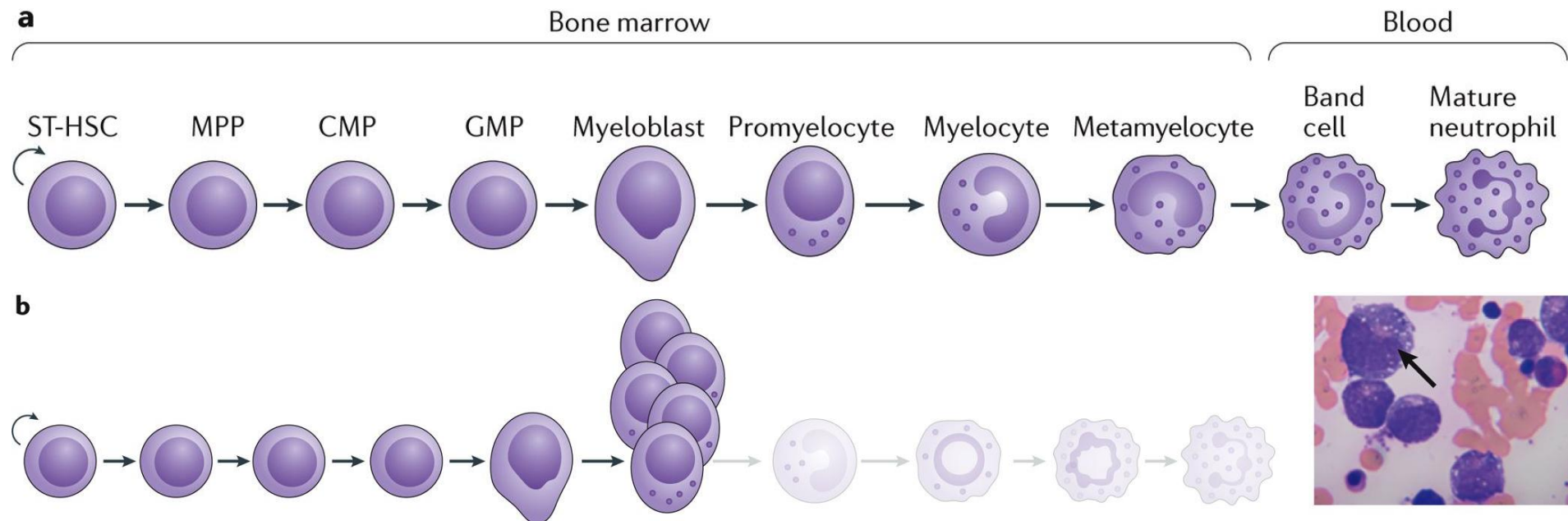
- *TCN2*





# Severe Congenital Neutropenia

- Defined as ANC below 500 cells/ $\mu\text{L}$  (and often less than 200 cells/ $\mu\text{L}$ )
- High risk for severe bacterial and fungal infections
- Often associated with maturation arrest in the bone marrow



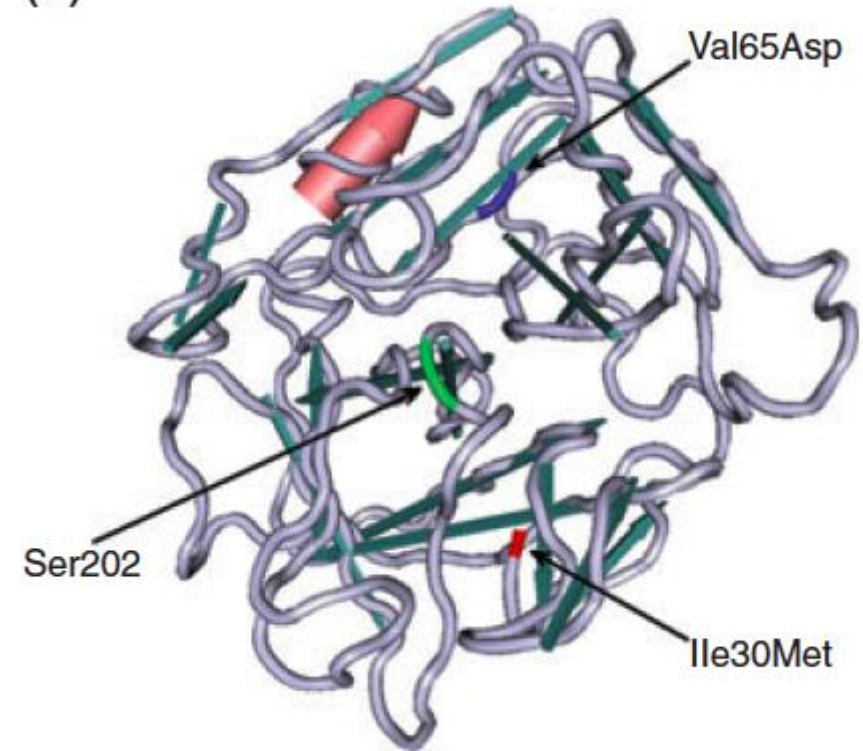


# *ELANE*-associated neutropenia

- *ELANE* codes for neutrophil elastase
- Mutant protein results in improper folding, processing, degradation or localization resulting in cellular accumulation
- Stress in the cell causes a process known as the “unfolded protein response (UPR)” resulting in cellular death

Neutrophil Elastase  
Protein Structure

(C)





# *ELANE*-associated neutropenia

- Autosomal dominant mutations in *ELANE* can result in severe congenital neutropenia or cyclic neutropenia
- Cyclic neutropenia is characterized by regular, periodic oscillations in the ANC.
  - Mean oscillatory period is 21 +/- 4 days with 7-10 days of profound neutropenia
  - Historical diagnosis required CBCPDs 2-3 times/week for 6 weeks to document the oscillation in ANC
  - Modern diagnosis is *ELANE* genetic sequencing (mutation found in 90% of patients)

