



Lunch & Learn: Hemophagocytic Lymphohistiocytosis (HLH)

September 28th, 2022



IDF MISSION

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- Please submit all questions for the presenter via the Q&A box

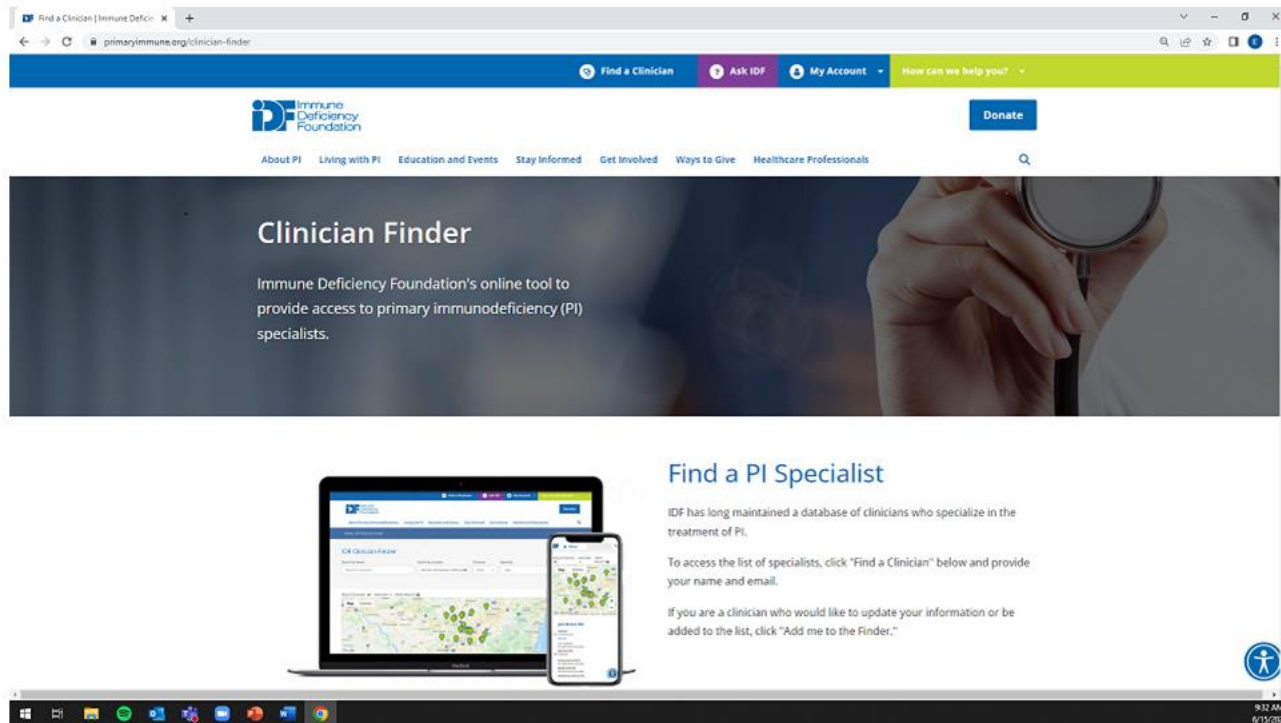
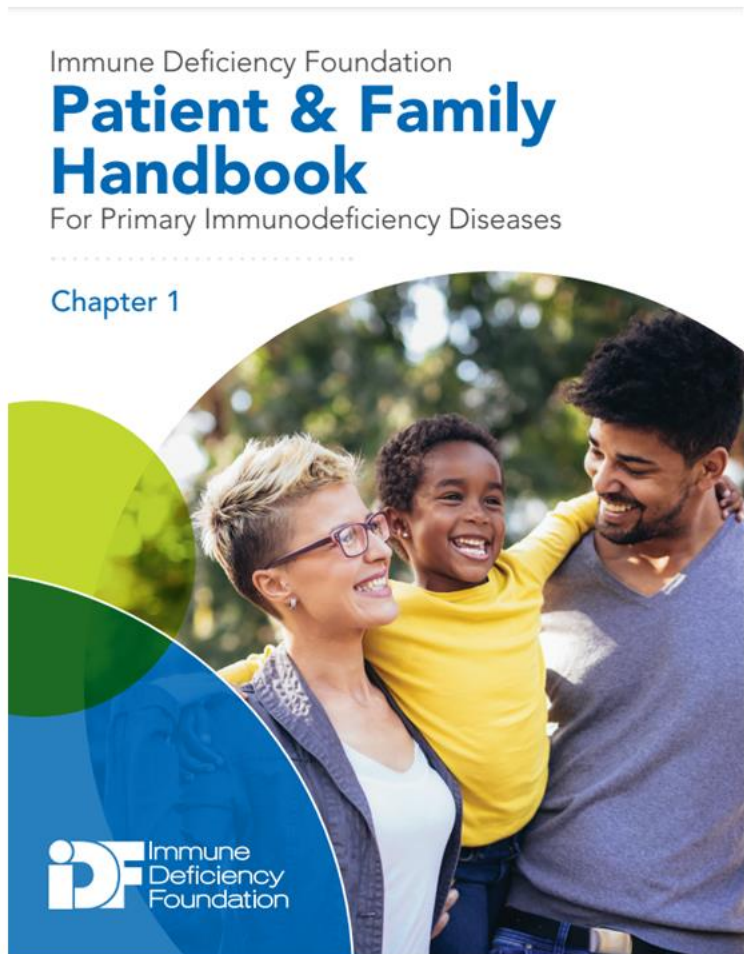
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<https://primaryimmune.org/disease/hemophagocytic-lymphohistiocytosis-hlh>

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HLH Education Session IDF Channel

What is HLH?

- Hemophagocytic Lymphohistiocytosis: a ridiculous name that has the same number of syllables as Supercalifragilisticexpialidocious!



Diagnosis Specific: Hemophagocytic Lymphohistiocytosis (HLH)

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Episode 1 of the Diagnosis-Specific Series



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Hemophagocytic lymphohistiocytosis (HLH) - A Diagnosis Specific Episode

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- Ask IDF
- Annual PI Conference

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WELCOME!

Rebecca Marsh, MD

Clinical Director, Primary Immune Deficiency Program and

HLH Center of Excellence


Cincinnati Children's Hospital



**HLH 101
Lunch & Learn**

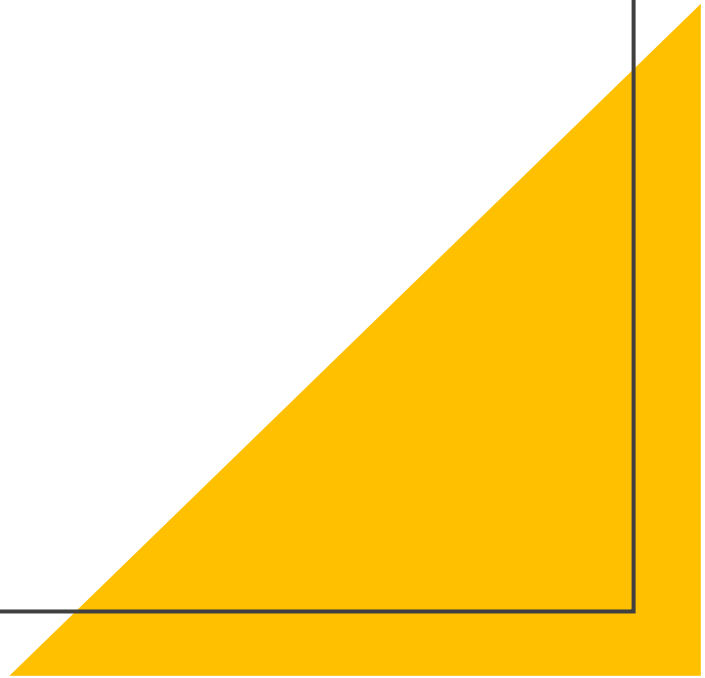
Rebecca Marsh, MD

Outline for Today

- Brief introductory case
 - Review HLH terminology
 - Discuss why HLH happens and genetic disorders that cause HLH
 - Talk about HLH testing
 - Go over traditional and newer treatments
- 
- A large yellow triangle is positioned in the bottom right corner of the slide, pointing towards the top right.

Disclosures

- I have no disclosures other than I will be discussing off-label use of several therapeutics



Introductory Case: Sunday Morning in Cincinnati, OH....



Introductory Case: Sunday Morning in Cincinnati, OH....



Brief Presentation

- 6 month old male comes to the Emergency Room with **5 days of fever, not eating well, less active**
- No other symptoms, had a cold 2 weeks ago
- Exam: **Has a fever, heart rate is fast, and doctors can feel an enlarged spleen**



Brief Presentation

- Labs:
 - Several blood counts are low:
 - Platelets 47
 - White blood cell count 1.9, Neutrophil count 1137
 - Liver enzymes are elevated (liver seems a little sick)
 - AST 296, ALT 77
 - Fibrinogen is low 137
 - Fibrinogen is a protein made by the liver that helps stop bleeding by helping blood clots to form
 - Ferritin is high 2970
 - Ferritin is a blood protein that contains iron, and ferritin is elevated in inflammation



Course

- Baby was admitted to the hospital, given IV fluids and antibiotics.
- Several specialized doctors were consulted to help determine what was wrong: evaluate for infections or cancer or other problems
 - Bone marrow examination: no cancer
 - CT Scan did not show any concerns for cancer or infection
 - Lots of testing for infections: negative.
 - Specialized blood tests for inflammation were checked and were high:
 - Soluble IL-2R α 13,234
 - CXCL9 5,783
 - IL-18 987

Does This Patient Have HLH?



Does This Patient Have HLH?

- **Yes** (We are at an HLH Education Session after all)



Does This Patient Have HLH?

- **Yes** (We are at an HLH Education Session after all)
- **No** (This seems like a trick question since we are at an HLH Education Session!)



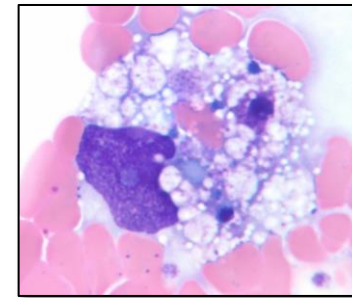
HLH: What do we mean?

- HLH=Hemophagocytic Lymphohistiocytosis
 - Same # of syllables as: Supercalifragilisticexpialidocious!



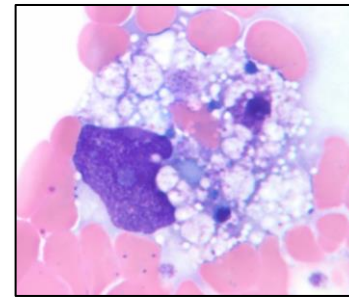
HLH: What do we mean?

- HLH=Hemophagocytic Lymphohistiocytosis
 - Same # of syllables as: Supercalifragilisticexpialidocious!
- Name stems from the pathologic findings observed in patients
 - Hemophagocytic
 - hem = blood
 - phagocytic = of a cell that eats
 - Lymphocytosis = expansion of lymphocytes
 - Histiocytosis = expansion of tissue macrophages



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- Name stems from the pathologic findings observed in patients
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 - hem = blood
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 - Histiocytosis = expansion of tissue macrophages
- HLH= a severe hyperinflammatory **syndrome**:
 - a recognizable pattern of clinical, laboratory, and microscopic findings caused by inflammation



What does this syndrome look like?

- Many doctors use the HLH-1994/2004 “criteria”
 - Developed for the Histiocyte Society treatment studies
 - Caveat 1: patients may lack 5/8
 - Caveat 2: patients with 5/8 may have something else
- Other manifestations can include:
 - Liver problems or liver failure
 - Brain/Spine Disease (sometimes isolated)
 - Other labs may be abnormal
 - LDH, D-Dimer

Table 1. Diagnostic criteria for HLH used in the HLH-2004 trial*

The diagnosis of HLH† may be established:

A. Molecular diagnosis consistent with HLH: pathologic mutations of *PRF1*, *UNC13D*, *Munc18-2*, *Rab27a*, *STX11*, *SH2D1A*, or *BIRC4*

or

B. Five of the 8 criteria listed below are fulfilled:

1. Fever $\geq 38.5^{\circ}\text{C}$

2. Splenomegaly

3. Cytopenias (affecting at least 2 of 3 lineages in the peripheral blood)

Hemoglobin < 9 g/dL (in infants < 4 weeks: hemoglobin < 10 g/dL)

Platelets $< 100 \times 10^9/\text{mL}$

Neutrophils $< 1 \times 10^9/\text{mL}$

4. Hypertriglyceridemia (fasting, > 265 mg/dL) and/or hypofibrinogenemia (< 150 mg/dL)

5. Hemophagocytosis in bone marrow, spleen, lymph nodes, or liver

6. Low or absent NK-cell activity

7. Ferritin > 500 ng/mL‡

8. Elevated sCD25 (α chain of sIL-2 receptor)§

*Adapted from Henter et al.⁷

Caution:
Not very
accurate

Caution: Not very
accurate

Other Tools to Diagnose HLH or MAS

- The HScore (Fardet et al, 2014)
 - Developed in adults with primarily malignancy or infection-associated HLH

- The MAS-2016 criteria (Ravelli et al, 2016)
 - Developed to classify MAS in patients with systemic JIA

Questions

- | | |
|---|----------------------------|
| 1. Known underlying immunosuppression? | No |
| 2. Temperature? | 38.4-39.4 °C |
| 3. Organomegaly? | Hepatomegaly or splenom... |
| 4. Number of cytopenias? | 2 lineages |
| 5. Ferritin? | 2,000-6,000 ng/mL |
| 6. Triglyceride level? | 1.5-4 mmol/L |
| 7. Fibrinogen? | ≤2.5 g/L |
| 8. AST? | ≥30 U/L |
| 9. Hemophagocytosis features on bone marrow aspirate? | No |

Results

★ Save [Copy Results](#)

H Score

208

Probability of Hemophagocytic syndrome

88-93%

A febrile patient with known or suspected systemic juvenile idiopathic arthritis is classified as having macrophage activation syndrome if the following criteria are met:

Ferritin >684 ng/ml

and any 2 of the following:

Platelet count ≤181 x 10⁹/liter

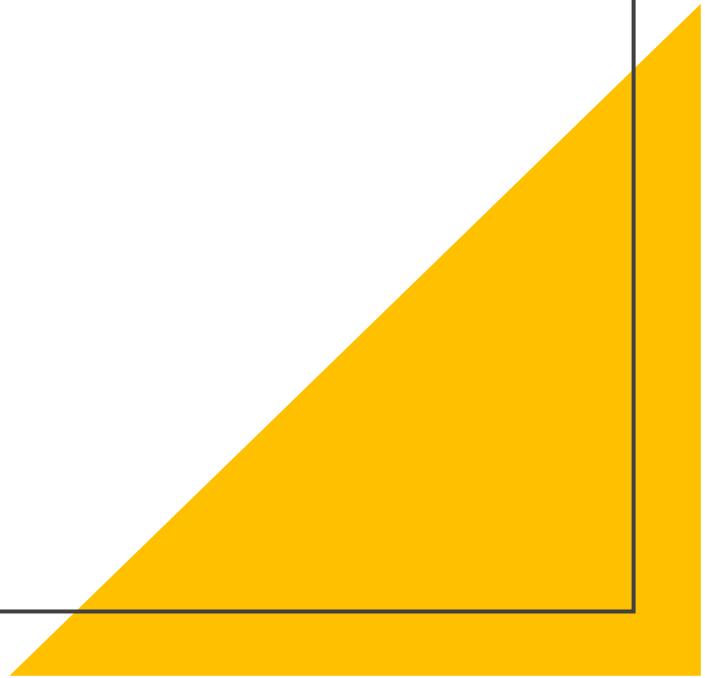
Aspartate aminotransferase >48 units/liter

Triglycerides >156 mg/dl

Fibrinogen ≤360 mg/dl

Who develops the syndrome of HLH?

- And what is primary versus secondary HLH?