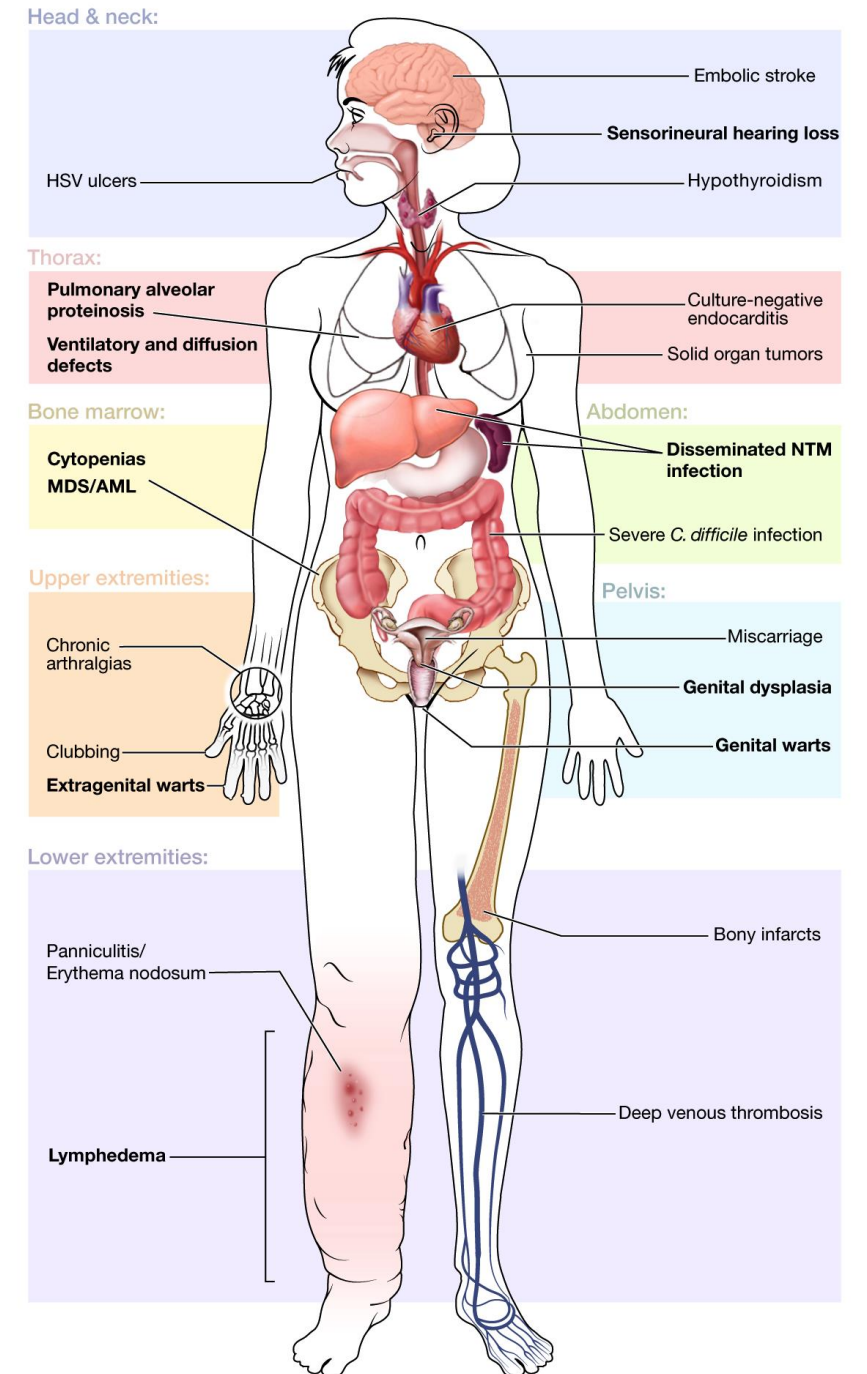
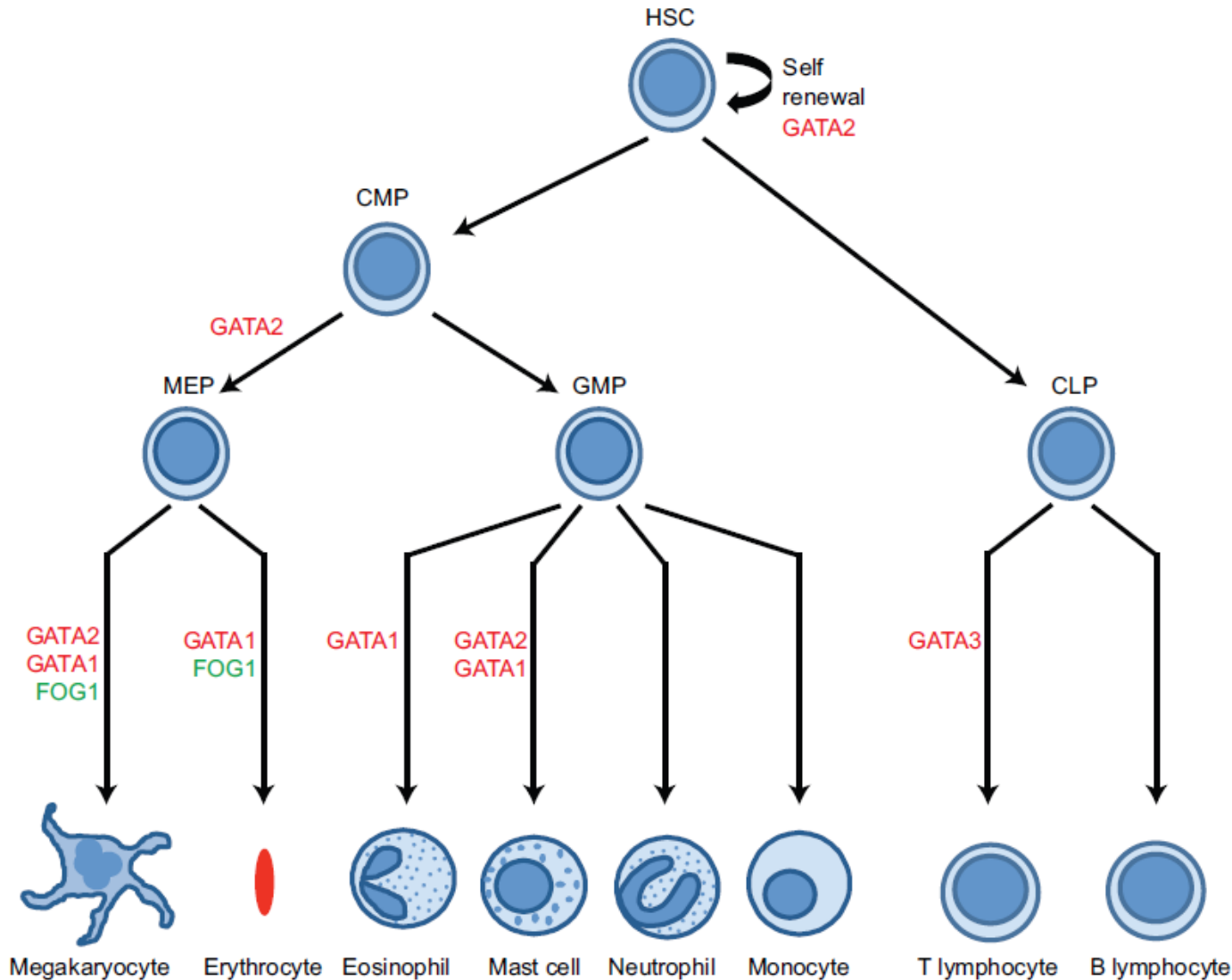
# Shwachman-Diamond Syndrome (SDS)