Primary Versus Secondary HLH





- **Primary (or Genetic) HLH:** Inherited genetic immune deficiencies/immune dysregulation disorders that cause HLH
 - **Genetic problems lead to immune systems that are broken in 1 of 2 ways:**
 - 1: Immune system cells can't kill infected or cancerous cells
 - 2: Immune system is making too many inflammation proteins

Primary Versus Secondary HLH

- **Secondary HLH:** HLH that occurs in “normal” people because of a *strong immune stimulus*: Cancer, Infection, Metabolic or Rheumatologic Disease

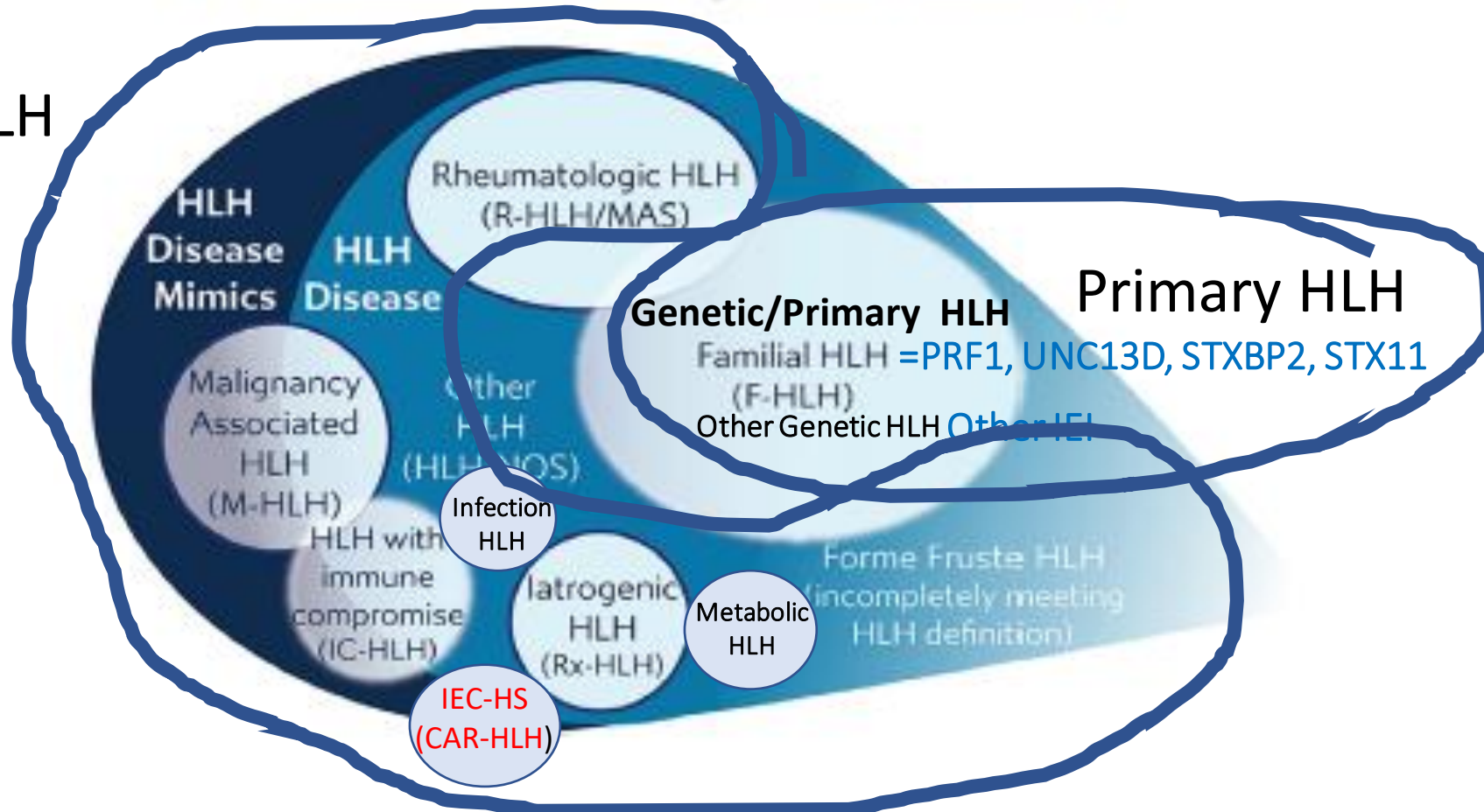
NACHO Conceptualization

Challenges in the diagnosis of hemophagocytic lymphohistiocytosis: Recommendations from the North American Consortium for Histiocytosis (NACHO)

Michael B. Jordan^{1,2} | Carl E. Allen³ | Jay Greenberg⁴ | Michael Henry⁵  | Michelle L. Hermiston⁶ | Ashish Kumar⁷ | Melissa Hines⁸ | Olive Eckstein⁹  | Stephan Ladisch¹⁰ | Kim E. Nichols¹¹ | Carlos Rodriguez-Galindo^{12,13}  | Birte Wistinghausen¹⁴ | Kenneth L. McClain^{3,9} 

The HLH Syndrome (All conditions that meet syndrome definition)

Secondary HLH



Primary HLH

Genetic/Primary HLH

Familial HLH = PRF1, UNC13D, STXBP2, STX11 (F-HLH)
Other Genetic HLH (Other IEI)

HLH Disease Mimics

Malignancy Associated HLH (M-HLH)

HLH Disease

Rheumatologic HLH (R-HLH/MAS)

Other HLH (HLH/MOS)

Infection HLH

HLH with immune compromise (IC-HLH)

Iatrogenic HLH (Rx-HLH)

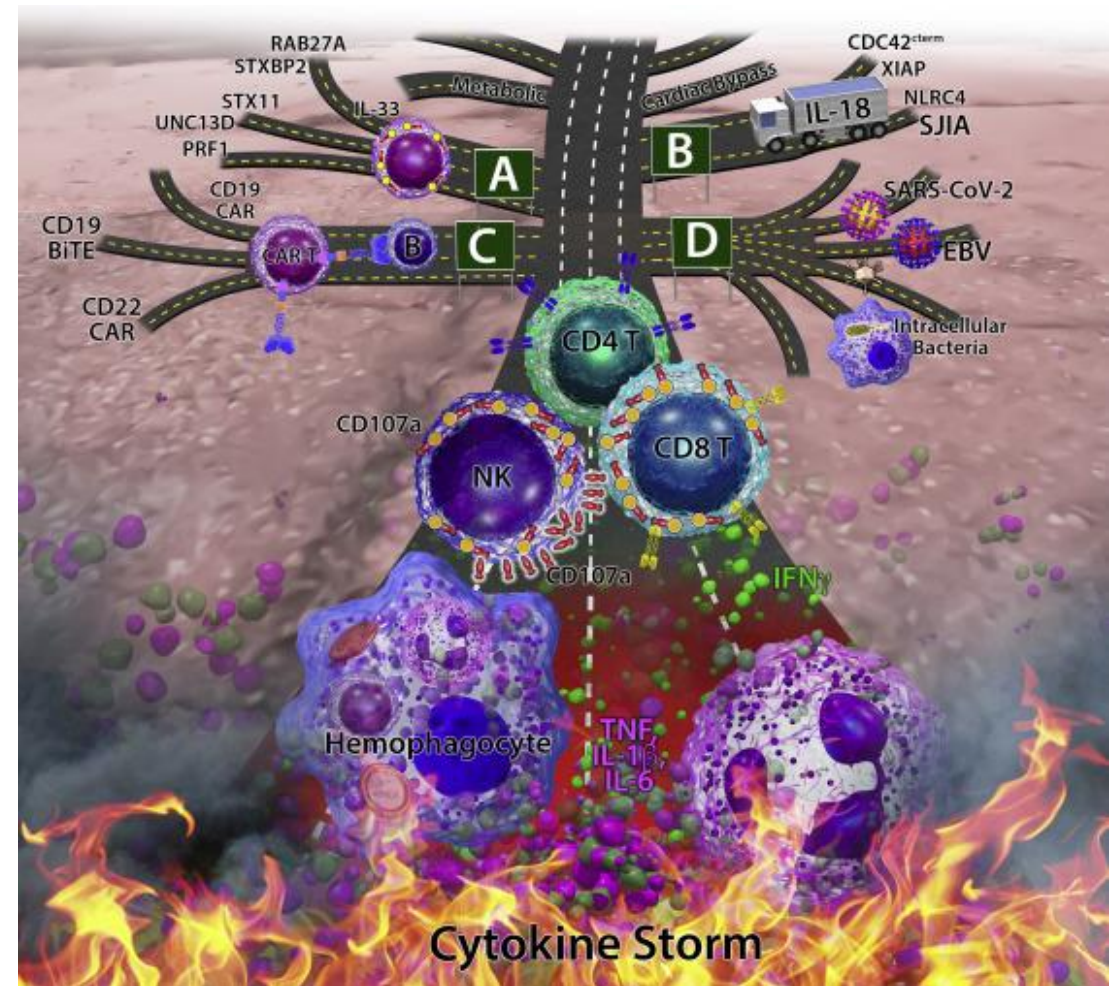
Metabolic HLH

IEC-HS (CAR-HLH)

Forme Fruste HLH (incompletely meeting HLH definition)

Why does the HLH happen?

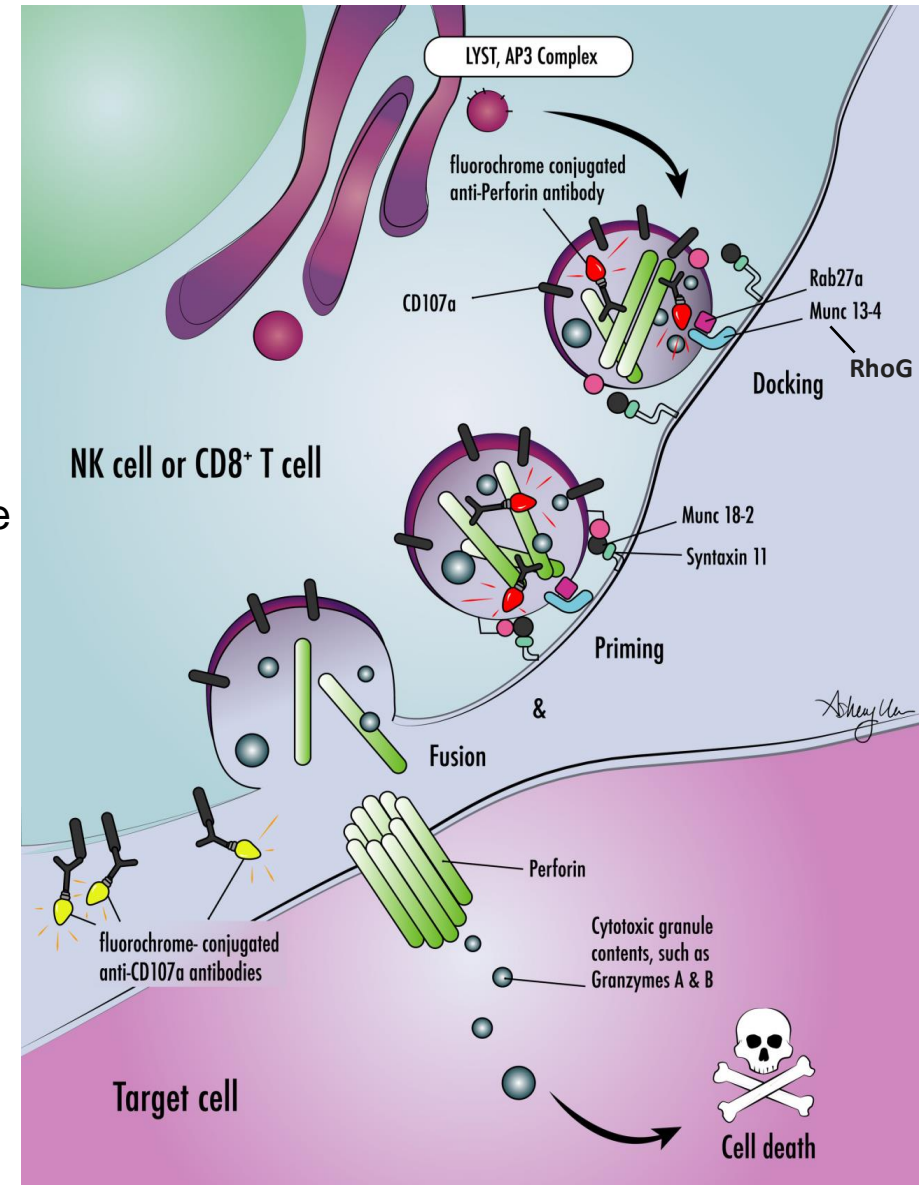
- Let's start with the syndrome of HLH in the genetic HLH disorder setting



Scott Canna & Randy Cron

Genetic HLH Disorders

- Inborn errors of immunity which have a high risk of developing HLH and HLH is a main problem of the disorder.
- **Familial HLH:** Defective lymphocyte granule mediated cytotoxicity
 - *PRF1, UNC13D, STXBP2, STX11 RHO G*
- **Pigmentary Disorders Associated with HLH:** Defective lymphocyte granule mediated cytotoxicity
 - *AP3B1, LYST, RAB27A*

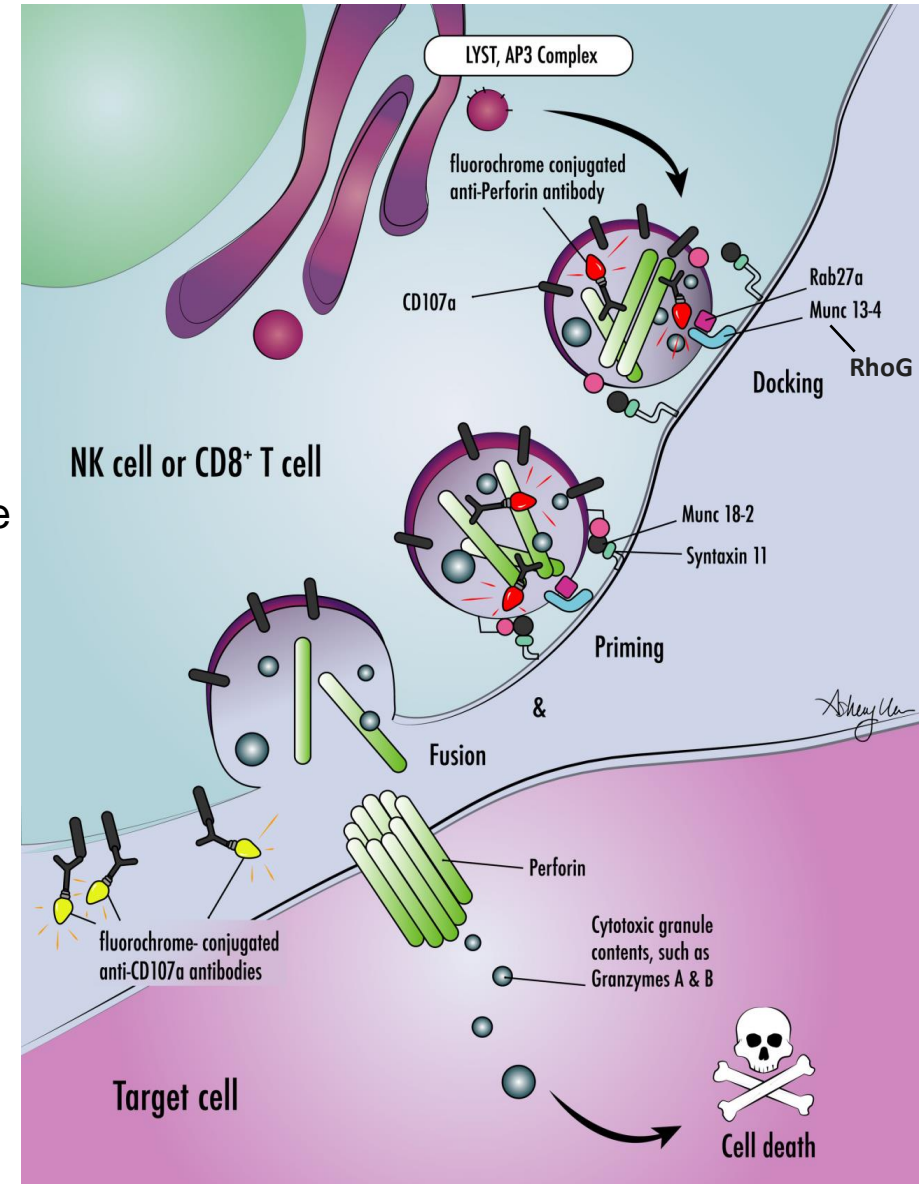


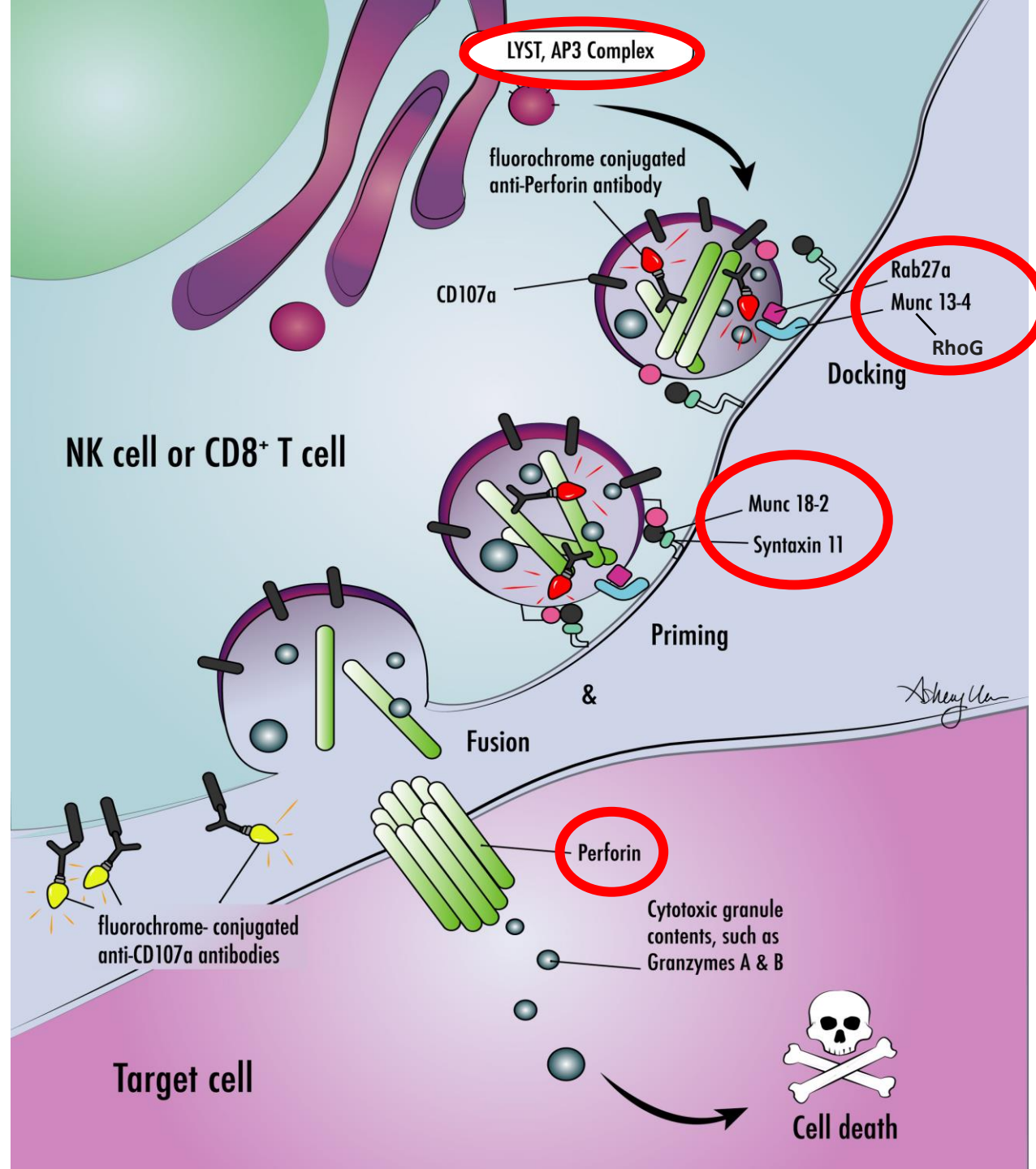
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These broken genes mean the immune system can't kill infected or cancerous cells

That makes the immune system angry and it gets all fired up!