- Autosomal recessive disorders in the *SBDS* gene resulting in abnormal protein production
- Neutropenia very common (80%), but can also affect other blood cell types
- Commonly associated with pancreatic exocrine (digestive) function
- May also be associated with other congenital defects

Table III. Congenital anomalies and medical comorbidities identified in patients with SDS

	Number of patients (n = 37)
<b>Congenital anomalies</b>	
Cardiac	7 (19%)
Ventricular septal defect	3
Patent foramen ovale/atrial septal defect	5
Patent ductus arteriosus	5
Gastrointestinal	3 (8%)
Malrotation	1
Bilateral inguinal hernia	1
Imperforate anus	1
Musculoskeletal	14 (38%)
Thoracic dystrophy (rib abnormalities)	9
Short arms/legs	2
Metaphyseal dysplasia	4
Other legs (knock knees, bowing legs)	2
Pelvic dysostosis - absent pubic ramus	1
Scoliosis	3
Neurologic	2 (5%)
Chiari malformation, type I	1
Cerebellar tonsillar ectopia	1
Myopathy/hypotonia	1
Urologic	2 (5%)
Testicular atrophy	2
Hypospadias	1
Other	5 (14%)
Subglottic stenosis	1
Eye anomaly	1
Ear anomalies/hearing loss	4
<b>Medical comorbidities</b>	
Eczema	11
Elevated liver function tests	15
Adrenal insufficiency	1
Hypopituitarism	1
Type I diabetes	1
Pulmonary hypertension	1
Hypothyroid	1