LYST, AP3 Complex

fluorochrome conjugated anti-Perforin antibody

Rab27a
Munc 13-4
RhoG

ocking

NK cell or C

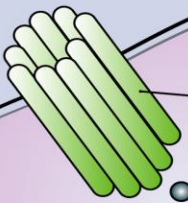


Sheyla

Fusion



fluorochrome- conjugated anti-CD107a antibodies



Perforin

Cytotoxic granule contents, such as Granzymes A & B

Target cell



Cell death

LYST, AP3 Complex

fluorochrome conjugated anti-Perforin antibody

Rab27a
Munc 13-4
RhoG

cking

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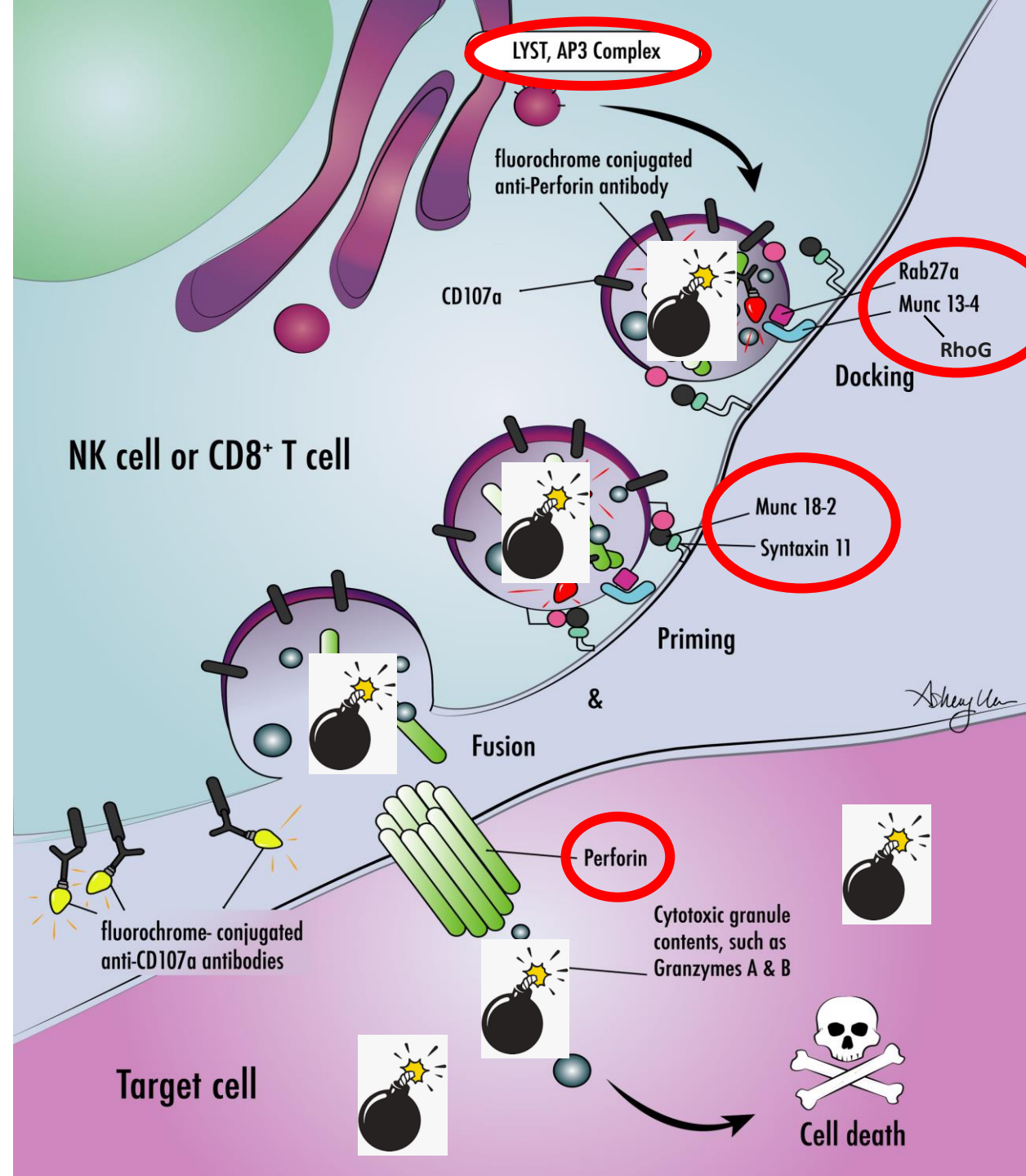
Perforin

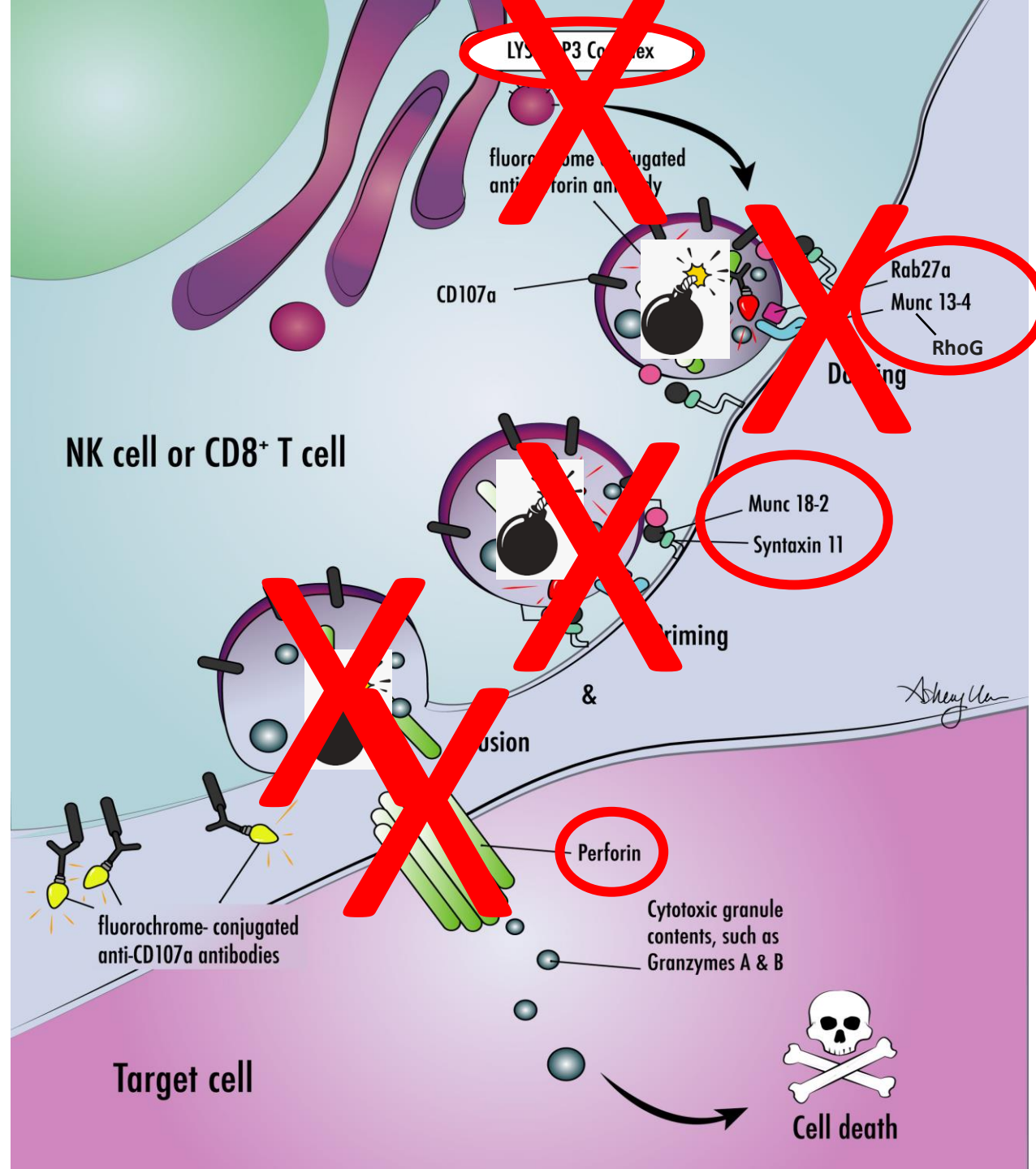
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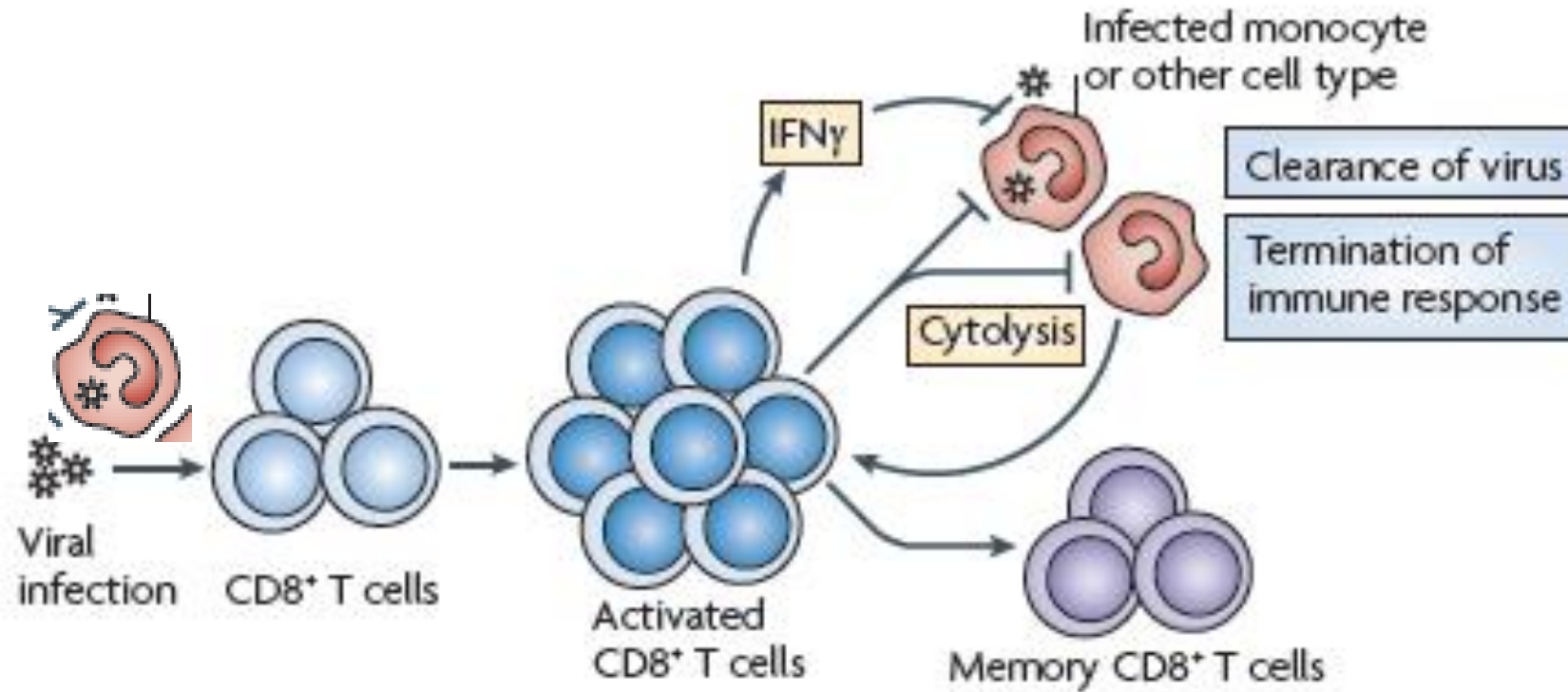


Cell death





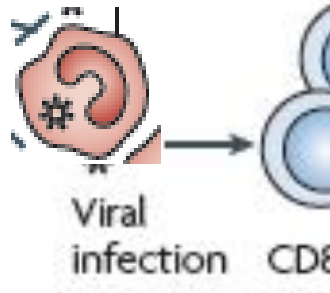
Normal Cytotoxic Response



Crippled Cytotoxic Response

#1 Can't Kill Target

IL-6, TNF

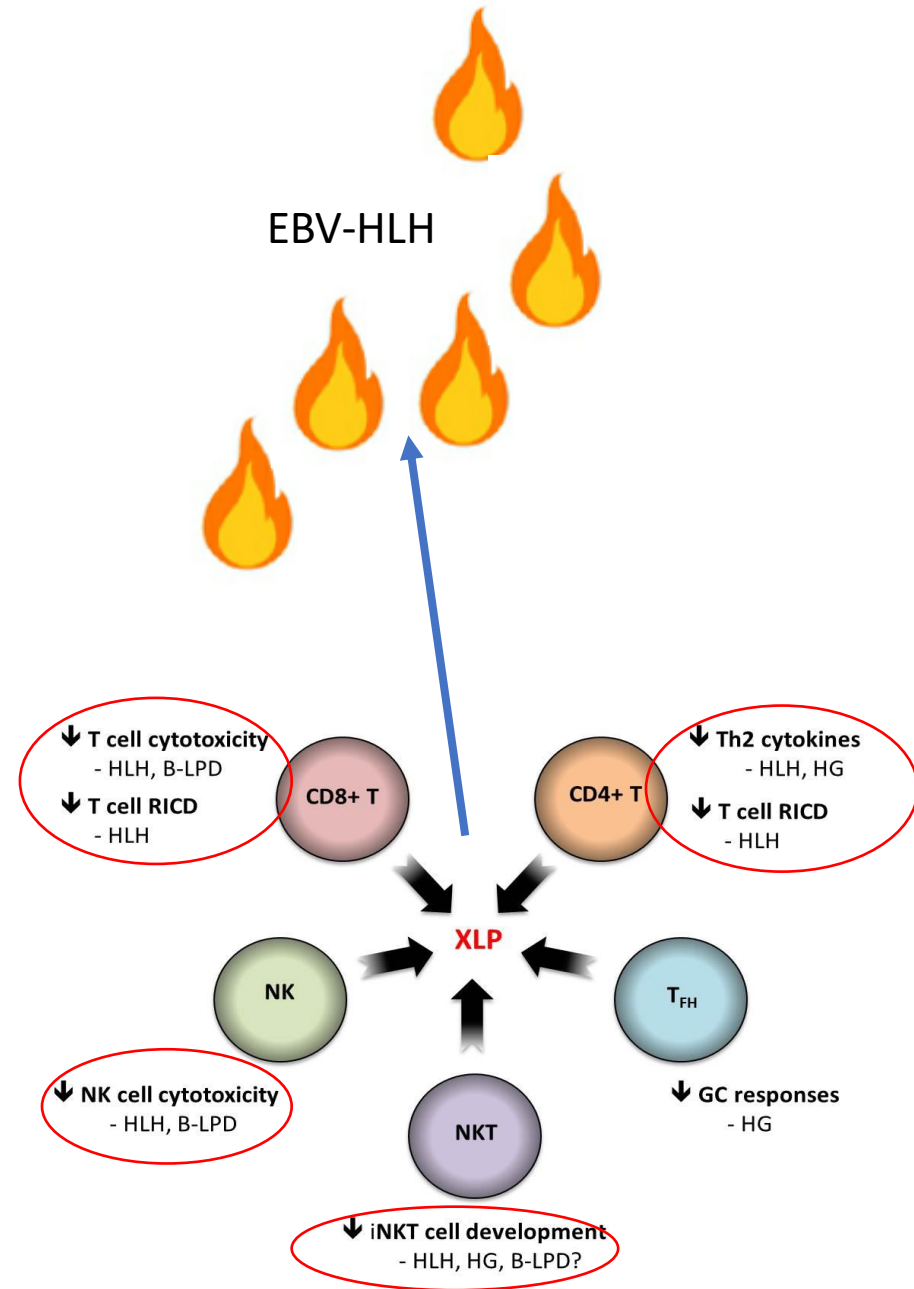
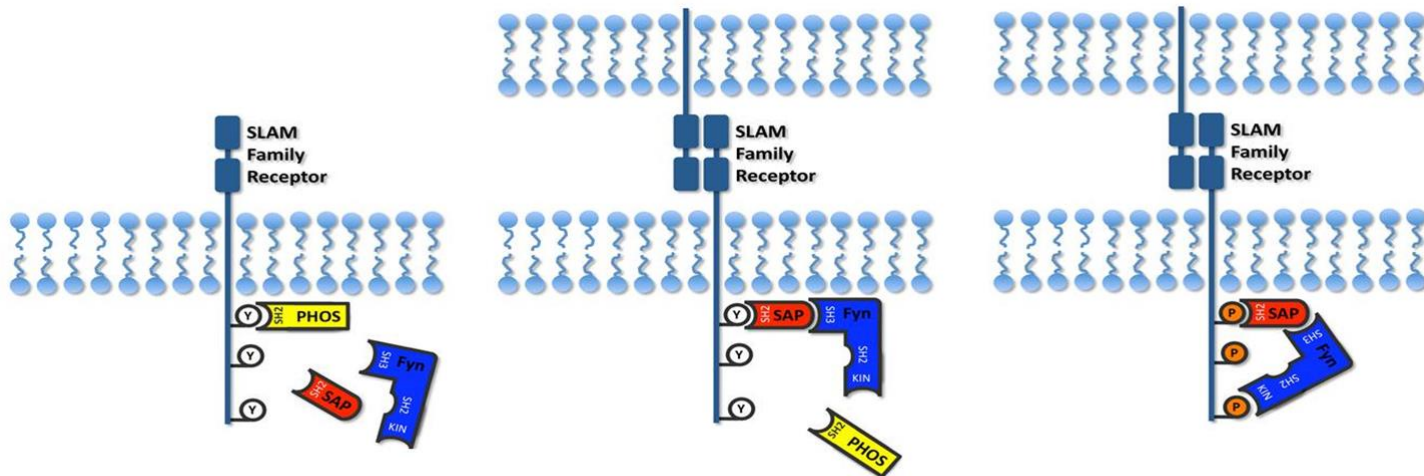


**#2 Expanded Lymphocytes
Won't Die**

De Saint Basile, Nature Rev Imm, 2010

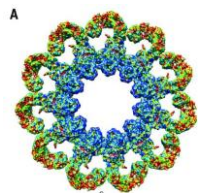
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- **XLP-1:** Defective SLAM-receptor mediated cytotoxicity & other
 - *SH2D1A*



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 - *SH2D1A*
- **XLP-2:** Dysregulated TNF-R and NLRP3 **Inflammasome** function & other
 - *XIAP*
- **NLC4:** *GOF/Constitutively Active NLC4 Inflammasome Function*
- **CDC42:** *GOF variants in the C-terminal region of CDC42 lead to increased Pyrin Inflammasome Function (Nishitani-Isa et al)*