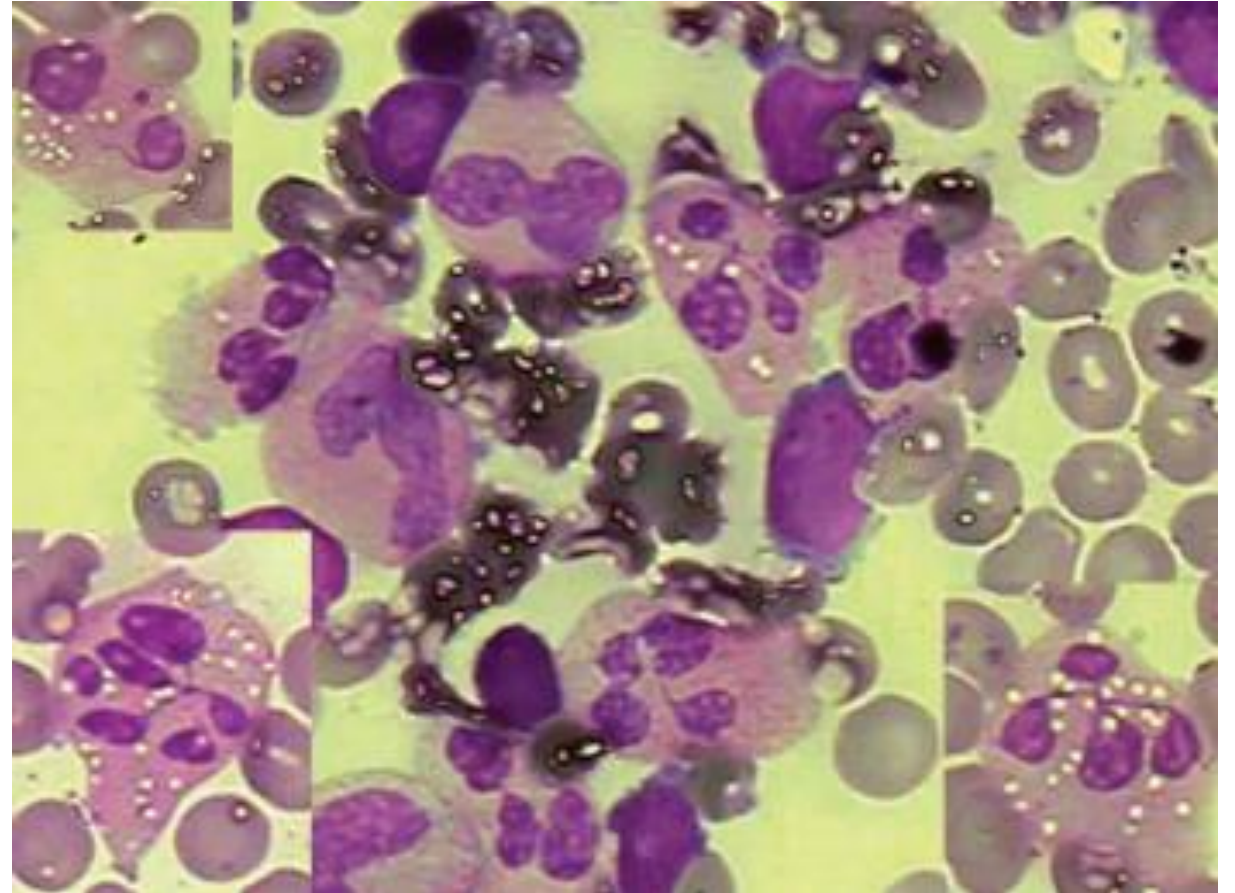
# GATA2 Haploinsufficiency





# WHIM Syndrome

- Term coined in 1990 to describe the combined clinical manifestations in a family with **W**arts, **H**ypogammaglobulinemia, bacterial **I**nfections, and **M**yelokathexis
- Secondary to autosomal mutations in *CXCR4* which causes retention of neutrophils in the bone marrow and myelokathexis
- Low immunoglobulins and warts variable, but bacterial infections can result in chronic lung disease for older patients





# Drug-Induced Neutropenia (DIN)

- Most cases occur within 1 week to 6 months of starting the offending agent.
  - Can present with fever and/or oral ulcers or frank sepsis
  - Significantly more common in adults, especially in women after age 50 years. Only 10% of cases occur in children/young adults
- Etiology is immune mediated (drug or metabolite attaches to neutrophil and creates an immune target) or direct toxicity
- Often will improve with withdrawal of the offending agent(s)
  - If not, can trial G-CSF

# Common Agents Causing DIN



Antibiotics	Anti-Thyroid Drugs	Anti-Convulsant & Anti-Psychotic Agents
Cephalosporins	Propylthiouracil (PTU)	Carbamazapine
Penicillins	Carbamizole	Valproic Acid
Sulfonamides	Methimazole	Clozapine
Vancyomycin		
Levamisole		
Choramphenicol		

- Other common classes of drugs associated with DIN include: analgesics, anti-arrhythmic agents and anti-malarial drugs
- Rituximab and cocaine are well associated with neutropenia





# Immune-Mediated Neutropenia

- Autoimmune neutropenia of infancy
  - Classically appears around 12 month of life
  - Prophylactic antibiotics or G-CSF is generally not indicated (90-95% are asymptomatic)
  - Most patients undergo spontaneous remission
- Autoimmune neutropenia in children and adults can occurs as part of broader immune dysregulation syndromes, e.g. Evan's syndrome, lupus, ALPS, common variable immunodeficiency
  - Typically termed “secondary autoimmune neutropenia” when a co-existing immune disorder is present



# Chronic Idiopathic Neutropenia

- Usually presents as an incidental finding on routine blood work in asymptomatic patients.
  - No evidence of nutritional deficiency, neutrophil antibody, or myelodysplasia
  - Unknown underlying pathophysiology but likely related to immune chemicals (cytokines) causing neutropenia
  - Bone marrow normal with normal cytogenetics
- Clinical course is mostly benign with a variable need for G-CSF

# Complications of Neutropenia: Infections

- Congenital neutropenia disorders
  - High risk for ANC < 500 cells/  $\mu$ L; low risk for persistent ANC > 1000 cells/ $\mu$ L
- Primary autoimmune and chronic idiopathic neutropenia are in general low risk for bacterial infection
  - Secondary autoimmune neutropenia has an increased frequency of severe bacterial infections compared to primary autoimmune neutropenia

Study Location	Number and Category of Patients	Severe Bacterial Infections (SBIs)
Texas Children's Cancer and Hematology Center <sup>1</sup>	Pediatric 43 autoimmune or idiopathic neutropenia	133 ER visits for fever but no patients with SBI
Italian Neutropenia Registry <sup>2</sup>	Pediatric 38 autoimmune and 23 idiopathic neutropenia	3 total blood stream infections over 9.5 years
French SCNIR <sup>3</sup>	Adult 108 primary autoimmune or idiopathic neutropenia	3.85 SBIs per 100 patient years
Italian Neutropenia Registry <sup>4</sup>	Pediatric 263 primary and 26 secondary autoimmune neutropenia	11% vs 40% SBI in primary vs secondary over 15 years