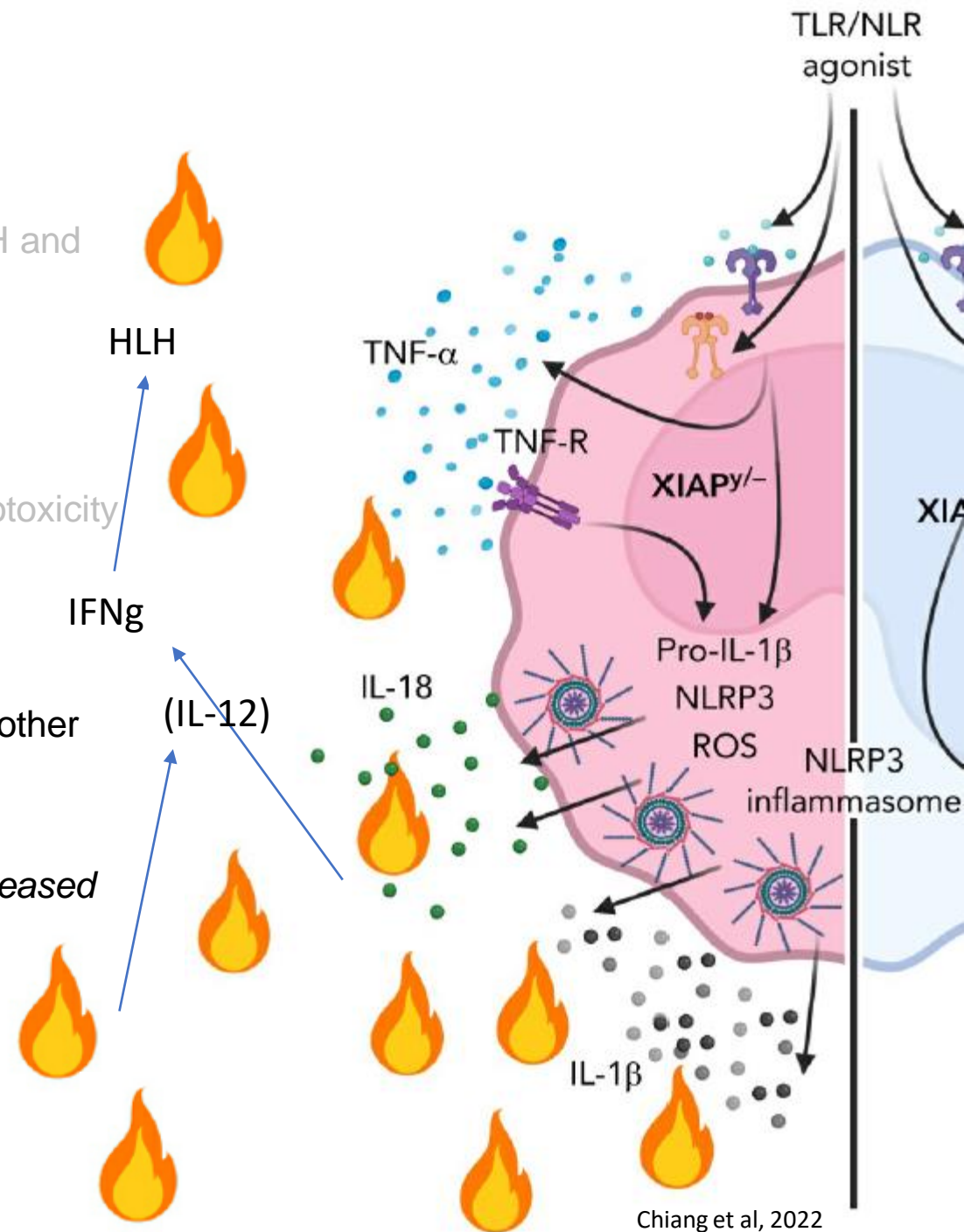


NLC4

Inflammasome Zhang et al, 2015

Constitutively Active
Due to Pathogenic GOF Variants

IL-1B	IL-1B	IL-1B
IL-18	IL-18	IL-18
IL-1B	IL-1B	IL-1B
IL-18	IL-18	IL-18



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 - *XIAP*
- **NLRC4:** *Constitutively Active NLRC4 Inflammasome Function*
- **CDC42:** *Defective Formation of Actin-Based Structures; Defective Proliferation, Migration, and Cytotoxicity; Increased Inflammasome Function IL-1beta and Il-18 Production*
- **EBV Susceptibility Disorders:** *MAGT1, ITK, CD27, CD70, CTPS1, RASGRP1: Complex but many have specific **cytotoxicity defect***

Pathways to HLH/MAS

Cytotoxic defect

(Perforin Deficiency, Degranulation Defect;
SAP deficiency, MAGT1, CD27, CD70, etc)

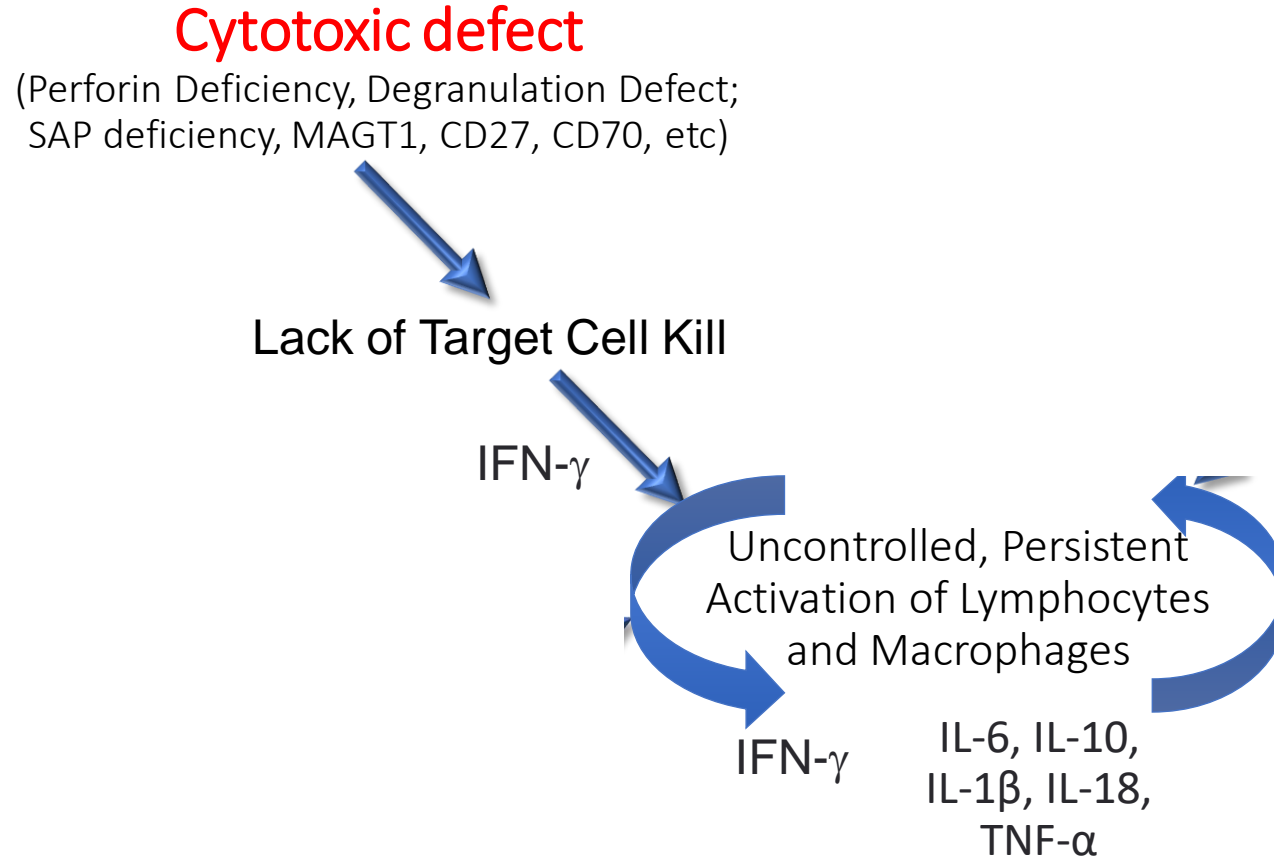
Lack of Target Cell Kill

IFN- γ

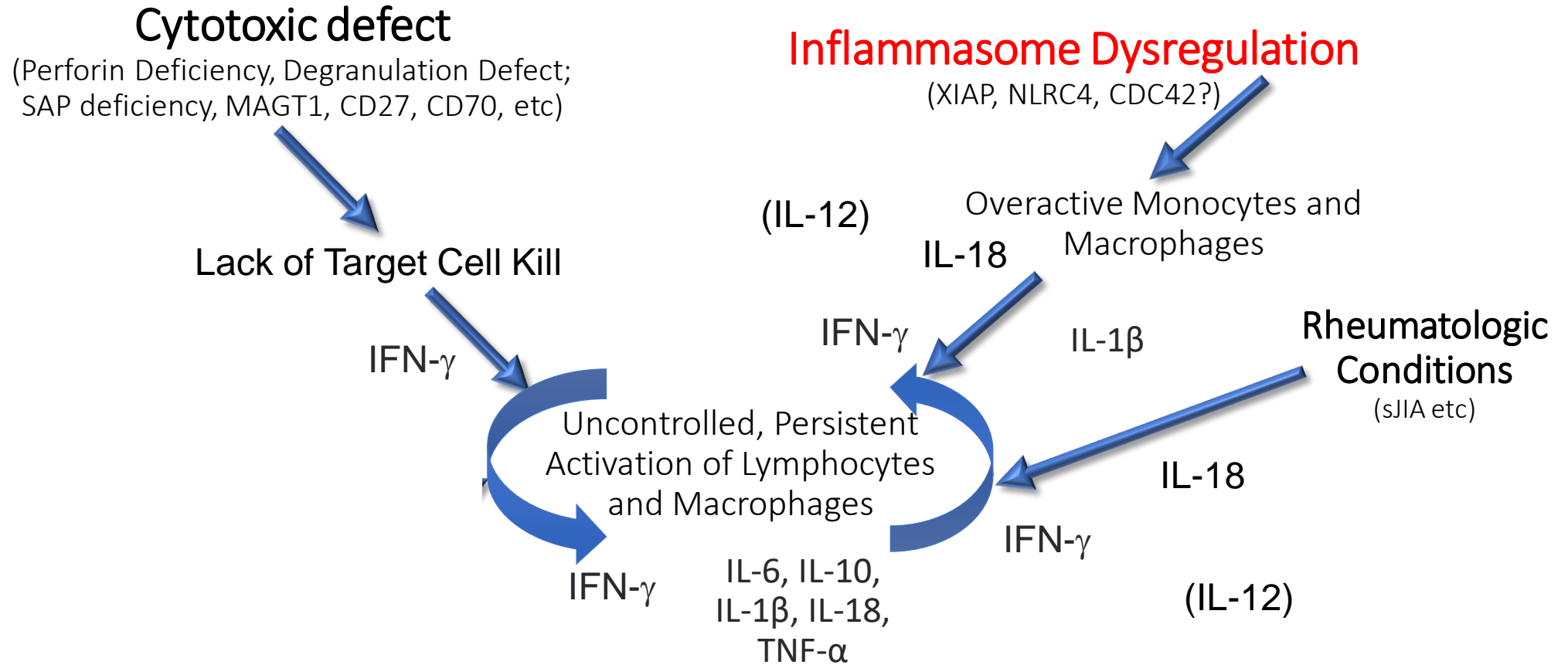
Uncontrolled, Persistent
Activation of Lymphocytes
and Macrophages

IFN- γ

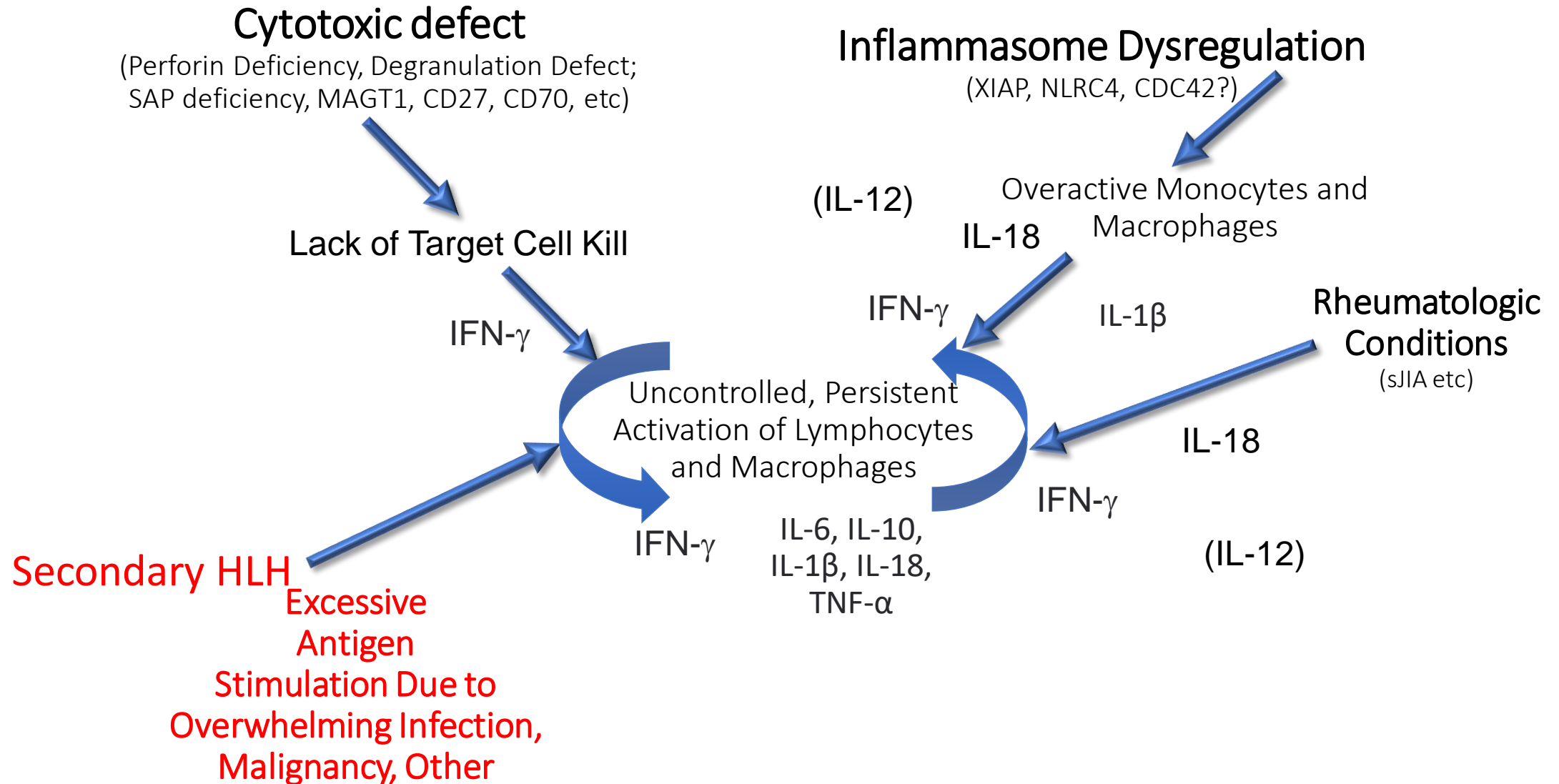
IL-6, IL-10,
IL-1 β , IL-18,
TNF- α

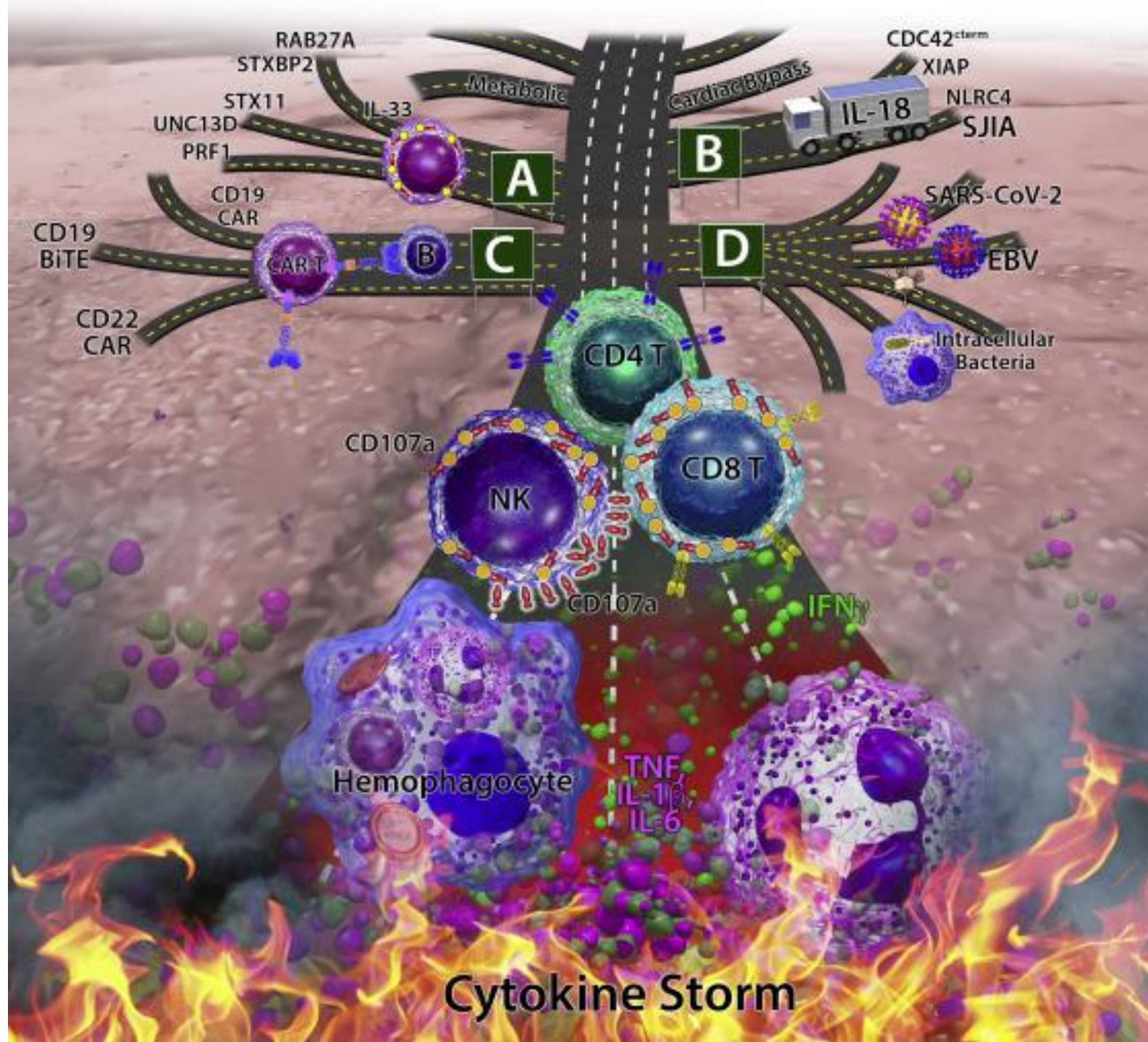


Pathways to HLH/MAS



Pathways to HLH/MAS





Blood tests that help diagnosis a syndrome of HLH and monitor activity: Biomarkers