1 Kirk et al. *Pediatr Blood Cancer*. 2020; 67(4): e.28146.

2 Fioredda et al. *Pediatr Infect Dis J*. 2013; 32(4): 410-412.

3 Sicre de Fontbrune et al. *Blood*. 2015; 126(14): 1643-1650.

4 Farruggia et al. *Hematol*. 2017; 92(9): E546-E549.

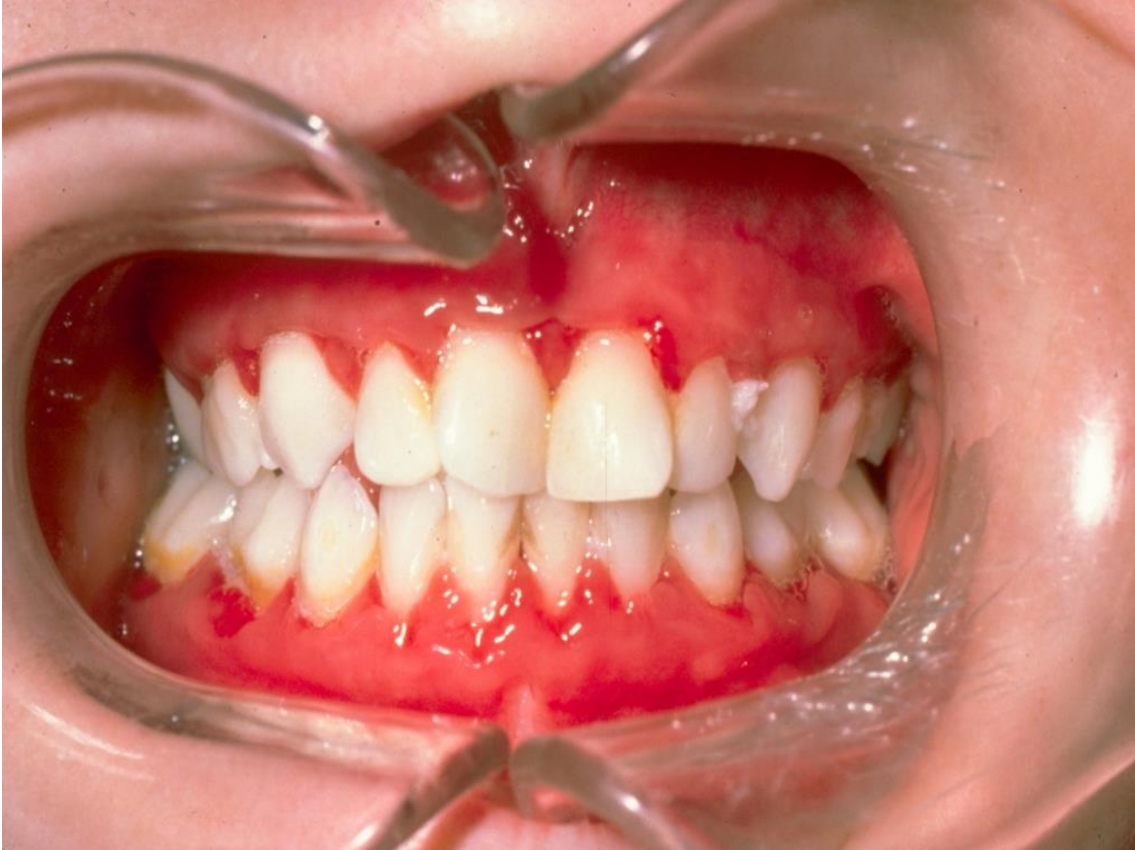
# COVID-19 and Congenital Neutropenia

- Severe Chronic Neutropenia International Registry has received some reports on patient reported outcomes with SARS-CoV-2
- Most patients have similar symptoms and disease courses as patients without chronic neutropenia, although a small number of deaths have been reported
- Patients should take protective measures to prevent infection (vaccination, social distancing/masking where appropriate, hand washing)
- Patients should continue G-CSF in the setting of SARS-CoV-2 infection

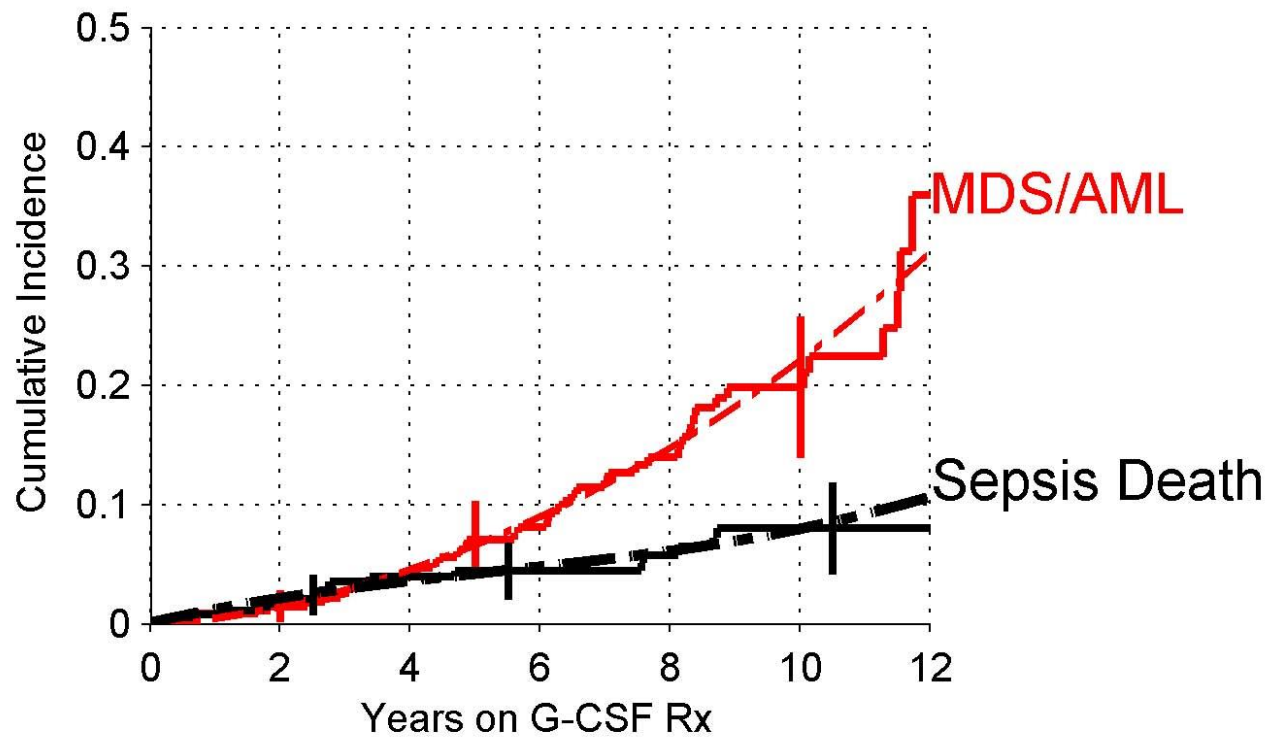
# Vaccinations in Chronic Neutropenia

- Neutrophils are not critical for vaccine response and patients with isolated neutropenia should have normal vaccine responses
- Vaccinations should be part of routine care for patients with neutropenia
- Patients with neutropenia as part of a combined immune disorder should discuss vaccinations with their physicians as live vaccines may not be safe