- Ferritin
- Soluble IL-2 Receptor
- HLA-DR
- CXCL9
- IL-18
- Others

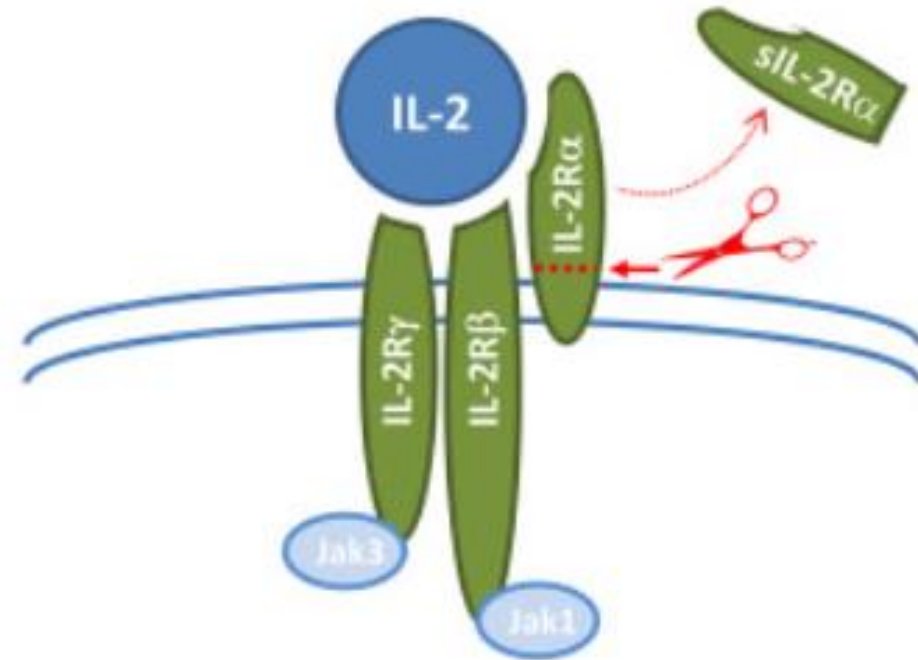
Ferritin

- Ferritin stores iron
- Ferritin increases during inflammation
- Easy to check at most hospitals
- Some degree of ferritin elevation is essentially required for the diagnosis of HLH.
 - A level greater than 500 $\mu\text{g/L}$ is very sensitive
 - A level greater than 2000 $\mu\text{g/L}$ can better differentiate HLH




Soluble IL-2R

- Activated T cells (immune system cells) upregulate the IL-2 receptor, which is cleaved by proteases released by activated mononuclear phagocytes
- High levels indicate high levels of T cell activation- it's a good barometer of T cell activation

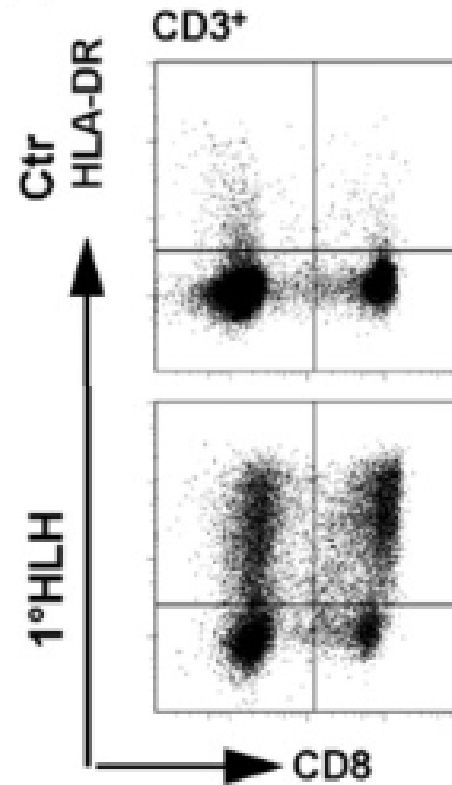


The IL-2 – IL-2 receptor pathway in health and disease: The role of the soluble IL-2 receptor

Jan Darnoiseaux & 

HLA-DR

- Some centers use T cell HLA-DR expression (a marker of T cell activation) in place of or in addition to measurements of sIL-2R



Amman et al

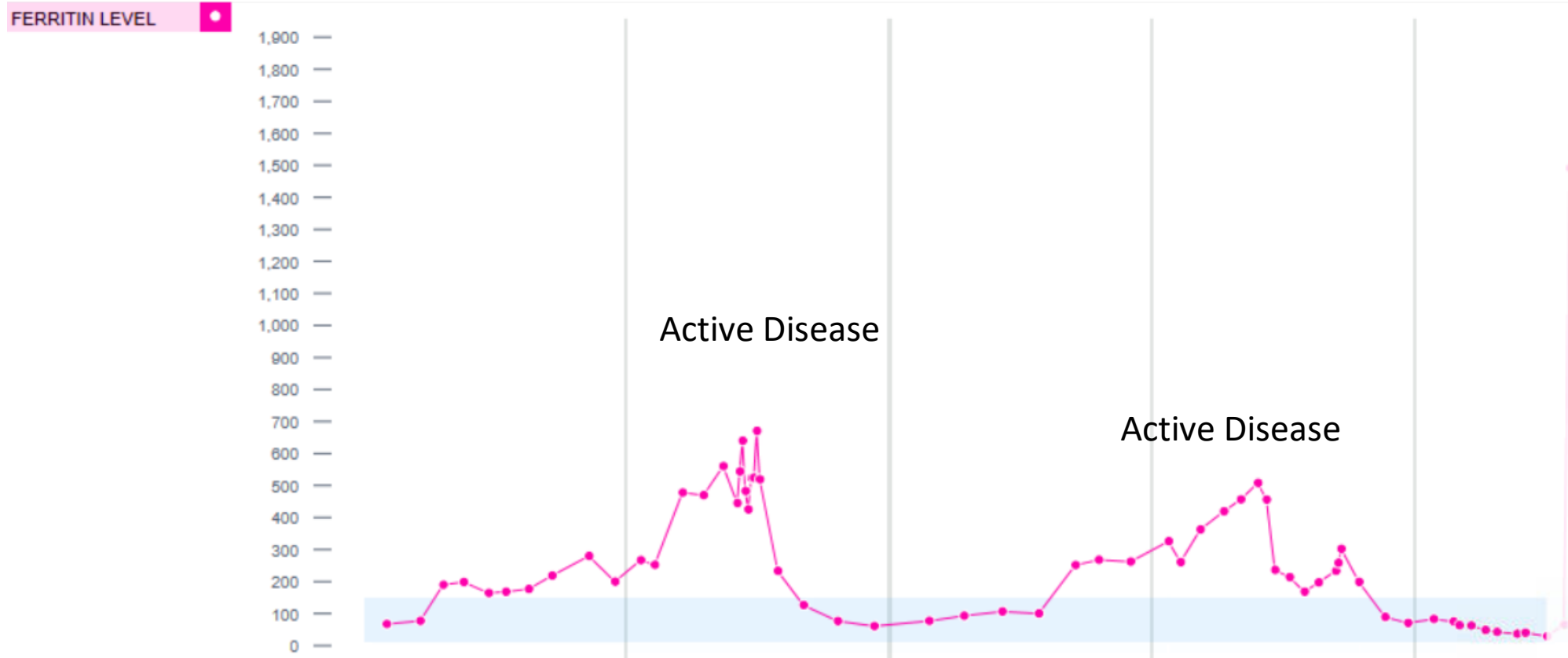
Newer Tests: CXCL9 and IL-18

- CXCL9: Good marker of IFN γ pathway activity
 - CXCL9 is secreted by monocytes, endothelial cells, fibroblasts in response to IFN- γ which is a critical inflammatory cytokine in HLH
- IL-18: Good marker of Inflammasome Activity
 - The immature forms of IL-18 and IL-1 β are activated by inflammasomes, and high levels indicate that inflammasomes are abnormally active

How do
we use
these
tests?

- Elevations in any or all of these tests help make a diagnosis of the syndrome of HLH
- We can also watch the levels rise and fall as HLH is more or less active

Example: Ferritin



How Do You Diagnose Genetic HLH Disorders?



GENETIC TESTING



SCREENING TESTS

Do All HLH Patients Need Genetic Testing?

- All “young” patients need testing
- Some “old” patients need testing
- It is important to know if there is a genetic disease that caused the HLH
 - Genetic= risk of recurrent HLH
 - Genetic= many (not all) will need a bone marrow transplant

Types of Genetic Tests

- **HLH or Immune Deficiency Panels**
 - Panels look at many HLH and/or Immune Deficiency genes all at once
- **Whole Exome/Whole Genome Sequencing**
 - This testing looks at HLH and Immune Deficiency genes along with genes outside of the immune system
- **Single Gene Sequencing**
 - This is used when the family is already known to have a genetic disease.
 - If one child has HLH due to pathogenic variants in *PRF1*, then the other siblings can just be tested for variants in *PRF1*

Screening Tests

Screening tests come back quicker than most genetic tests

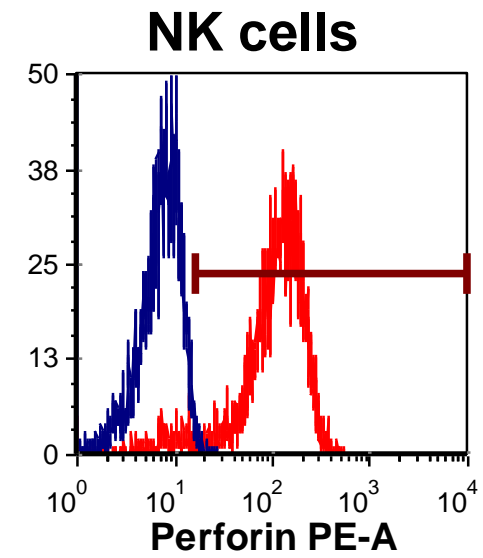
These are blood tests that look for protein deficiencies or abnormal immune system cell function

Selected Screening Tests

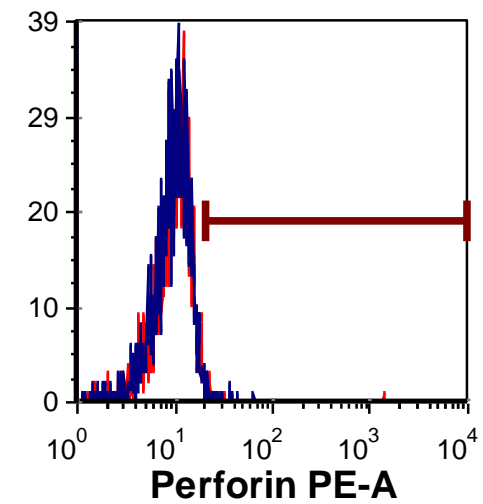
- Familial HLH
 - PRF1
 - Perforin Expression
 - UNC13D, STXBP2, STX11, RAB27A
 - CD107a
- XLP1
 - SAP Expression
- XLP2
 - XIAP Expression
 - Functional Assay
- Griscelli Syndrome
 - CD107a
- Chediak Higashi
 - CD107a

Example: Perforin Deficiency

**Normal
Adult**

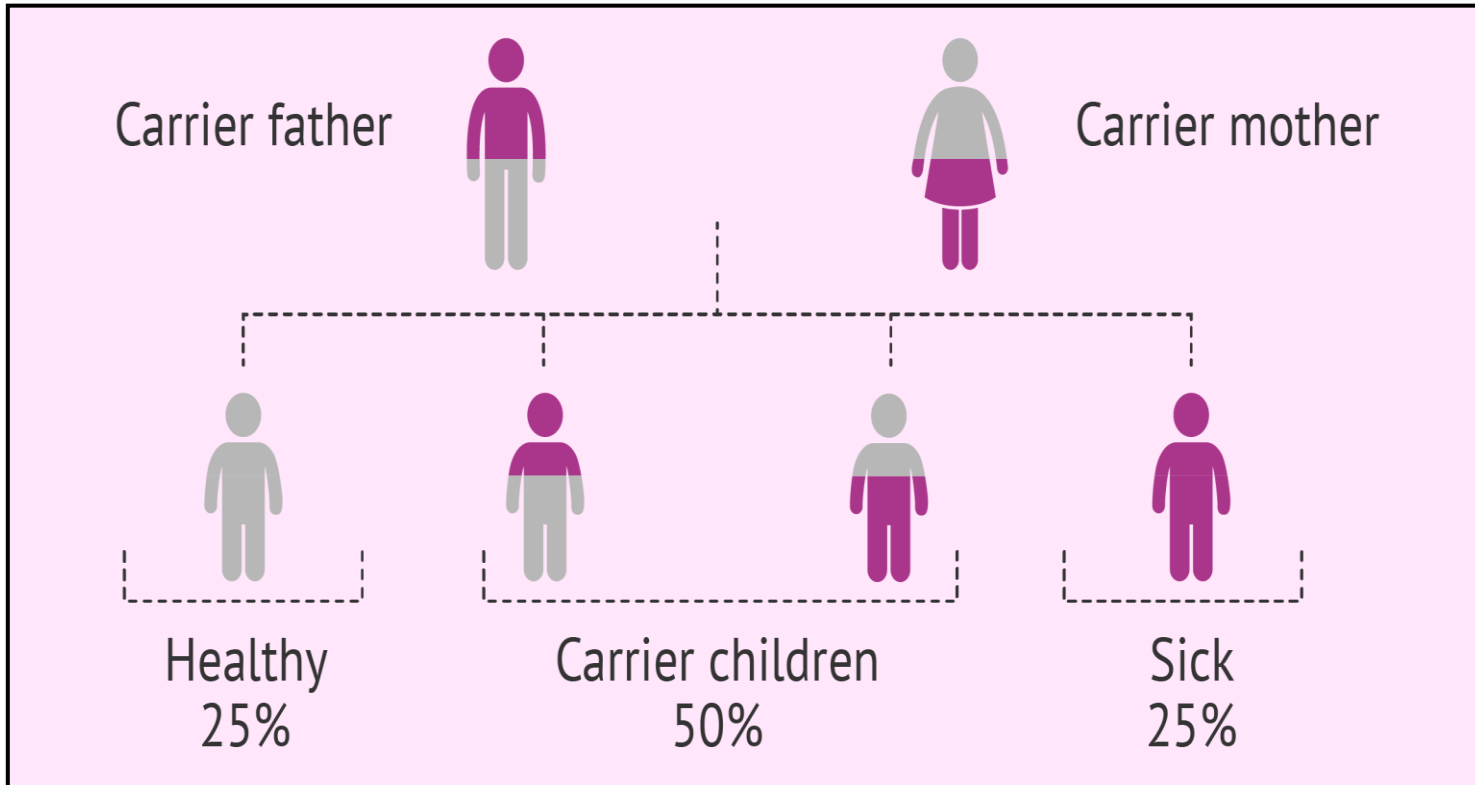


Patient





Inheritance of Genetic HLH Disorders



Autosomal Recessive

PRF1, UNC13D, STXBP2, STX11

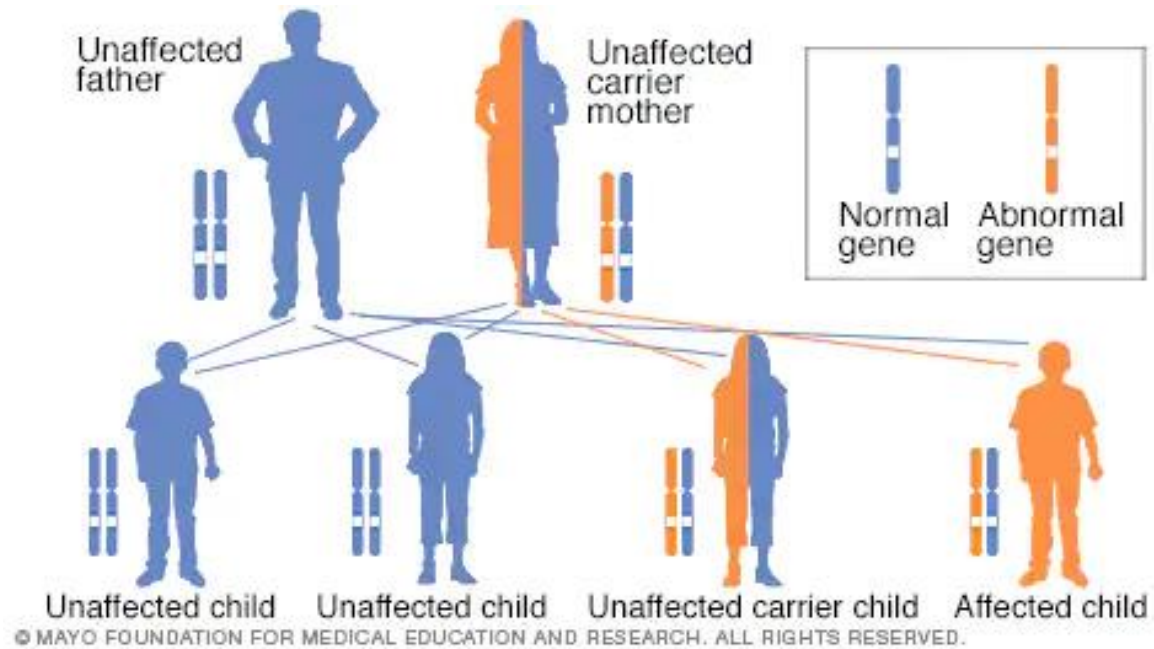
25% of children are sick
(male or female)