# Oral Care in Neutropenic Patients



# Development of MDS/AML in Congenital Neutropenia

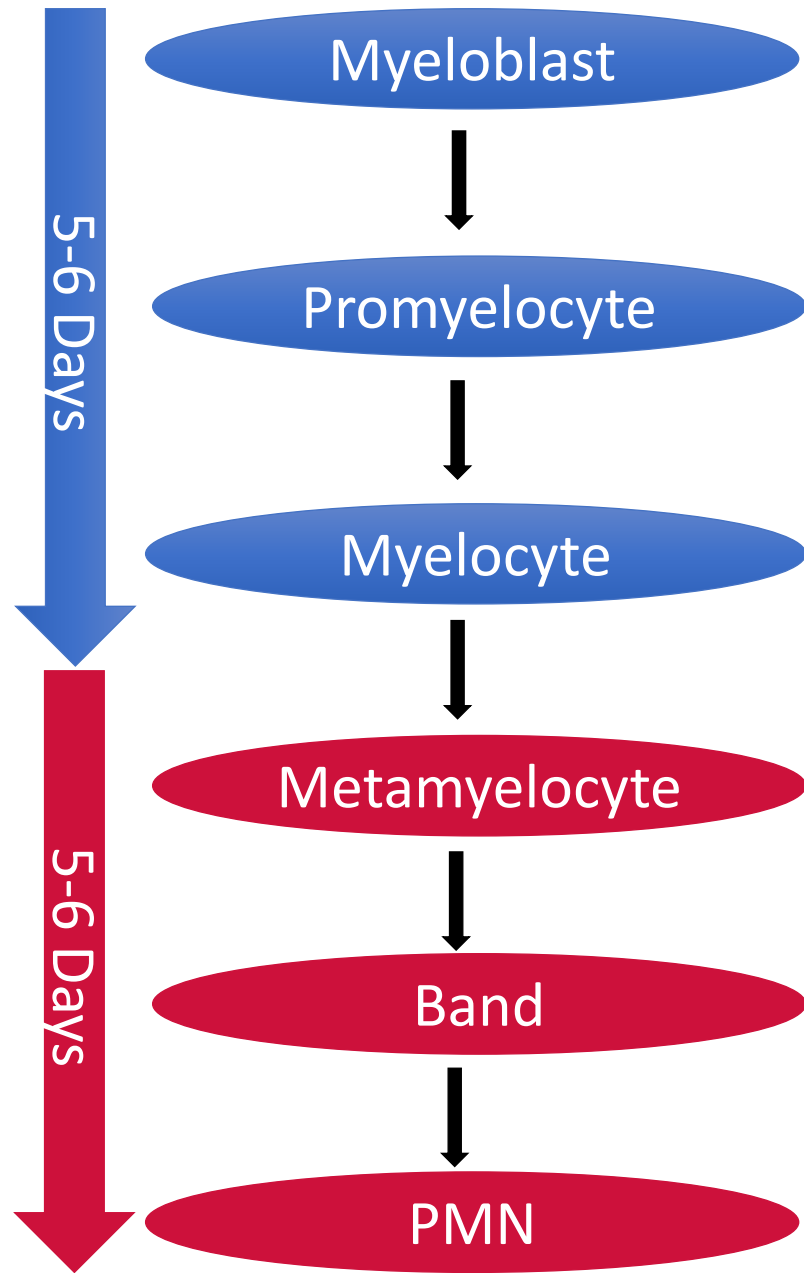


- After 10 years on G-CSF, 21% of patients developed myelodysplastic syndrome (MDS) or acute myeloid leukemia (AML)
- Death related to MDS/AML remains the number one cause of mortality in congenital neutropenia
- Patients with congenital neutropenia typically undergo regular CBCs and bone marrow biopsies to detect early signs of leukemia



# Definitive Treatment of Congenital Neutropenia

- Primary treatment of congenital neutropenia is G-CSF with response in the majority (~95%) of patients
- G-CSF has dramatically reduced the risk of severe bacterial infection (sepsis)
  - Death from severe infection is rare and has been reported in patients with poor response to G-CSF or in patient's not taking G-CSF as prescribed
- Patients with congenital neutropenia are at risk of AML/MDS
  - Development of AML/MDS requires a bone marrow transplant for cure



## G-CSF

- Produced by immune cells, bone marrow cells, and cells lining blood vessels
- Enhances proliferation of all **mitotic granulocytic lineages**
- Accelerates the maturation time at the **metamyelocyte stage**
- Principal cytokine stimulating release of neutrophils from the bone marrow
- Activates mature neutrophils and extends lifespan in the tissue

# Indications for G-CSF

- Congenital Neutropenia
  - Severe congenital neutropenia: 5  $\mu\text{g}/\text{kg}/\text{day}$  with escalation to 10  $\mu\text{g}/\text{kg}/\text{day}$  and then by increments of 10  $\mu\text{g}/\text{kg}/\text{day}$  every 14 days for goal ANC 1000-1500 cells/ $\mu\text{L}$
  - Cyclic neutropenia: 1-3  $\mu\text{g}/\text{kg}/\text{day}$  given every 1-3 days
- Primary and Chronic Idiopathic Neutropenia
  - No established association of G-CSF with cancer in this population
  - Recommended for recurrent infections or stomatitis in severe neutropenia
  - Small doses 0.5-3  $\mu\text{g}/\text{kg}/\text{day}$  given every 1-3 days for a goal ANC 1000-1500 cells/ $\mu\text{L}$

# Changing Landscape of G-CSF: Biosimilars

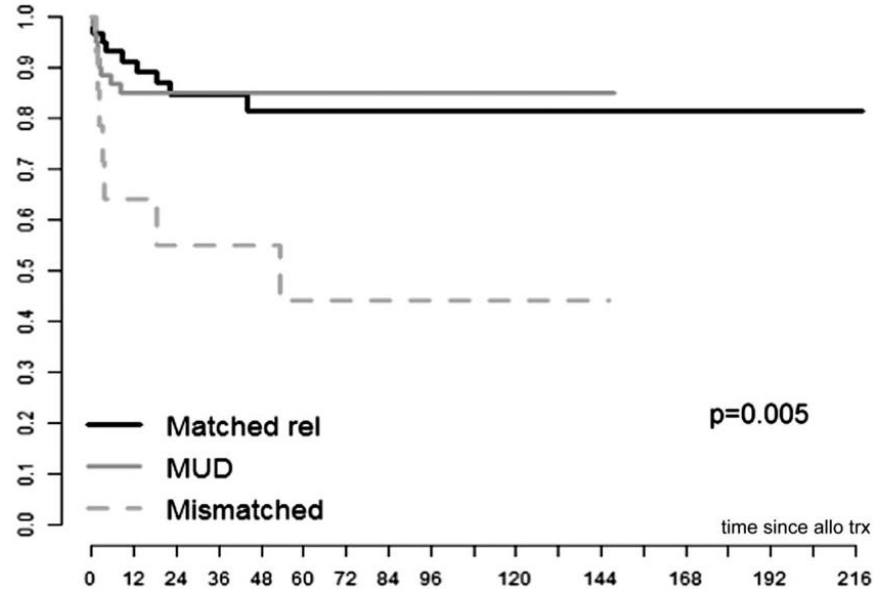
- Biosimilars offer options for G-CSF dosing
  - Neupogen®
  - Granix®
  - Zarxio®
  - Nivestym®
  - Releuko®
  - Zarxio®
- No significant differences in reported adverse reactions
- Differences may exist in how the drug is supplied (pre-filled syringes, multi-use vials) and concentration

# Bone Marrow Transplant Indications in Congenital Neutropenia

Absolute Indication	Possible Indication	Not Likely Indication
MDS/AML	High doses of G-CSF (>15 µg/kg/day) (SCN)	Acquisition of <i>CSF3R</i> (SCN) or <i>TP53</i> mutation (SDS) alone
MDS-associated cytogenetic abnormality	<i>ELANE</i> mutation with high risk of MDS/AML (SCN)	
Bone marrow failure (SDS)	Intolerable side effects of G-CSF	

# What Determines a Successful Transplant for Severe Congenital Neutropenia?

**Transplant Outcomes Based on Donor Type**



Fioredda et al. Blood  
2015; 126(16): 1885-92

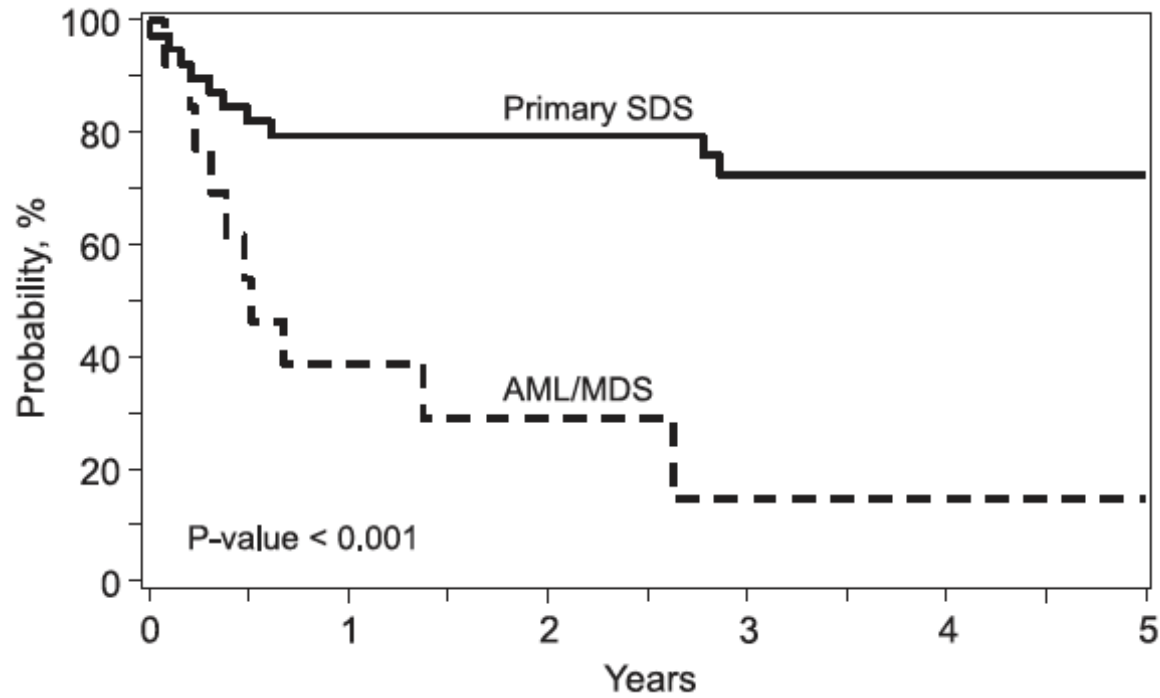
**Transplant Outcomes Based on Disease Status**

	Without MDS/AML	With MDS/AML
Literature Summary <sup>1</sup>	80%	39%
SCNIR <sup>2</sup>	78%	83%
EBMT <sup>3</sup>	87%	79%