X-linked

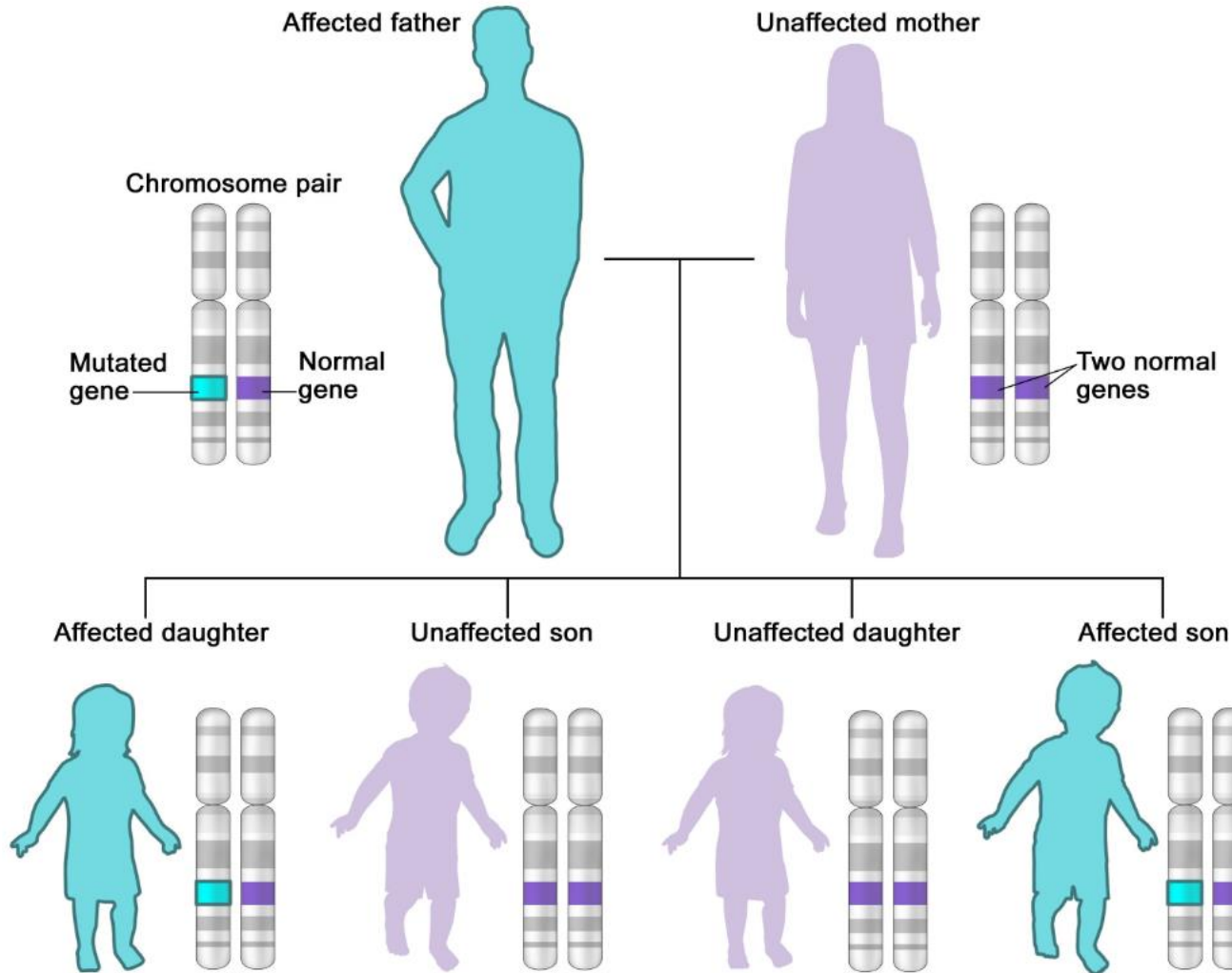
XIAP, SH2D1A

50% of males are sick

50% of females are carriers



Autosomal Dominant Inheritance



Autosomal Dominant

NLRC4

50% of children are sick
(male or female)

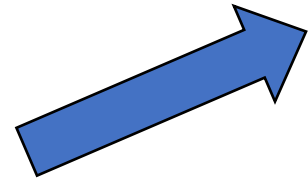
How Do We Treat HLH/MAS?



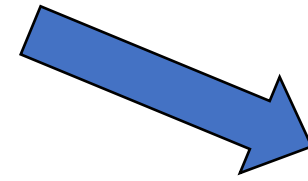
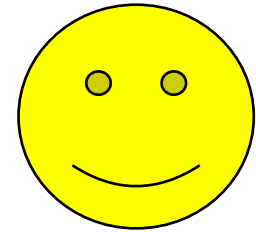
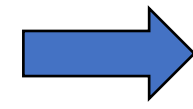
How Do We Treat HLH/MAS?



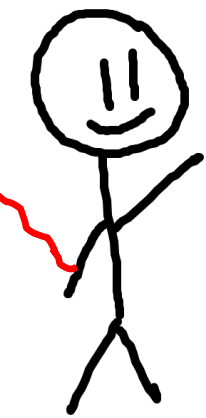
**Treat HLH/MAS with
Chemo/Immuno-Therapy**



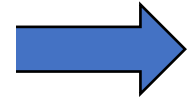
**Secondary
HLH**



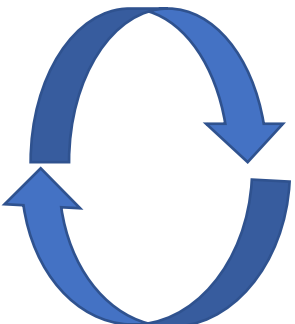
**Many
(not all)
Primary
HLH**



HCT



**Figure Out
What Is
Causing HLH**



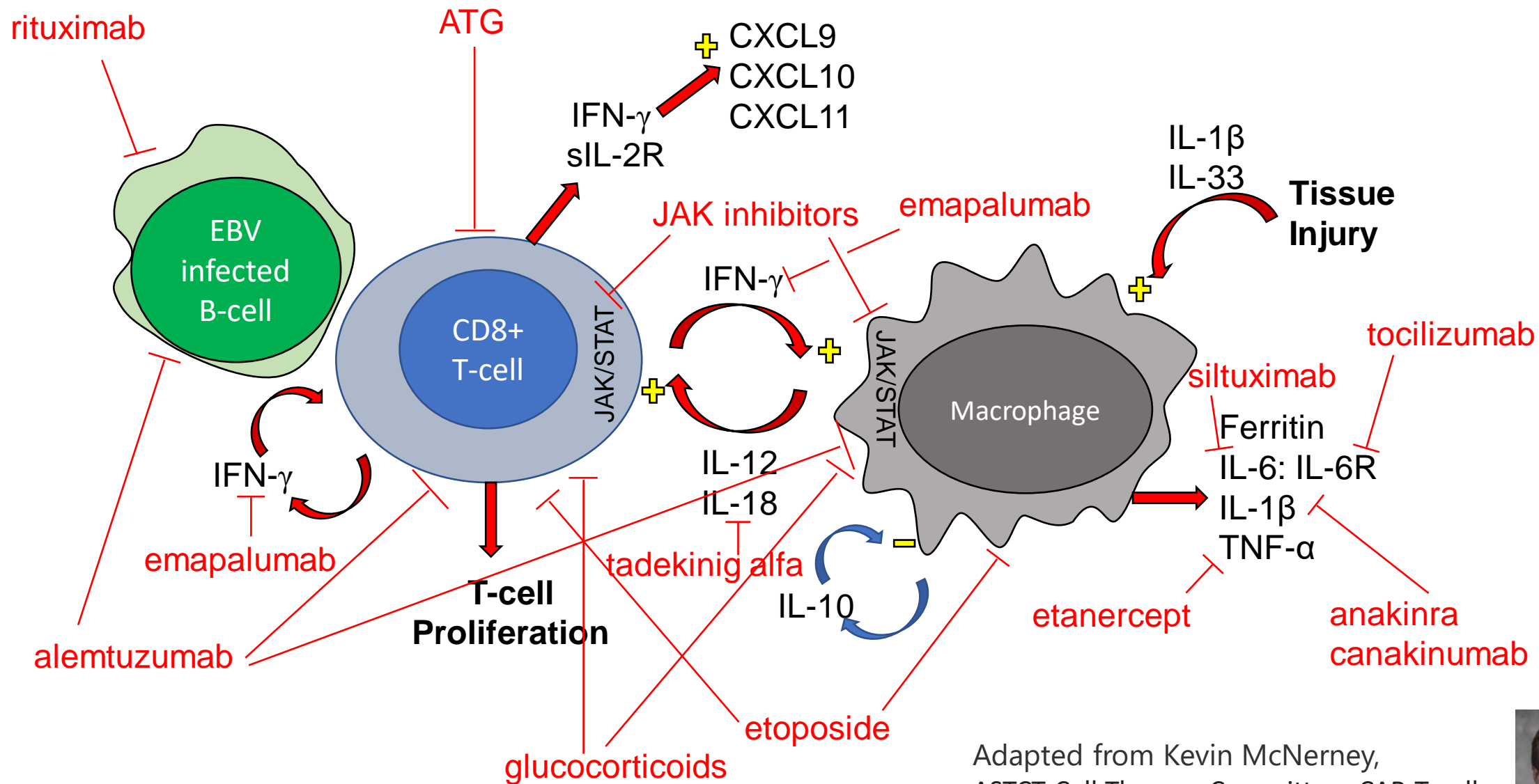
**Treat Underlying
Predisposition/Trigger**

How do we treat HLH? No single answer.

- Treatment modeled on HLH-1994 (steroids, etoposide/VP-16, with or without cyclosporine) is still widely used and recommended, but more treatment approaches are now available, and care is evolving.
- Disclaimer: Individual treatment decisions should be made with the clinical context of the patient in mind, with consideration of local center practices, and in consultation with physicians experienced in the treatment of HLH.



What can we use to treat HLH?



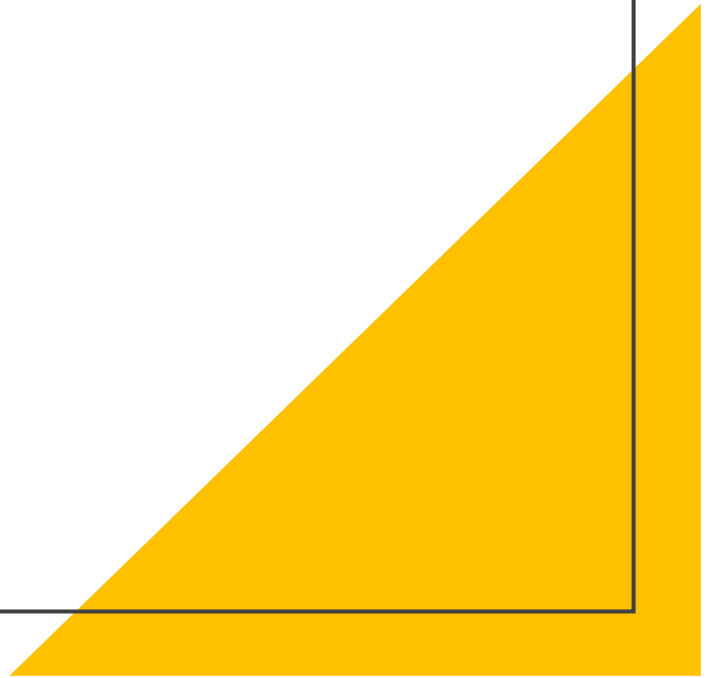
Adapted from Kevin McNerney,
ASTCT Cell Therapy Committee: CAR T-cells
and HLH Working Group





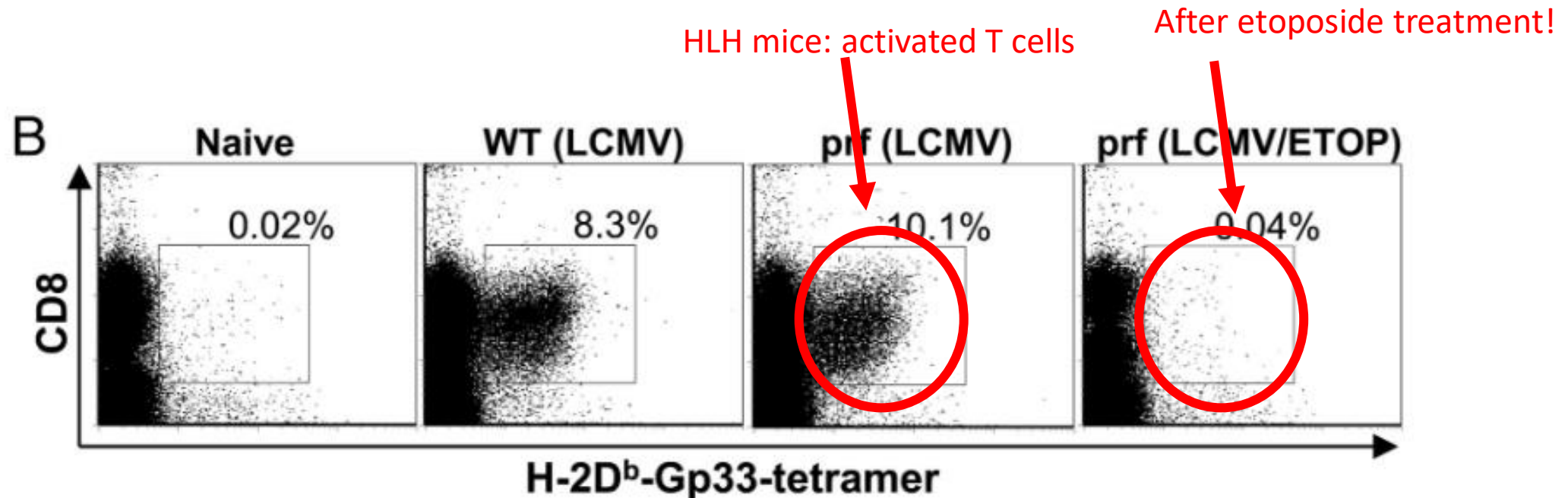
Dexamethasone & Etoposide +/- Cyclosporine

- Dexamethasone and etoposide usually “modeled” on the HLH 1994 protocol.



Etoposide kills activated immune system cells and reduces inflammation

- Etoposide is a chemotherapy used in various cancer treatments



Histiocyte Society Recommendations

Review > J Allergy Clin Immunol Pract. 2018 Sep-Oct;6(5):1508-1517.

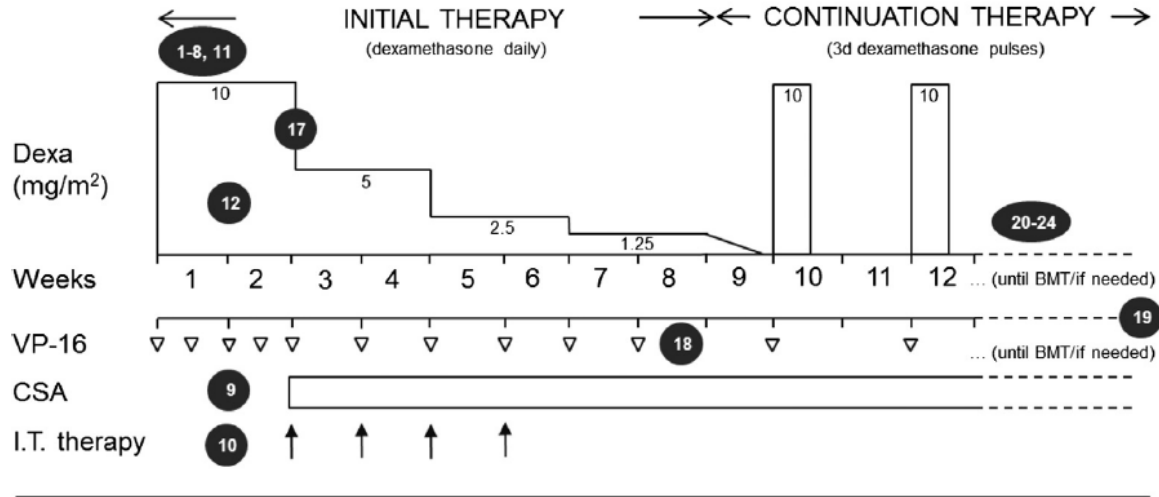
doi: 10.1016/j.jaip.2018.05.031. Epub 2018 Jul 4.

Recommendations for the Use of Etoposide-Based Therapy and Bone Marrow Transplantation for the Treatment of HLH: Consensus Statements by the HLH Steering Committee of the Histiocyte Society

Stephan Ehl ¹, Itziar Astigarraga ², Tatiana von Bahr Greenwood ³, Melissa Hines ⁴, AnnaCarin Horne ³, Eiichi Ishii ⁵, Gritta Janka ⁶, Michael B Jordan ⁷, Paul La Rosée ⁸, Kai Lehmborg ⁹, Rafal Machowicz ¹⁰, Kim E Nichols ¹¹, Elena Sieni ¹², Zhao Wang ¹³, Jan-Inge Henter ¹⁴

Histiocyte Society Consensus Recommendations

HLH-94: 2018 consensus recommendations



- Dexa** = Dexamethasone daily with 10 mg/m² for 2 weeks, 5 mg/m² for 2 weeks, 2,5 mg/m² for 2 weeks, 1,25 mg/m² for 1 week and taper and discontinue during 1 week. Then pulses starting every second week with 10 mg/m² for 3 days
- VP-16** **(13-16)** = Etoposide 150 mg/m² i.v.
- CSA** = Cyclosporine A aiming at blood levels of around 200 microgram/L (monoclonal, trough value). Start after 2 weeks with 6 mg/kg daily perorally (divided in 2 daily doses)
- I.T. therapy** = Methotrexate doses: < 1 year 6 mg, 1-2 years 8 mg, 2-3 years 10 mg, > 3 years 12 mg each dose. Maximum 4 doses prior to re-evaluation, but start only if progressive neurological symptoms or if an abnormal CSF has not improved.

Notes Regarding Etoposide Use

- Bone marrow suppression is common. CBC should be monitored.
- Reactions can occur.
- Requires dose adjustment with renal insufficiency.
- Low blood pressure can happen if given too quickly in 1% to 2% of patients. Usually given over 1 hour.
- Other side effects: Generally well tolerated in HLH. Side effects can include hair loss, nausea, vomiting, and inflamed and sore mouth. Small increase in secondary cancer risk, particularly with cumulative dosing of 2.0 g/m² (Pedersen-Bjergaard et al 1991).
- **Lower moderate dosing of 50-100mg/M² once weekly recently reported by Horne et al 2021
- DO NOT USE FOR MONTHS ON END
- Patients should be on medicines to prevent infections

Notes Regarding Dexamethasone and Other Corticosteroid Use: The List is Long

- Muscle weakness
- High blood sugar
- Difficulty in regulating emotion
- Difficulty in maintaining linear thinking
- Weight gain due to increased appetite
- Corticosteroid-induced lipodystrophy (moon face, central obesity)
- Immune suppression
- Depression, mania, psychosis
- Unusual fatigue or weakness
- Abdominal pain
- Peptic ulcer (Patients should receive prophylaxis)
- Bone thinning/weakness
- Other bone problems
- Stretch marks
- Trouble sleeping
- Severe joint pain
- Cataracts or glaucoma
- Anxiety
- Severe swelling
- Mouth sores or dry mouth

Cyclosporine

9. CSA is not recommended in the first weeks of HLH-94 therapy as this may induce toxicity. In patients with primary HLH who have achieved remission, CSA may be used to potentially prevent disease reactivation. [Strong Consensus]

- Side Effects: unusual hair growth/hirsutism, high blood pressure, abnormal kidney blood tests, kidney toxicity, seizures/posterior reversible encephalopathy syndrome, tremor, gum tissue growth
- Monitor Levels
- Some experts use, some experts don't.

Review > J Allergy Clin Immunol Pract. 2018 Sep-Oct;6(5):1508-1517.
doi: 10.1016/j.jaip.2018.05.031. Epub 2018 Jul 4.

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General Care

- Patients should be on medicines to prevent infections per each institution's standard of care
- Patients may need varying levels of supportive care and blood transfusion and other support
- May need brain/central nervous system treatment

How Well Do
Dexamethasone
and Etoposide
Work?

- Dexamethasone, Etoposide, +/- Cyclosporine
 - 25% Remission Rate
 - 50% Remission Rate
 - 75% Remission Rate
 - 100% Remission Rate

How Well Do
Dexamethasone
and Etoposide
Work?

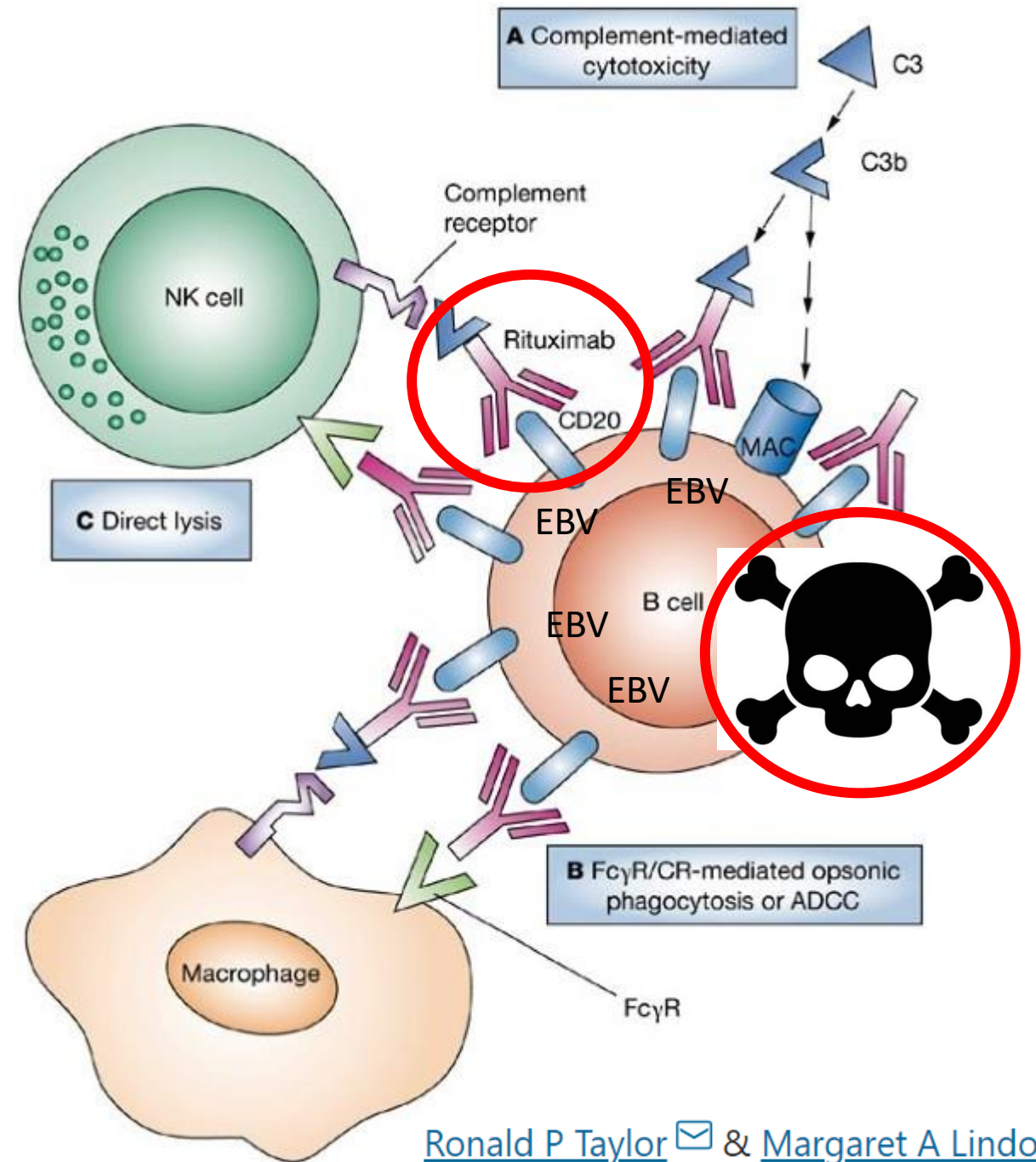
- Dexamethasone, Etoposide, +/- Cyclosporine
 - 25% Remission Rate
 - 50% Remission Rate
 - 75% Remission Rate
 - 100% Remission Rate

What are
some other
treatments
can we
use?

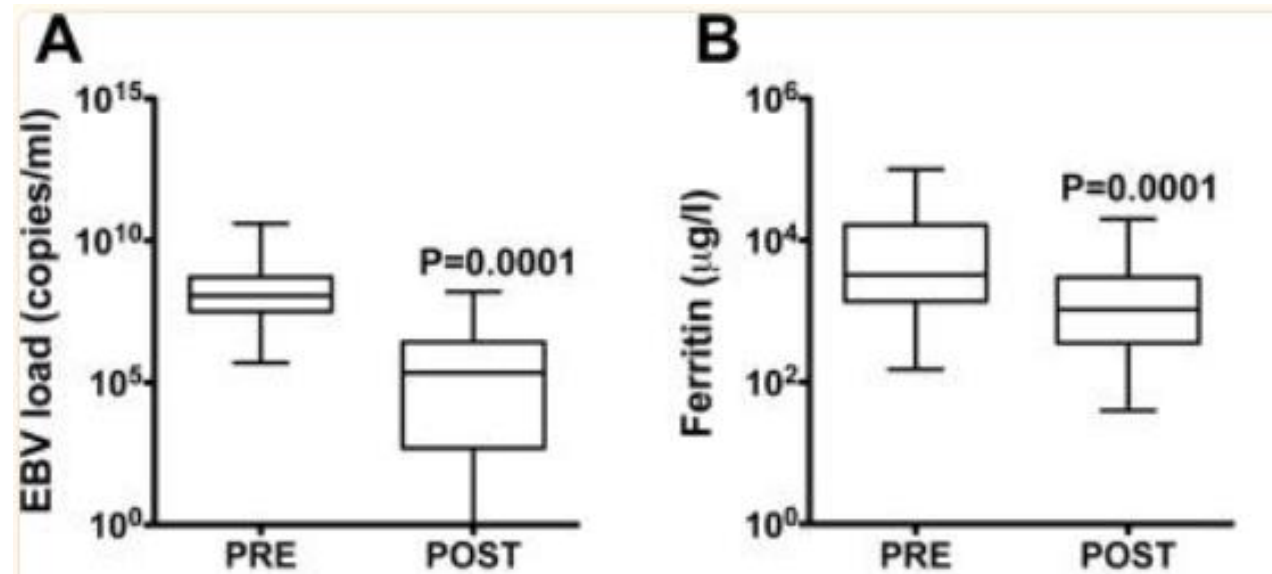
- Rituximab (for EBV-HLH)
- Anakinra
- Emapalumab
- Liposomal Doxorubicin Regimen
- PD-1 Inhibitors? (for EBV-HLH)
- ATG
- Alemtuzumab
- Jak Inhibitors

Rituximab

- Antibody that binds CD20 on B cells
- B cells typically infected with EBV
 - If no more EBV+ B cells, then hopefully no more trigger of HLH
- *Will not get rid of other EBV infected cells*



Rituximab: Effects in EBV-HLH

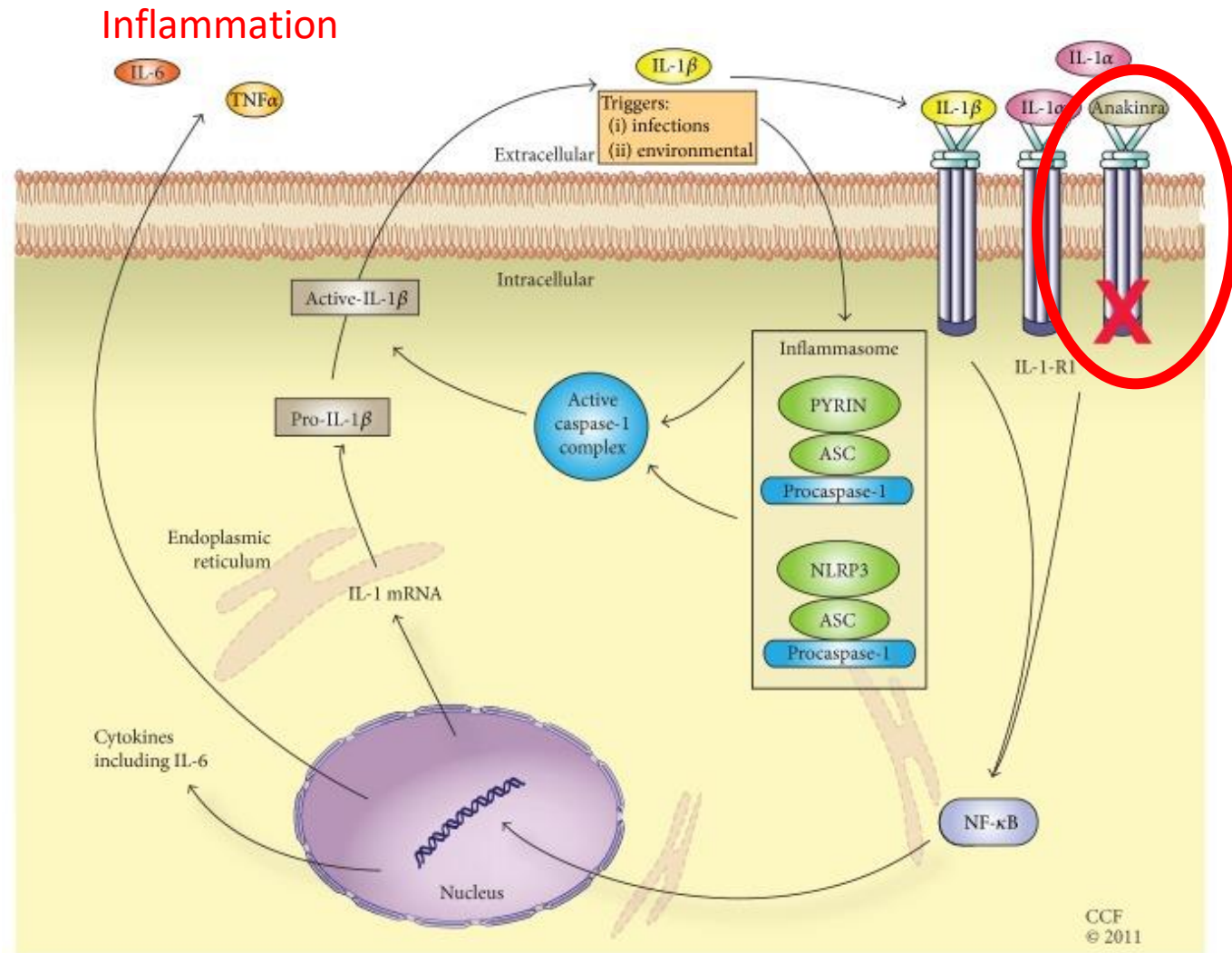


Rituximab Notes

- **Severe allergic reactions/Infusion Reactions**
- Prolonged or permanent destruction of B cells. B cells make antibodies. If B cells are not working, patients need antibody replacement infusions (IVIG).
- Progressive multifocal leukoencephalopathy (PML)
- Hepatitis B reactivation

Anakinra

- Interleukin-1 (IL-1) receptor antagonist: prevents the action of IL-1 which is an inflammatory cytokine
- *Mostly useful in the Rheumatologic setting
- *Data is limited- and most patients also receive other therapies
- However: the rheumatologists can tell you that it works nicely for some patients with rheumatologic HLH/macrophage activation syndrome



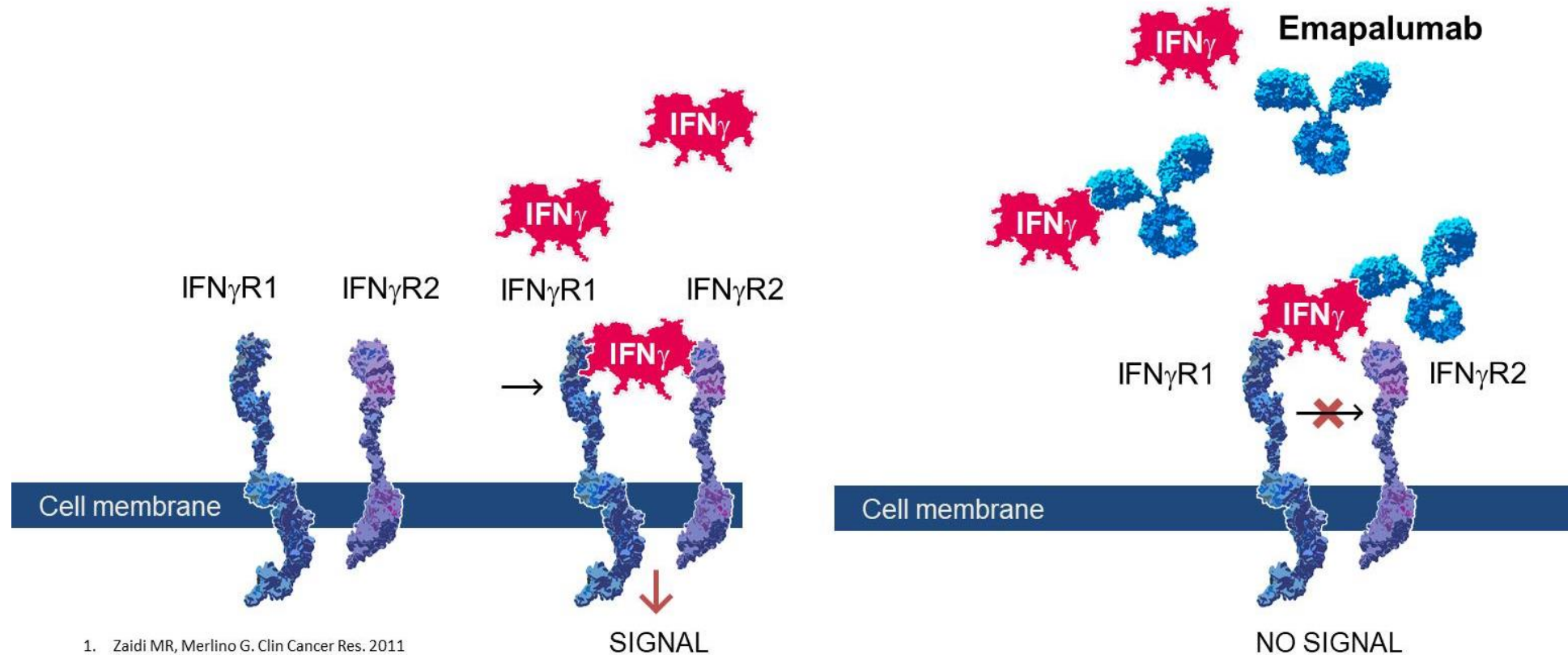
Anakinra Notes

- In general, it is safe compared to other agents
 - Increased incidence of serious infections only 2% vs. Placebo < 1% in RA trials
 - Be careful about using it in combination with TNF targeting agents (or other agents) due to increased infection risk
- You may need to increase the dose.
- Give every other day in patients with end-stage renal disease
- Reactions are possible
- Can cause low neutrophil counts- reduce dose
- In general- not enough for true HLH.

Emapalumab

Anti-Interferon gamma monoclonal antibody therapy

Prevents the action of interferon-gamma, an inflammatory cytokine

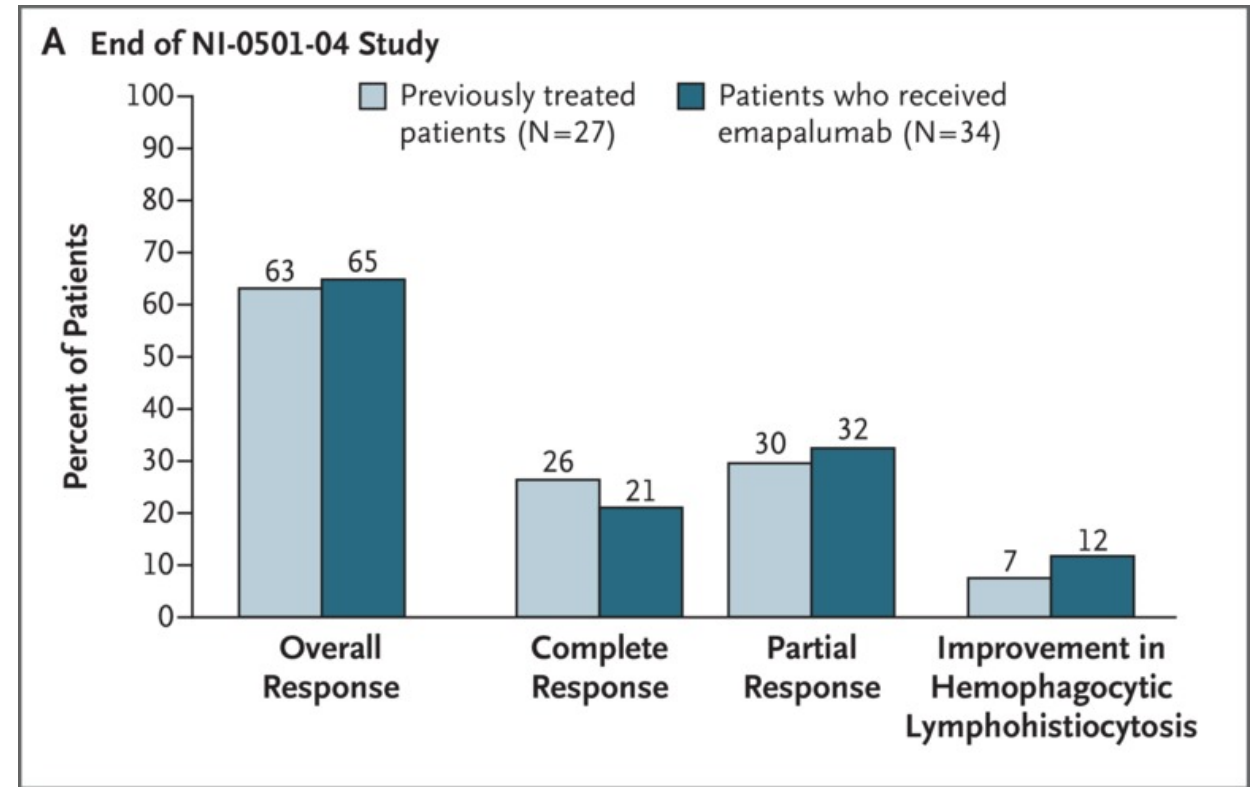


1. Zaidi MR, Merlino G. Clin Cancer Res. 2011
2. Hatterer E, et al. Cytokine. 2012

Response to Emapalumab

- Complete Response: 21-26%
- Partial Response: 30-32%
- Improvement: 7-12%

- FDA approved for second line therapy of patients with HLH 2018



Locatelli, Jordan et al. N Engl J Med 2020;382:1811-1822

Emapalumab Notes

- The package insert says to start dosing at 1mg/kg: patients usually need more
- CXCL9 monitoring is very useful
 - Are they responding/are we giving enough?
 - Useful to monitor other treatments too
- Patients should be on medicines to prevent infections