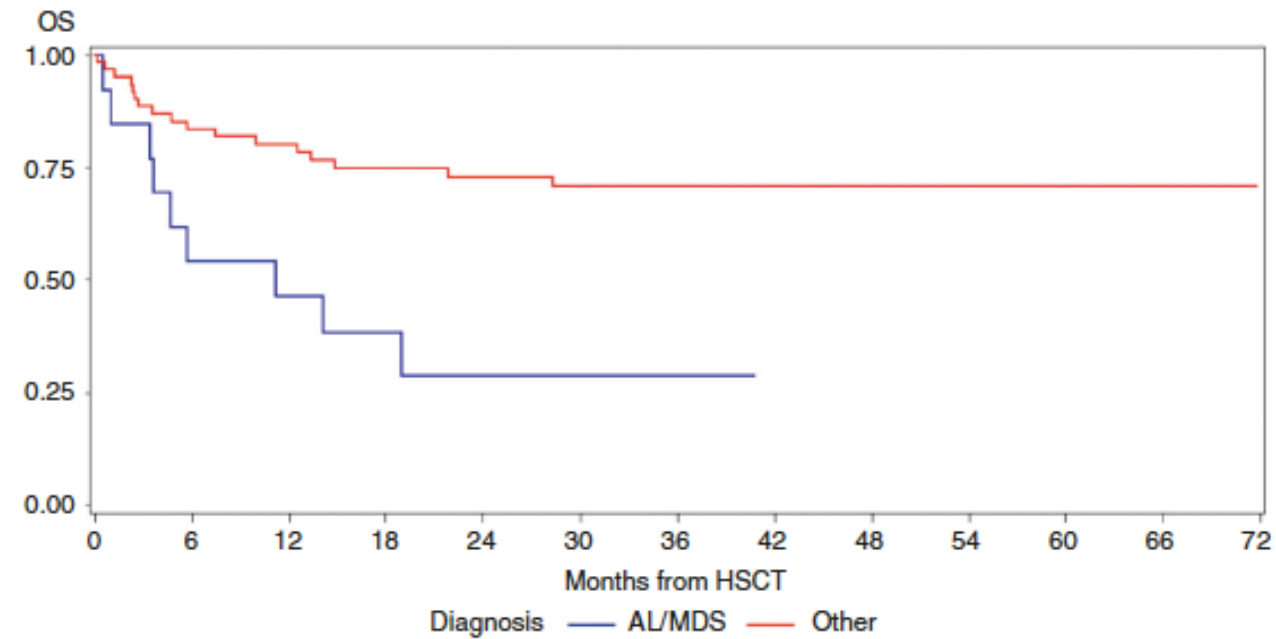
1. Connelly et al. COH 2013
2. Zeidler et al. ASH 2014
3. Fioredda et al. Blood 2015

# What Determines a Successful Transplant for SDS?

**BMT Outcomes in CIBMTR Cohort of SDS Patients**



**BMT Outcomes in European Cohort of SDS Patients**



# What about new therapies for congenital neutropenia?

- New therapies are currently being investigated to treat congenital neutropenia, but a lot of “pre-clinical” research must be completed first before moving the therapy to a clinical trial
- For patients with ELANE severe congenital neutropenia, treatment options under pre-clinical investigation include:
  - Elastase (the protein made by the gene *ELANE*) inhibitors
  - Genetic editing to remove the *ELANE* gene
  - Genetic editing to repair the *ELANE* gene
- For patients with specific mutations in SDS, pre-clinical investigations include treatments to improve SBDS expression and function



# Summary

- Chronic neutropenia has many causes (congenital and acquired)
- Complications of chronic neutropenia include infection, the risk of which is dependent on the etiology and availability of stored neutrophils in the bone marrow
- Treatment includes supportive care to reduce infection and G-CSF in some patients (mainly congenital neutropenia) to increase the peripheral blood neutrophil count and significantly reduce the risk of infection
- Bone marrow transplant is curative of congenital neutropenia but is reserved for patients who have developed or are at high risk of severe complications such as leukemia

# Questions



# And Discussion

# THANK YOU!

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**James Connelly, MD**  
**Assistant Professor of Pediatrics,**  
**Hematology & Oncology**  
**Vanderbilt University Medical Center**





**IDF** Immune  
Deficiency  
Foundation

Q & A

# Additional Resources

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- **ASK IDF:** [www.Primaryimmune.org/ask-idf](http://www.Primaryimmune.org/ask-idf)
  - 800-296-4433
- **IDF Resource Center:**
  - <https://primaryimmune.org/resource-center>
- **IDF Support Services:**
  - <https://primaryimmune.org/support-services>
- **IDF's YouTube Channel**
  - We record and upload all IDF Education sessions
  - <https://www.youtube.com/user/IDFvideos>



# Upcoming Events

## **IDF Webinar: The Use of Prophylactic Antibiotics in Antibody Deficiencies**

**Ken Paris, MD, MPH**

**Thursday, 2/16/23**

**7:00-8:30PM ET**

## **SCID Compass Lunch & Learn: What is Chimerism?**

**Kenneth Weinberg, MD**

**Wednesday, 3/22/23**

**11:00AM-12:00PM ET**

**For a list of all upcoming IDF Events, visit:**

**[https://community.primaryimmune.org/s/events?language=en\\_US](https://community.primaryimmune.org/s/events?language=en_US)**

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Immune Deficiency Foundation

# Texas State Advocacy Workshop



**Austin | Feb. 22**

**No previous advocacy experience is necessary - this interactive workshop gives participants the tools to become an informed, skilled advocate for the PI community.**

**Participants will receive online training prior to the day on February 16th at 6:00 PM CT.**

**On February 22 in Austin, participants will use their newly fostered advocacy skills to meet with elected representatives**

**[https://community.primaryimmune.org/s/events?language=en\\_US](https://community.primaryimmune.org/s/events?language=en_US)**

***Thank you for your support!***







From all of us at IDF

Thank You!

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