Alemtuzumab

- Alemtuzumab is a monoclonal antibody that destroys most immune system cells
- It is very powerful

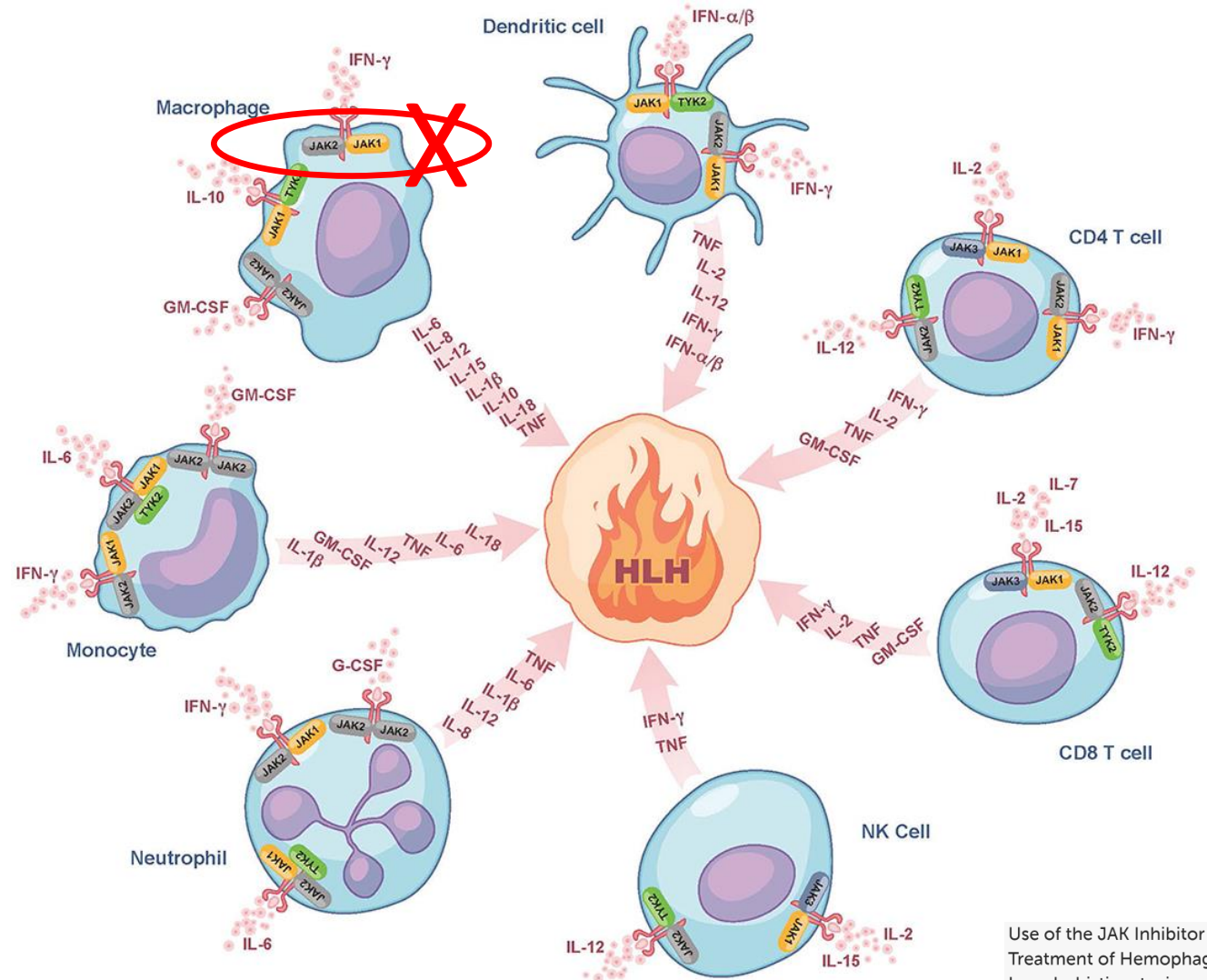
Alemtuzumab Notes

- Severe allergic reactions can occur
 - Pre-medications should be given (steroids, diphenhydramine)
- Fever, chills, flushing, dizziness, shortness of breath, nausea, vomiting, or rash/itching
- Patients have a high chance of viral and other infections
 - Patients need to be on medications to prevent infections
 - Patients need to be monitored for EBV, CMV, adenovirus and other viral reactivations which commonly occur
- Usually used in refractory cases or as a bridge to transplant
 - Sometimes used up front, especially if you live in France



JAK Inhibitors: Ruxolitinib

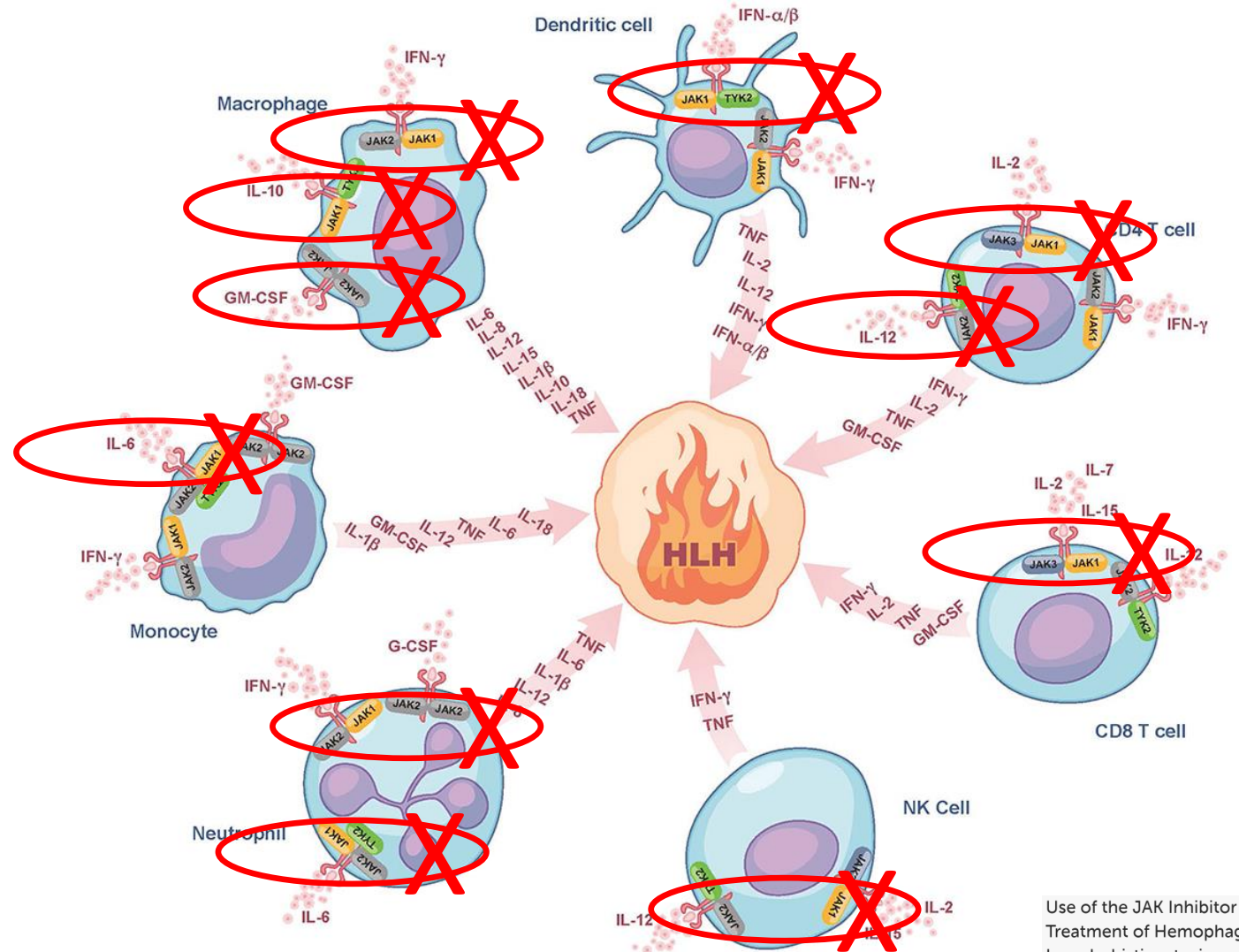
- Several case reports/series
- Blocks signaling of inflammatory cytokines
- Open multi-center trial (Melissa Hines and Kim Nichols: St Jude Research Hospital)



Use of the JAK Inhibitor Ruxolitinib in the Treatment of Hemophagocytic Lymphohistiocytosis

JAK Inhibitors: Ruxolitinib

- Several case reports/series
- Blocks signaling of inflammatory cytokines
- Open multi-center trial (Melissa Hines and Kim Nichols: St Jude Research Hospital)



Use of the JAK Inhibitor Ruxolitinib in the Treatment of Hemophagocytic Lymphohistiocytosis

Ruxolitinib Notes

- Need to be able to take by mouth
- Increased risk of infections
- Can cause anemia, low platelets, and low neutrophil counts- monitor CBC
- Reduce dose if on strong CYP3A4 Inhibitors (azoles)
- Dose adjustment for renal impairment
- Dose adjustment for hepatic impairment

Conclusions

- HLH is a severe life-threatening syndrome of extreme inflammation
- The syndrome can be recognized based on clinical manifestations and laboratory tests
- Some patients with the syndrome of HLH have underlying genetic immune deficiencies
 - A portion of these patients will need a bone marrow transplant
- First line treatments for HLH will not be effective in all patients but treatments are expanding

Resources

- HLH Center of Excellence at CCHMC

The screenshot shows the website for the HLH Center of Excellence at CCHMC. The page title is "HLH | Contact / Refer". The navigation menu includes: "What Is HLH?", "Information for Physicians", "Research", "Patient Stories", "Meet the Team", "Contact Us / Refer" (highlighted), and "Online Form". The main content area is titled "Contact the HLH Center of Excellence" and contains the following text: "The HLH Center of Excellence is part of the Cancer and Blood Diseases Institute at Cincinnati Children's. We encourage patients, families and healthcare professionals to contact us with questions. We accept referrals by phone or email from physicians and families. If a family member makes the initial contact, our team will call the child's physician to confirm the referral and obtain additional medical information. Phone: 513-803-3872 Contact Online How Do I Refer a Patient? The Cancer and Blood Diseases Institute works with physicians from all around the country and the world. Contact us whether you have an emergency referral or would simply like to discuss a case. The HLH team will ask the referring physician to provide a patient summary, copies of laboratory and radiology reports and possibly radiology films before the child's first visit to the center. For general immunology questions or to schedule a consultation, contact Linda Carl, 513-803-2603 or linda.carl@cchmc.org. For bone marrow transplant-related questions, contact Mat Goodridge, mathew.goodridge@cchmc.org or 513-803-0074."

<https://www.cincinnatichildrens.org/service/h/hlh/contact>

Other Resources:

<https://primaryimmune.org/disease/hemophagocytic-lymphohistiocytosis-hlh>

<https://www.matthewandandrew.org/>

<https://www.liamslighthousefoundation.org/>

<https://histio.org/>

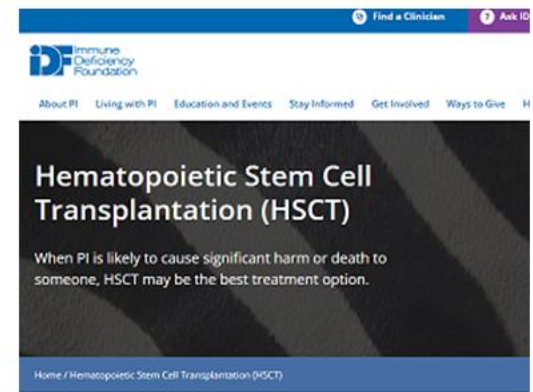
Several other major academic centers also have good resources- Google your favorite:
<https://www.chop.edu/conditions-diseases/hemophagocytic-lymphohistiocytosis-hlh>



**Q&A SESSION:
YOUR QUESTIONS ANSWERED**

Additional Resources

- **Cincinnati Children's HLH Center for Excellence:**
<https://www.cincinnatichildrens.org/service/h/hlh>
- **IDF's HSCT Resources:**
<https://primaryimmune.org/hematopoietic-stem-cell-transplantation-hsct>
- **IDF Resource Center:**
<https://primaryimmune.org/resource-center>
- **IDF Support Services:**
<https://primaryimmune.org/support-services>



Immune Deficiency Foundation

Find a Clinician Ask ID

About PI Living with PI Education and Events Stay Informed Get Involved Ways to Give

Hematopoietic Stem Cell Transplantation (HSCT)

When PI is likely to cause significant harm or death to someone, HSCT may be the best treatment option.

Home / Hematopoietic Stem Cell Transplantation (HSCT)



SCID Compass

Click here to learn more about HSCT at SCIDcompass.org

Learn more about hematopoietic stem cell transplantation at scidcompass.org

Primary immunodeficiency diseases (PID) cause a wide spectrum of symptoms with varying severity. Some forms of PID are mild and don't cause significant harm, or may be effectively treated with agents like immunoglobulin (Ig) replacement therapy. Other forms of PID are so severe that individuals have a very poor quality of life or can die as a result of their disease. When PID is likely to cause significant harm or death to someone, allogeneic hematopoietic stem cell transplantation (HSCT) may be the best treatment option. Some common indications for allogeneic HSCT include Severe Combined Immunodeficiency (SCID), Wiskott-Aldrich Syndrome (WAS), Chronic Granulomatous Disease (CGD), Leukocyte Adhesion Deficiency (LAD), Immune dysregulation, Polyendocrinopathy, Enteropathy, X-linked (IPEX)



primaryimmune.org/support-services

Get Connected Groups

Designed to connect individuals diagnosed with primary immunodeficiencies (PI) and family members in their local communities. The meetings can occur at a local community room, library, coffee shop, or online via Zoom. Through IDF Get Connected Groups, individuals and families living with primary immunodeficiency can connect to share experiences, receive information, and gain support. These groups do not include medical presentations or industry exhibits.

Learn More & Register

Virtual Caregivers Support Group

Virtual Caregivers Support Groups are monthly meetings guided by a licensed mental health professional. This is an opportunity for caregivers to meet and explore shared experiences as a caregiver. Participants must be 18 years or older and connected to a person with a PI (this includes

**Have more
Questions?**

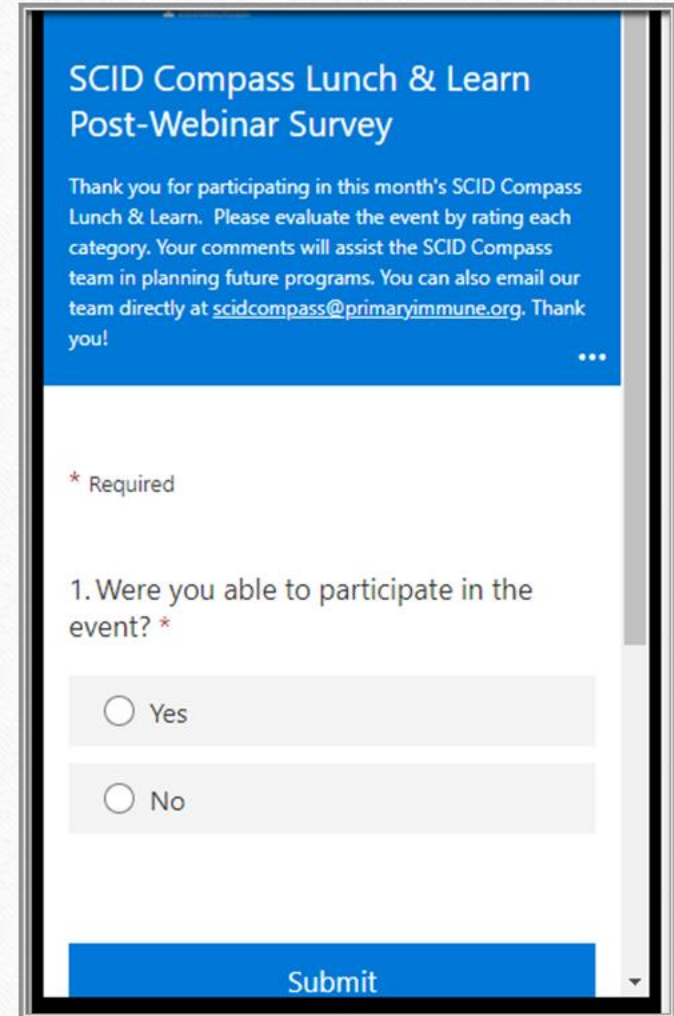
www.Primaryimmune.org/ask-idf

800-296-4433



WE VALUE YOUR FEEDBACK...

Please take a moment to complete our
Evaluation Survey after the Program!



SCID Compass Lunch & Learn
Post-Webinar Survey

Thank you for participating in this month's SCID Compass Lunch & Learn. Please evaluate the event by rating each category. Your comments will assist the SCID Compass team in planning future programs. You can also email our team directly at scidcompass@primaryimmune.org. Thank you!

* Required

1. Were you able to participate in the event? *

Yes

No

Submit



Upcoming Events

2022 PI Conference

Thursday October 6-
Saturday, October 8th

IDF Lunch & Learn:

Hyper IgE/ JOB Syndrome

Wednesday, 10/19/22

Alexandra Freeman, MD

2:30 PM ET

For a list of all upcoming IDF Events, visit:

https://community.primaryimmune.org/s/events?language=en_US

THANK YOU!

Rebecca Marsh, MD

Clinical Director, Primary Immune Deficiency Program and

HLH Center of Excellence

Cincinnati Children's Hospital